COVID-19 Impact and Recovery Report: Travel-Related Measures
Updated: January 19, 2022

This document provides an evergreen assessment of the situation in Canada. It has the following sections:

1. Travel-Related Measures: A summary of the travel and tourism-related measures in place in each province and territory. Current travel restrictions and self-isolation requirements are also available on Destination Canada’s website: [https://caen-keepexploring.canada.travel/covid-19-traveller-guidance](https://caen-keepexploring.canada.travel/covid-19-traveller-guidance)

2. Methodological Notes: An explanation of the methodologies in the different sections and relevant sources.

1. TRAVEL-RELATED MEASURES

Please consult the Government of Canada website for the latest federal travel requirements: [https://travel.gc.ca/travel-covid](https://travel.gc.ca/travel-covid). Below is a summary of recent updates to federal travel requirements and advice:

- As of December 21, pre-arrival testing is required for all travellers entering Canada, regardless of the length of trip. In addition, all fully vaccinated travellers arriving by air, including Canadian citizens and permanent residents, may be subject to arrival testing. Fully vaccinated travellers will be required to quarantine while they await the results of their arrival test.
- The Public Health Agency of Canada is advising travellers, regardless of their vaccination status, to avoid non-essential travel internationally.
- Travellers aged 12 years and older, with very limited exceptions, are required to show their Canadian COVID-19 proof of vaccination to depart from Canadian airports, on VIA Rail and Rocky Mountaineer trains, and on non-essential passenger vessels (e.g. cruise ships) on voyages of 24 hours or more departing from ports in Canada. To qualify as fully vaccinated, travellers must have received the full series of an accepted COVID-19 vaccine (or a full series of a combination of accepted vaccines), with the last dose at least 14 full days prior to the date of travel.

In addition to federal government travel requirements, individual provinces and territories have implemented measures on travel between provinces and territories. The table below outlines self-isolation requirements for domestic and foreign travellers entering into each province or territory, as well as restrictions on travel across provincial and territorial borders. Tracking these measures is challenging given the fluid nature of COVID-19. This information, collected by provincial and territorial tourism marketing authorities and relevant tourism departments, is current as of January 19, 2022.

