COVID-19 Impact and Recovery Report: Travel-Related Measures

Updated: January 13, 2022

This document provides an evergreen assessment of the situation in Canada. It has the following sections:

1. Travel-Related Measures: A summary of the travel and tourism-related measures in place in each province and territory. Current travel restrictions and self-isolation requirements are also available on Destination Canada’s website: [https://caen-keepeexploring.canada.travel/covid-19-traveller-guidance](https://caen-keepeexploring.canada.travel/covid-19-traveller-guidance)

2. Methodological Notes: An explanation of the methodologies in the different sections and relevant sources.

## 1. TRAVEL-RELATED MEASURES

Please consult the Government of Canada website for the latest federal travel requirements: [https://travel.gc.ca/travel-covid](https://travel.gc.ca/travel-covid). Below is a summary of recent updates to federal travel requirements and advice:

- As of December 21, pre-arrival testing is required for all travellers entering Canada, regardless of the length of trip. In addition, all fully vaccinated travellers arriving by air, including Canadian citizens and permanent residents, may be subject to arrival testing. Fully vaccinated travellers will be required to quarantine while they await the results of their arrival test.
- The Public Health Agency of Canada is advising travellers, regardless of their vaccination status, to avoid non-essential travel internationally.
- Travellers aged 12 years and older, with very limited exceptions, are required to show their [Canadian COVID-19 proof of vaccination](https://travel.gc.ca/travel-covid) to depart from Canadian airports, on VIA Rail and Rocky Mountaineer trains, and on non-essential passenger vessels (e.g. cruise ships) on voyages of 24 hours or more departing from ports in Canada. To qualify as fully vaccinated, travellers must have received the full series of an accepted COVID-19 vaccine (or a full series of a combination of accepted vaccines), with the last dose at least 14 full days prior to the date of travel.

In addition to federal government travel requirements, individual provinces and territories have implemented measures on travel between provinces and territories. The table below outlines self-isolation requirements for domestic and foreign travellers entering each province or territory, as well as restrictions on travel across provincial and territorial borders. Tracking these measures is challenging given the fluid nature of COVID-19. This information, collected by provincial and territorial tourism marketing authorities and relevant tourism departments, is current as of January 13, 2022.

### Travel Measures

| British Columbia ¹, ² | No self-isolation for domestic travellers entering British Columbia. No self-isolation upon entering British Columbia for fully vaccinated foreign nationals provided that they meet specific entry and testing requirements. Unvaccinated children under 