## Travel Measures

<table>
<thead>
<tr>
<th>Traveller self-isolation required?</th>
<th>Travel restrictions?</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>British Columbia</strong>&lt;sup&gt;1, 2&lt;/sup&gt;</td>
<td>No self-isolation for domestic travellers entering British Columbia. No self-isolation upon entering British Columbia for fully vaccinated foreign nationals provided that they meet specific entry and testing requirements. Unvaccinated children under 12 years of age of fully vaccinated travellers are not required to quarantine upon entering British Columbia, but must follow strict public health measures that include avoiding crowded settings. As of January 18, Highway 5 is fully open to all traffic without restrictions. Other highways are closed or open only to essential traffic due to severe weather, flooding and landslides. Check current road advisories and information <a href="https://www2.gov.bc.ca/gov/content/highway-info/safety/road-advisories">here</a>. No travel restrictions for domestic travellers entering British Columbia. No travel restrictions for foreign nationals who are not fully vaccinated.</td>
</tr>
<tr>
<td><strong>Alberta</strong></td>
<td>No self-isolation for domestic travellers entering Alberta. No self-isolation upon entering Alberta for fully vaccinated foreign nationals provided that they meet specific entry and testing requirements. Unvaccinated children under 12 years of age of fully vaccinated travellers are not required to quarantine upon entering Alberta, but must follow strict public health measures that include avoiding crowded settings. Fully vaccinated foreign nationals can travel to Alberta provided that they meet specific entry and testing requirements. Entry will continue to be prohibited for foreign nationals who are not fully vaccinated. No travel restrictions for domestic travellers entering Alberta. Fully vaccinated foreign nationals can travel to Alberta provided that they meet specific entry and testing requirements. Entry will continue to be prohibited for foreign nationals who are not fully vaccinated.</td>
</tr>
<tr>
<td><strong>Saskatchewan</strong></td>
<td>No self-isolation for domestic travellers entering Saskatchewan. No self-isolation upon entering Saskatchewan for fully vaccinated foreign nationals provided that they meet specific entry and testing requirements. Unvaccinated children under 12 years of age of fully vaccinated travellers are not required to quarantine upon entering Saskatchewan, but must follow strict public health measures that include avoiding crowded settings. Fully vaccinated foreign nationals can travel to Saskatchewan provided that they meet specific entry and testing requirements. Entry will continue to be prohibited for foreign nationals who are not fully vaccinated. No travel restrictions for fully vaccinated domestic travellers entering Saskatchewan. Partially vaccinated or unvaccinated domestic travellers are required to self-isolate.</td>
</tr>
<tr>
<td><strong>Manitoba</strong>&lt;sup&gt;3, 4&lt;/sup&gt;</td>
<td>No self-isolation upon entering Manitoba for fully vaccinated domestic travellers. Partially vaccinated or unvaccinated domestic travellers must complete a 14-day self-isolation. Unvaccinated children under 12 years of age of fully vaccinated domestic travellers are exempt from self-isolation. No self-isolation upon entering Manitoba for fully vaccinated foreign nationals provided that they meet specific entry and testing requirements. Unvaccinated children under 12 years of age of fully vaccinated travellers are not required to quarantine upon entering Manitoba, but must follow strict public health measures that include avoiding crowded settings. Fully vaccinated foreign nationals can travel to Manitoba provided that they meet specific entry and testing requirements. Entry will continue to be prohibited for foreign nationals who are not fully vaccinated. No travel restrictions for fully vaccinated domestic travellers entering Manitoba. Partially vaccinated or unvaccinated domestic travellers are required to self-isolate. Travel to and from northern Manitoba is restricted, with exceptions for those who are fully vaccinated, those who are travelling directly to cottages, provincial parks, campgrounds or hunting and fishing lodges, and other specific exceptions. Fully vaccinated foreign nationals can travel to Manitoba provided that they meet specific entry and testing requirements. Entry will continue to be prohibited for foreign nationals who are not fully vaccinated.</td>
</tr>
</tbody>
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*Please source this document as “COVID-19 Impact and Recovery Report: Travel Related Measures. Updated: January 19, 2022, Destination Canada”*
<table>
<thead>
<tr>
<th>Province</th>
<th>Traveller self-isolation required?</th>
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<tr>
<td></td>
<td>No self-isolation upon entering Ontario for fully vaccinated foreign nationals provided that they meet specific entry and testing requirements. Unvaccinated children under 12 years of age of fully vaccinated travellers are not required to quarantine upon entering Ontario, but must follow strict public health measures that include avoiding crowded settings.</td>
<td>Fully vaccinated foreign nationals can travel to Ontario provided that they meet specific entry and testing requirements. Entry will continue to be prohibited for foreign nationals who are not fully vaccinated.</td>
</tr>
<tr>
<td><strong>Quebec</strong></td>
<td>Travellers entering Nunavik and James Bay may be required to self-isolate.</td>
<td>Travel to Nunavik and James Bay is restricted to essential travel only.</td>
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<tr>
<td></td>
<td>No self-isolation required for all other domestic travellers entering Quebec.</td>
<td>No other travel restrictions for domestic travellers entering Quebec.</td>
</tr>
<tr>
<td></td>
<td>No self-isolation upon entering Quebec for fully vaccinated foreign nationals provided that they meet specific entry and testing requirements. Unvaccinated children under 12 years of age of fully vaccinated travellers are not required to quarantine upon entering Quebec, but must follow strict public health measures that include avoiding crowded settings.</td>
<td>Fully vaccinated foreign nationals can travel to Quebec provided that they meet specific entry and testing requirements. Entry will continue to be prohibited for foreign nationals who are not fully vaccinated.</td>
</tr>
<tr>
<td><strong>New Brunswick</strong></td>
<td>No self-isolation required for fully vaccinated domestic travellers entering New Brunswick. Unvaccinated or partially vaccinated domestic travellers, including New Brunswick residents, are required to self-isolate for 14 days, or until receiving a negative result from testing on day 10.</td>
<td>All Canadian residents entering New Brunswick, including New Brunswick residents re-entering the province, must pre-register or have a multi-use pass, with restrictions for those who are not fully vaccinated.</td>
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<tr>
<td></td>
<td>No self-isolation upon entering New Brunswick for fully vaccinated foreign nationals provided that they meet specific entry and testing requirements. Unvaccinated children under 12 years of age of fully vaccinated travellers are required to get tested on days 5 and 10. Unvaccinated children under 12 years of age of fully vaccinated travellers are not required to quarantine upon entering New Brunswick, but must follow strict public health measures that include avoiding crowded settings.</td>
<td>Fully vaccinated foreign nationals can travel to New Brunswick provided that they meet specific entry and testing requirements and have pre-registered. Entry will continue to be prohibited for foreign nationals who are not fully vaccinated.</td>
</tr>
<tr>
<td><strong>Nova Scotia</strong></td>
<td>Domestic travellers entering Nova Scotia from all provinces and territories will be required to self-isolate for 14 days.</td>
<td>Fully vaccinated foreign nationals can travel to Nova Scotia provided that they meet specific entry and testing requirements. Entry will continue to be prohibited for foreign nationals who are not fully vaccinated.</td>
</tr>
<tr>
<td></td>
<td>No self-isolation upon entering Nova Scotia for fully vaccinated foreign nationals provided that they meet specific entry and testing requirements. Unvaccinated children under 12 years of age of fully vaccinated travellers are not required to quarantine upon entering Nova Scotia, but must follow strict public health measures that include avoiding crowded settings.</td>
<td>Travel to or from Prince Edward Island to participate in organized activities or arts and culture-related gatherings is not permitted.</td>
</tr>
<tr>
<td><strong>Prince Edward Island</strong></td>
<td>All fully vaccinated travellers entering Prince Edward Island with a PEI pass will be required to self-isolate for 4 days. Travellers entering the province will be given two rapid tests and will be required to complete the tests on day 2 and day 4. If both tests are negative, a day 4 negative PCR test is received from a Health PEI testing clinic, that individual can leave isolation. Unvaccinated or partially vaccinated PEI residents and Canadian visitors entering Prince Edward Island from any province or territory are required to complete a declaration form and self-isolate for 8 days, with testing at point of entry and on day 8.</td>
<td>Residents of Prince Edward Island are advised to avoid non-essential out-of-province travel.</td>
</tr>
<tr>
<td></td>
<td>Fully vaccinated foreign nationals can enter Prince Edward Island provided that they meet specific entry and testing requirements. Unvaccinated children under 12 years of age of fully vaccinated Travellers must follow strict public health measures that include avoiding crowded settings.</td>
<td>All Canadian residents can travel to Prince Edward Island with restrictions for those who do not have a PEI Pass. A PEI Pass will only be issued to individuals who have received their second dose of an approved vaccine at least 14 days prior.</td>
</tr>
<tr>
<td></td>
<td>All fully vaccinated travellers entering Newfoundland &amp; Labrador will be required to self-isolate for 5 days. Travellers entering the province will be given rapid tests and will need to take a daily rapid test for 5 days. If all tests are negative, they can leave isolation after 5 full days (120 hours) have passed. Children between ages 5 and 11 who are not fully vaccinated travelling with fully vaccinated parents or guardians will need to self-isolate and take a daily rapid test for 5 days. After 5 days, they must follow modified self-isolation until 14 days have passed. People returning from post-secondary institutions outside of Newfoundland and Labrador will be required to take a PCR test upon arrival in the province as well as a daily rapid test for 5 days. If the PCR and rapid tests are negative, they can leave self-isolation after 5 full days have passed. If fully vaccinated travellers choose not to be tested, they will need to self-isolate for 14 days. The province’s definition of fully vaccinated includes specific allowance for people with vaccines not authorized by Health Canada or the World Health Organization (WHO) but these vaccines must be followed by one dose of a COVID-19 mRNA vaccine authorized by Health Canada at least 14 days before arriving in the province. Partially vaccinated or unvaccinated must self-isolate until they receive a negative PCR test on day 7 or later, and are then subject to modified self-isolation for the remainder of the 14-day period. Mixed groups of vaccinated, partially vaccinated and/or unvaccinated adult travellers must follow the rules for unvaccinated travellers.</td>
<td>Fully vaccinated foreign nationals who have a PEI Pass can travel to Prince Edward Island provided that they meet specific entry and testing requirements. Entry will continue to be prohibited for foreign nationals who are not fully vaccinated.</td>
</tr>
<tr>
<td><strong>Newfoundland and Labrador</strong></td>
<td>The province’s definition of fully vaccinated includes specific allowance for people with vaccines not authorized by Health Canada or the World Health Organization (WHO) but these vaccines must be followed by one dose of a COVID-19 mRNA vaccine authorized by Health Canada at least 14 days before arriving in the province. Partially vaccinated or unvaccinated must self-isolate until they receive a negative PCR test on day 7 or later, and are then subject to modified self-isolation for the remainder of the 14-day period. Mixed groups of vaccinated, partially vaccinated and/or unvaccinated adult travellers must follow the rules for unvaccinated travellers.</td>
<td>Fully vaccinated foreign nationals who have submitted the Travelform up to 30 days prior to their travel date.</td>
</tr>
<tr>
<td></td>
<td>Unvaccinated children under 12 years of age of fully vaccinated travellers must follow strict public health measures that include avoiding crowded settings.</td>
<td>All Canadians are permitted to enter Newfoundland and Labrador. All travellers can complete the Travelform up to 30 days prior to their travel date.</td>
</tr>
<tr>
<td></td>
<td>Fully vaccinated foreign nationals can enter Newfoundland &amp; Labrador provided that they meet specific entry and testing requirements. Entry will continue to be prohibited for foreign nationals who are not fully vaccinated.</td>
<td>Fully vaccinated foreign nationals who have submitted the Travelform up to 30 days prior to their travel date can travel to Newfoundland and Labrador provided that they meet specific entry and testing requirements. Entry will continue to be prohibited for foreign nationals who are not fully vaccinated.</td>
</tr>
<tr>
<td>Traveler self-isolation required?</td>
<td>Travel restrictions?</td>
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<tr>
<td><strong>Yukon</strong>&lt;sup&gt;12, 13&lt;/sup&gt;</td>
<td>As of January 18, domestic travellers entering or returning to Yukon must follow the Acting Chief Medical Officer of Health’s recommendations for travel when entering or returning to the Yukon.</td>
<td><strong>Travel restrictions?</strong></td>
</tr>
<tr>
<td>No self-isolation required for domestic travellers entering Yukon.</td>
<td>Fully vaccinated foreign nationals can travel to Yukon provided that they meet specific entry and testing requirements. Entry will continue to be prohibited for foreign nationals who are not fully vaccinated.</td>
<td></td>
</tr>
<tr>
<td>No self-isolation upon entering Yukon for fully vaccinated foreign nationals provided that they meet specific entry and testing requirements.</td>
<td>Travellers are asked to follow these guidelines if thinking about travelling to Yukon communities.</td>
<td></td>
</tr>
<tr>
<td>Unvaccinated children under 12 years of age of fully vaccinated travellers are not required to quarantine upon entering Yukon, but must follow strict public health measures that include avoiding crowded settings.</td>
<td>Leisure travel into the Northwest Territories by non-residents is currently not permitted. Exemptions are considered for compassionate reasons, family reunification, exceptional circumstances, travel from Nunavut, and remote tourism with tourism operators with plans approved by the Chief Public Health Officer.</td>
<td></td>
</tr>
<tr>
<td>The Government of Canada has specific guidelines for driving to or from Alaska through Canada. Read the State of Alaska's health guidance for travellers during the COVID-19 pandemic.</td>
<td>Fully vaccinated foreign nationals may be authorized to travel to the Northwest Territories only to participate in remote tourism with an approved remote tourism operator provided that they meet specific entry and testing requirements. Fully vaccinated foreign nationals must have an exemption from the Northwest Territories Chief Public Health Officer; exemption requests will be assessed on a case-by-case basis. Entry will continue to be prohibited for foreign nationals who are not fully vaccinated.</td>
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</tr>
<tr>
<td><strong>Northwest Territories</strong>&lt;sup&gt;4, 15&lt;/sup&gt;</td>
<td>Non-essential travel is strongly discouraged.</td>
<td></td>
</tr>
<tr>
<td>No self-isolation required for fully vaccinated travellers admitted into the Northwest Territories (residents, non-resident essential workers or travellers with an exemption). Fully vaccinated travellers going to communities other than Yellowknife, Inuvik, Fort Smith, Hay River, Fort Simpson and Norman Wells require a COVID-19 test on days 1 and 8.</td>
<td>Entry into Nunavut requires authorization from the territory’s Chief Public Health Officer. Authorization may be granted for residents, critical workers, those travelling within the Common Travel Area of Churchill, Manitoba, and non-residents entering for family reunification, exercising Aboriginal or treaty rights, or engaging in wilderness tourism with an operator that has an approved Wilderness Tourism Operator COVID-19 Operations Plan.</td>
<td></td>
</tr>
<tr>
<td>Mandatory 10-day self-isolation for partially vaccinated and unvaccinated admitted travellers, with the option to end self-isolation early on Day 8 with a negative COVID-19 test. Partially vaccinated children under 12 years old may be exempt from self-isolation based on when they received their most recent dose.</td>
<td>Fully vaccinated foreign nationals may be authorized to travel to Nunavut provided that they meet specific entry and testing requirements.</td>
<td></td>
</tr>
<tr>
<td>All travellers entering the Northwest Territories must file a self-isolation plan, regardless of vaccination status. To fill out a self-isolation plan and find further information about NWT travel restrictions, visit the Government of the Northwest Territories website.</td>
<td>Fully vaccinated foreign nationals who are not resident essential workers or travellers during the COVID-19 pandemic are admitted to enter Nunavut. Unvaccinated children will not be able to forgo the mandatory 14-day self-isolation requirement.</td>
<td></td>
</tr>
<tr>
<td>No self-isolation upon entering the Northwest Territories for fully vaccinated foreign nationals provided that they meet specific entry and testing requirements, and who are admitted to enter the Northwest Territories. Unvaccinated children (and those travelling with them) will not be able to forgo the mandatory 10-day isolation requirement. All travellers entering the Northwest Territories must file a self-isolation plan, regardless of vaccination status. To fill out a self-isolation plan and find further information about NWT travel restrictions, visit the Government of the Northwest Territories website.</td>
<td>Entry into Nunavut requires authorization from the territory’s Chief Public Health Officer. Authorization may be granted for residents, critical workers, those travelling within the Common Travel Area of Churchill, Manitoba, and non-residents entering for family reunification, exercising Aboriginal or treaty rights, or engaging in wilderness tourism with an operator that has an approved Wilderness Tourism Operator COVID-19 Operations Plan.</td>
<td></td>
</tr>
<tr>
<td>No isolation required for travellers returning to Nunavut who are fully vaccinated and who have a Nunavut proof of vaccination certificate. Mandatory 14-day isolation for all other admitted travellers prior to boarding a plane to Nunavut except those travelling directly from Churchill, Manitoba.</td>
<td>Fully vaccinated foreign nationals may be authorized to travel to Nunavut provided that they meet specific entry and testing requirements.</td>
<td></td>
</tr>
<tr>
<td>Mandatory isolation must occur in government-designated sites in Edmonton, Winnipeg, Ottawa or Yellowknife. Unvaccinated children travelling with fully vaccinated parents or guardians can self-isolate for 14 days in Nunavut rather than at a government-designated site outside of the territory.</td>
<td>As of January 18, fully vaccinated travellers entering or returning to the Northwest Territories are not required to quarantine upon entering Nunavut, but must follow strict public health measures that include avoiding crowded settings.</td>
<td></td>
</tr>
<tr>
<td>No self-isolation upon entering Nunavut for fully vaccinated foreign nationals provided that they meet specific entry and testing requirements and are admitted to enter Nunavut. Unvaccinated children will not be able to forgo the mandatory 14-day self-isolation requirement.</td>
<td>Information about NWT travel restrictions, visit the Government of the Northwest Territories website.</td>
<td></td>
</tr>
</tbody>
</table>
Most Parks Canada places are open and welcoming visitors with adjustments to access and services. Please consult the Parks Canada website for an updated list of specific Parks Canada locations with special instructions: https://www.pc.gc.ca/en/voyage-travel/securite/safety/covid-19-info/locations

Most provinces and territories have implemented a framework to guide reopening strategies catered to their individual circumstances. Since each province and territory is starting from a different baseline to implement the reopening of their local economy, the phases and stages are not congruent across jurisdictions. The table below outlines the current status of restrictions on tourism-related sectors as of January 19, 2022. Unless noted, persons must gather and business must operate with sufficient social distancing measures in place. Many destinations require non-medical masks to be worn and all visitors should plan on having masks ready if needed.

### Tourism Related Measures

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<thead>
<tr>
<th>Current Phase/Stage</th>
<th>Hotels &amp; Accommodation</th>
<th>Restaurants &amp; Dining</th>
<th>Activities &amp; Attractions</th>
<th>Large Gatherings/Conferences</th>
</tr>
</thead>
<tbody>
<tr>
<td>Province-wide:</td>
<td>People aged 12 and older must be fully vaccinated to attend indoor personal gatherings at venues, which is limited to household members plus a maximum of 10 guests or one additional household.</td>
<td>Proof of full vaccination via the BC Vaccine Card is required for people aged 12 and older to access events of all sizes, as well as some services and businesses. See the full list here.</td>
<td>Indoor events at venues are limited to 50% capacity. This includes concerts, movie theatres, performance spaces and sports events.</td>
<td>All indoor organized gatherings of any size are not allowed. Indoor organized seated gatherings can have a capacity of 9,000 or 50% capacity, whichever is greater.</td>
</tr>
<tr>
<td>Additional measures in Northern Health region:</td>
<td>People aged 12 and older must be fully vaccinated to attend outdoor personal gatherings at venues, which is limited to household members plus maximum 25 people.</td>
<td>Province-wide: Proof of full vaccination via the BC Vaccine Card is required for people aged 12 and older to access all restaurants, cafes and pubs. Patrons are required to remain seated with a maximum 6 people per table. Bars, nightclubs and lounges that do not offer food services are closed.</td>
<td>Maximum 50% capacity.</td>
<td>Indoor events at venues are limited to 50% capacity. This includes conferences and meeting space. Fairs, festivals and trade shows must have a COVID-19 safety plan in place.</td>
</tr>
<tr>
<td>British Columbia</td>
<td>Indoor events at venues are limited to 50% capacity. This includes concerts, movie theatres, performance spaces and sports events.</td>
<td>Maximum 50% capacity.</td>
<td>Indoor events at venues are limited to 50% capacity. This includes conferences and meeting space. Fairs, festivals and trade shows must have a COVID-19 safety plan in place.</td>
<td>Maximum 50% occupancy. Outdoor personal gatherings can have household occupants plus maximum 25 people if all attendees aged 12 and older are fully vaccinated.</td>
</tr>
<tr>
<td>Alberta 31</td>
<td>Maximum 50% occupancy.</td>
<td>Maximum 50% occupancy.</td>
<td>Maximum 50% occupancy.</td>
<td>Maximum 50% occupancy.</td>
</tr>
<tr>
<td>People aged 12 and older are required to show proof of full vaccination (with the second dose received at least 2 weeks earlier) or a privately-paid for negative COVID-19 test taken within 72 hours as a medical exemption to access non-essential businesses and events that implement the Restrictions Exemption Program. Businesses that do not implement this program have additional restrictions.</td>
<td>All licensed establishments, including restaurants, bars and nightclubs that implement the Restrictions Exemption Program are limited to a maximum 10 people per table, with no mingling between tables. Liquor service ends at 1 amp and establishments must close at 12:30am. To access, people are required to show proof of full vaccination or a privately paid for negative COVID-19 test taken within 72 hours or a medical exemption.</td>
<td>As of December 24: All entertainment businesses and entities, including casinos, cinemas, theatres, museums and galleries that implement the Restrictions Exemption Program are limited to a maximum 50% capacity if the venue sees more than 1,000 people and 500 people if the venue seats more than 1,000 and 500 people. Venues under 500 people have no capacity restrictions. To access, people are required to show proof of full vaccination or a privately-paid for negative COVID-19 test taken within 72 hours or a medical exemption.</td>
<td>All entertainment businesses and entities, including casinos, cinemas, theatres, museums and galleries that implement the Restrictions Exemption Program are limited to a maximum 50% capacity if the venue sees more than 1,000 people and 500 people if the venue seats more than 1,000 and 500 people. Venues under 500 people have no capacity restrictions. To access, people are required to show proof of full vaccination or a privately-paid for negative COVID-19 test taken within 72 hours or a medical exemption.</td>
<td>Indoor private social gatherings are limited to maximum 10 people 18 and older. There are no limits on people 17 and under if accompanied by their parent or guardian. At attending gatherings by themselves, people 17 and under will count towards the maximum limit of 10 people.</td>
</tr>
<tr>
<td>Accommodations are exempt from the Restrictions Exemption Program. However, people must be with household members only or 2 close contacts for those living alone.</td>
<td>As of December 24: All licensed establishments, including restaurants, bars and nightclubs that implement the Restrictions Exemption Program are limited to a maximum 10 people per table, with no mingling between tables. Liquor service ends at 1 amp and establishments must close at 12:30am. To access, people are required to show proof of full vaccination or a privately paid for negative COVID-19 test taken within 72 hours or a medical exemption.</td>
<td>As of December 24: All entertainment businesses and entities, including casinos, cinemas, theatres, museums and galleries that implement the Restrictions Exemption Program are limited to a maximum 50% capacity if the venue sees more than 1,000 people and 500 people if the venue seats more than 1,000 and 500 people. Venues under 500 people have no capacity restrictions. To access, people are required to show proof of full vaccination or a privately-paid for negative COVID-19 test taken within 72 hours or a medical exemption.</td>
<td>As of December 24: All entertainment businesses and entities, including casinos, cinemas, theatres, museums and galleries that implement the Restrictions Exemption Program are limited to a maximum 50% capacity if the venue sees more than 1,000 people and 500 people if the venue seats more than 1,000 and 500 people. Venues under 500 people have no capacity restrictions. To access, people are required to show proof of full vaccination or a privately-paid for negative COVID-19 test taken within 72 hours or a medical exemption.</td>
<td>Indoor private social gatherings are limited to maximum 10 people 18 and older. There are no limits on people 17 and under if accompanied by their parent or guardian. At attending gatherings by themselves, people 17 and under will count towards the maximum limit of 10 people.</td>
</tr>
<tr>
<td>Indoor dining is permitted for 1 household with up to 6 people per table or 2 close contacts for those living alone. Liquor sales must end at 10pm and consumption by 11pm.</td>
<td>Each establishment that does not implement the Restrictions Exemption Program is limited to maximum 50% capacity and people must be with household members only or 2 close contacts if they live alone.</td>
<td>Business and entities that do not implement the Restrictions Exemption Program are limited to maximum 50% capacity and people must be with household members only or 2 close contacts if they live alone.</td>
<td>Business and entities that do not implement the Restrictions Exemption Program are limited to maximum 50% capacity and people must be with household members only or 2 close contacts if they live alone.</td>
<td>Indoor private social gatherings are limited to maximum 10 people 18 and older. There are no limits on people 17 and under if accompanied by their parent or guardian. At attending gatherings by themselves, people 17 and under will count towards the maximum limit of 10 people.</td>
</tr>
</tbody>
</table>

People aged 12 and older must be fully vaccinated to attend indoor personal gatherings, which is limited to household members plus 10 guests or 1 additional household.

Additional measures in Northern Health region:
People aged 12 and older must be fully vaccinated to attend outdoor personal gatherings at venues, which is limited to household members plus maximum 25 people.

Province-wide: Proof of full vaccination via the BC Vaccine Card is required for people aged 12 and older to access all restaurants, cafes and pubs. Patrons are required to remain seated with a maximum 6 people per table. Bars, nightclubs and lounges that do not offer food services are closed.

### Exemption Program

Businesses that do not implement this program have additional restrictions. Masks are mandatory in all indoor public spaces and on public transit.

Province-wide:
- Proof of full vaccination via the BC Vaccine Card is required for people aged 12 and older to access events of all sizes, as well as some services and businesses. See the full list here.
- People aged 12 and older must be fully vaccinated to attend indoor personal gatherings, which is limited to household members plus 10 guests or 1 additional household. There are no restrictions for outdoor personal gatherings.
- All indoor organized gatherings of any size are not allowed. Indoor organized seated gatherings can have a capacity of 9,000 or 50% capacity, whichever is greater.
- Indoor events at venues are limited to 50% capacity. This includes conferences and meeting space. Fairs, festivals and trade shows must have a COVID-19 safety plan in place.
- Maximum 50% occupancy. Outdoor personal gatherings can have household occupants plus maximum 25 people if all attendees aged 12 and older are fully vaccinated.
- All organized events must have a safety plan in place. Organizers must collect and keep the contact info of all attendees for 30 days.

### Alberta

- People aged 12 and older are required to show proof of full vaccination (with the second dose received at least 2 weeks earlier) or a privately-paid for negative COVID-19 test taken within 72 hours as a medical exemption to access non-essential businesses and events that implement the Restrictions Exemption Program.
- Businesses that do not implement this program have additional restrictions.
- Masks are mandatory in all indoor public spaces and on public transit.
### Saskatchewan

- **All regions in Manitoba are in the orange (restricted) response level.**
- **People aged 12 and older must show proof of vaccination to attend certain businesses and events.** See the full list [here](https://example.com).
- **Masks are mandatory throughout Saskatchewan in indoor public spaces.**

<table>
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<tr>
<td>22</td>
<td>Proofs of full vaccination or a privately paid-for negative COVID-19 test taken within 72 hours are required at point of entry for people aged 12 and older to access seated dining in restaurants, bars, nightclubs and other licensed establishments. This also includes fast-food restaurants, liquor manufacturers conducting retail liquor sales and liquor stores that hold a liquor restaurant or tavern permit. Proof of vaccination will not be required for food pickup or at food courts.</td>
<td>Proofs of full vaccination or a privately paid-for negative COVID-19 test taken within 72 hours is required at point of entry for people aged 12 and older to access event and entertainment venues, including casinos, movie theatres, concert and live music venues, museums, and indoor facilities hosting ticketed sporting events. See the full list <a href="https://example.com">here</a>.</td>
<td>People aged 12 and older must show proof of vaccination to attend certain businesses and events. See the full list <a href="https://example.com">here</a>.</td>
<td></td>
</tr>
</tbody>
</table>

### Manitoba

- **All regions in Manitoba are in the orange (restricted) response level.**
- **People aged 12 and older must show proof of vaccination for indoor and outdoor dining at all restaurants, bars and other licensed establishments.**
- **Proof of vaccination is required for dine-in at food courts.**

<table>
<thead>
<tr>
<th>Activities &amp; Attractions</th>
<th>Large Gatherings/Conferences</th>
</tr>
</thead>
<tbody>
<tr>
<td>As of December 27: Private indoor gatherings are limited to household members plus 10 other people when all people aged 12 and older are fully vaccinated. If any unvaccinated or partially vaccinated people are present, indoor gatherings at private residences are limited to household members plus 10 other people.</td>
<td>People aged 12 and older must show proof of vaccination to attend certain businesses and events. See the full list <a href="https://example.com">here</a>.</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Current Phase/Stage</th>
<th>Hotels &amp; Accommodation</th>
<th>Restaurants &amp; Dining</th>
<th>Activities &amp; Attractions</th>
<th>Large Gatherings/Conferences</th>
</tr>
</thead>
<tbody>
<tr>
<td>23</td>
<td>People aged 12 and older must show proof of vaccination for indoor and outdoor dining at all restaurants, bars and other licensed establishments. Proof of vaccination is required for dine-in at food courts. As of December 27: Retail can open with capacity restrictions in place to allow for 2-metre physical distancing. In the Southern Health region, retail is limited to 50% capacity. Sports events, performing arts events, concert halls, seasonal events, museums, galleries, movie theatres and casinos can operate at 50% capacity or 250 people, whichever is lower.</td>
<td>People aged 12 and older must show proof of vaccination to attend certain businesses and events. See the full list <a href="https://example.com">here</a>.</td>
<td>As of December 27: Private outdoor gatherings are limited to household members plus 20 other people when all people aged 12 and older are fully vaccinated. If any unvaccinated or partially vaccinated people are present, outdoor gatherings at private residences are limited to household members plus 10 other people.</td>
<td></td>
</tr>
</tbody>
</table>

- **Proof of full vaccination or a privately paid-for negative COVID-19 test taken within 72 hours is required for people aged 12 and older to access certain businesses and events.**
- **Proof of full vaccination or a privately paid-for negative COVID-19 test taken within 72 hours is required for people aged 12 and older to access event venues, including conference centres, meeting rooms and banquet facilities.**

There are no limits on gatherings at private residences.

| People aged 12 and older are fully vaccinated. If any unvaccinated or partially vaccinated people are present, indoor gatherings at private residences are limited to household members plus 10 other people. | People aged 12 and older must show proof of vaccination to attend certain businesses and events. See the full list [here](https://example.com). |

- **Gatherings are limited to 50 people, whichever is lower, when all people aged 12 and older are fully vaccinated. If any unvaccinated or partially vaccinated people are present, public indoor gatherings are limited to 25 people or 25% capacity, whichever is lower.**
- **People aged 12 and older are limited to 50% capacity or 250 people, whichever is lower, when all people aged 12 and older are fully vaccinated. Gatherings are limited to 50 people in uncontrolled outdoor public spaces.**

- **Masks are mandatory throughout Manitoba in indoor public spaces and on public transit for anyone aged 5 and older.**
- **Accommodations are open with controls/safety measures in place.**

- **Public indoor gatherings are limited to 50% capacity or 250 people, whichever is lower, when all people aged 12 and older are fully vaccinated. If any unvaccinated or partially vaccinated people are present, public indoor gatherings are limited to 25 people or 25% capacity, whichever is lower.**

- **Public outdoor gatherings are limited to 50% capacity or 250 people, whichever is lower, when all people aged 12 and older are fully vaccinated. If any unvaccinated or partially vaccinated people are present, public outdoor gatherings are limited to 25 people or 25% capacity, whichever is lower.**

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Please source this document as “COVID-19 Impact and Recovery Report: Travel Related Measures, Updated: January 19, 2022, Destination Canada”
### Ontario

As of January 4, Ontario requires the use of the enhanced vaccine certificate with QR code for individuals and the Verify Ontario app for businesses in settings where proof of vaccination is required. The QR code can be used digitally or by printing a paper copy.

People must wear a mask or face covering that covers their mouth, nose and chin, with limited exceptions. Mask requirements are in place for indoor areas of businesses or organizations that are open, indoor organized public events, some outdoor public events or settings, and within 2 metres of any individuals not part of their household.

#### As of January 5:
- Restaurants, bars and other food or drink establishments, including those with dance floors (such as nightclubs), are closed for indoor dining. Outdoor dining can have up to 10 people per table and patterns must remain seated.
- Establishments can open for in-person service from 5am to 11pm. Take-out, drive-through and delivery are permitted at any time.
- Liquor can only be sold or served until 11pm and no consumption of liquor is permitted after 11pm.
- Food courts in shopping malls are closed.
- Other restrictions may apply.

Ontario residents aged 13 and older must show their vaccine passport to access many activities and facilities at hotels and similar establishments. Indoor recreational facilities at hotels and similar establishments are closed.

As of January 5:
- Accommodations are open with public health and safety measures in place. Indoor recreational facilities at hotels and similar establishments are closed.
- Short-term rentals are only open to those in need of housing.
- Other restrictions may apply.

As of January 30:
- Retail is limited to 250 people per table and patrons must remain seated.
- Outdoor organized public events have no limits and canceled distancing cannot be maintained.
- Indoor social gatherings can have up to 5 people. Outdoor social gatherings can have up to 10 people.
- Indoor organized public events can have up to 5 people per table and patrons must remain seated.
- Outdoor areas of these venues can operate with restrictions.
- Other restrictions may apply.

Quebec residents aged 13 and older must show their vaccine passport to access many activities and facilities at hotels and similar establishments. Indoor recreational facilities at hotels and similar establishments are closed.

### Quebec

As of January 19:
- All stories and boutiques may now open on Sundays. Retail is limited to 50% capacity.
- Indoor activities at amusement parks, water parks, aquariums, entertainment centres and similar establishments are closed. Outdoor activities at these establishments are limited to 250 people.
- Casinos, cinemas, performance spaces and spas are closed and indoor public events are suspended. Sporting events are closed to spectators.
- Quebec residents aged 13 and older must show their vaccine passport to access many activities and facilities at hotels and similar establishments. Indoor recreational facilities at hotels and similar establishments are closed.
- Quebec residents aged 13 and older must show their vaccine passport to access many activities and facilities at hotels and similar establishments. Indoor recreational facilities at hotels and similar establishments are closed.
- Outdoor exercise or activities like skiing, skating or snowmobiling are permitted, as long as Public Health measures are followed and you are within your single-household bubble.

### New Brunswick

As of January 14:
- Retail businesses can operate at maximum 50% capacity with physical distancing of 2 metres in place.
- All entertainment venues are closed. This includes venues such as cinemas, performing arts centres, professional sports arenas and casinos.
- Organized sports and all other organized activities are not permitted with people outside a single-household bubble.

### Current Phase/Stage

<table>
<thead>
<tr>
<th>Province</th>
<th>Current Phase/Stage</th>
</tr>
</thead>
<tbody>
<tr>
<td>Ontario</td>
<td>Modified Step 3 of</td>
</tr>
<tr>
<td></td>
<td>the Roadmap to Reopen. Proof of identification and of being fully vaccinated against COVID-19 is required for people aged 12 and older to access certain businesses and settings. Limited exemptions apply. Find additional details here.</td>
</tr>
<tr>
<td>Quebec</td>
<td>Current Roadmap to</td>
</tr>
<tr>
<td></td>
<td>Impact and Recovery</td>
</tr>
<tr>
<td></td>
<td>Report: Travel Related Measures. Updated: January 19, 2022, Destination Canada</td>
</tr>
<tr>
<td>New Brunsw</td>
<td>کیک</td>
</tr>
</tbody>
</table>
Nova Scotia

Proof of full vaccination is required for people aged 12 and older to access hotels and accommodations. Masks are mandatory throughout Nova Scotia in indoor public spaces and on public transit for anyone aged 5 and older.

Newfoundland and Labrador

Proof of full vaccination is required for people aged 12 and older to access restaurants and dining and accommodations. Masks are mandatory in indoor public spaces for anyone aged 5 and older.

Yukon

Proof of full vaccination is required for people aged 12 and older to access some settings.

Prince Edward Island

Proof of full vaccination is required for people aged 12 and older to participate in most events and activities that bring groups of people together. See the full list here.

Indoor and outdoor informal gatherings can have maximum 10 people from the same household or a consistent social group.

Special events, sporting events in person performances and festivals are not permitted.

Events such as meetings held by recognized businesses are limited to maximum 50 people or 25% capacity, whichever is less.

Organized gatherings are not permitted.

As of January 19:

- Personal gatherings are limited to a single household plus up to 2 support people if required. People who live on their own can join another household.

- Gatherings are limited to maximum 50 people or 25% capacity, whichever is less.

- Retail stores, museums, and recreation and leisure facilities can operate at 50% capacity. Cinemas are limited to 50 people or 25% capacity, whichever is less, with masks required at all times. Casinos can operate at 50% capacity.

Proof of vaccination is not required for multiple events. Note that some businesses not subject to proof of vaccination may introduce their own vaccination requirements for customers.

As of January 19:

- Personal gatherings are limited to a single household plus up to 2 support people if required. People who live on their own can join another household.

- Gatherings are limited to maximum 50 people or 25% capacity, whichever is less.

- Organized gatherings are not permitted.

As of January 4:

- Retail stores, museums, and recreation and leisure facilities can operate at 50% capacity. Cinemas are limited to 50 people or 25% capacity, whichever is less.

- Retail stores, museums, and recreation and leisure facilities can operate at 50% capacity. Cinemas are limited to 50 people or 25% capacity, whichever is less.

- Personal gatherings are limited to a single household plus up to 2 support people if required. People who live on their own can join another household.

- Gatherings are limited to maximum 50 people or 25% capacity, whichever is less.

- Organized gatherings are not permitted.

As of January 19:

- Personal gatherings are limited to a single household plus up to 2 support people if required. People who live on their own can join another household.

- Gatherings are limited to maximum 50 people or 25% capacity, whichever is less.

- Organized gatherings are not permitted.

As of January 4:

- Personal gatherings are limited to a single household plus up to 2 support people if required. People who live on their own can join another household.

- Gatherings are limited to maximum 50 people or 25% capacity, whichever is less.

- Organized gatherings are not permitted.

As of January 14:

- Indoor personal gatherings are limited to 10 people from a maximum of 2 households if people aged 12 years and older are vaccinated; household members or anyone eligible people are unvaccinated.

- Outdoor personal gatherings are limited to 25 people from a maximum of 3 households regardless of vaccination status.

- Indoor organized gatherings, including conferences, can have maximum 25 people or 50% capacity, whichever is less. Masks must be worn.

- Outdoor organized gatherings can have maximum 50 people. Masks must be worn.

- Physical distancing cannot be maintained.
<table>
<thead>
<tr>
<th>Region</th>
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</thead>
<tbody>
<tr>
<td>Northwest Territories</td>
<td>12, 43, 44</td>
<td>People can request a voluntary <a href="#">Proof of Vaccine Credential</a> from the government of the Northwest Territories.</td>
<td></td>
<td>Businesses and enterprises can have up to 25 people indoors and up to 50 people outdoors, with 2-metre physical distancing in place. The Chief Public Health Officer must approve numbers higher than this, with one condition that people over the age of 12 show proof of full vaccination to access these places.</td>
<td>As of January 4: Indoor private gatherings may have up to 10 people with a maximum of 5 non-household members, regardless of vaccination status. Public gatherings can have up to 25 people indoors and up to 50 people outdoors, with 2-metre physical distancing in place. The Chief Public Health Officer must approve public gatherings larger than this, with one condition that all participants over the age of 12 show proof of full vaccination to participate.</td>
</tr>
<tr>
<td>Nunavut</td>
<td>45, 46</td>
<td>Masks are mandatory across Nunavut.</td>
<td>As of January 17: Essential businesses and services are open. Libraries, museums and galleries can have up to 25 people or 25% capacity, whichever is less; no group tours. Arenas can have up to 25 spectators. Theatres are closed.</td>
<td></td>
<td>As of January 17: Gatherings in homes can have 1 household plus 5 additional people. Indoor public gatherings in community halls, conference spaces, and within government and Inuit organization facilities can have up to 25 people or 25% capacity, whichever is less. Outdoor gatherings can have up to 25 people.</td>
</tr>
</tbody>
</table>
2. METHODOLOGICAL NOTES

I. Travel-Related Measures: In conjunction with provincial and territorial partners, Destination Canada has sourced information directly from provincial and territorial government websites; additional insights are provided by provincial and territorial partners where relevant or where information from official sources is incomplete. The intention for this section is to provide the latest available information as of the date of the report. Given the evolving nature of these measures and phased opening strategies, readers are encouraged to seek information from official government sources for the most current information.

Sources:
1. Government of British Columbia, Provincial and regional restrictions, January 19, 2022 https://www2.gov.bc.ca/gov/content/covid-19/info/restrictions
2. Government of British Columbia, BC’s response to floods and mudslides, January 19, 2022 https://www2.gov.bc.ca/gov/content/natural-disaster/support/home
4. Government of Quebec, Travelling from one region to another or from one city to another during the COVID-19 pandemic, November 22, 2021 https://www2.gouv.qc.ca/gov/content/health-wellness/residents/travel-coronavirus/traveling-region-to-another-during-covid-19
and-guidance/
19. Government of British Columbia, Provincial and regional restrictions, January 19, 2022 https://www2.gov.bc.ca/gov/content/covid-19/info/restrictions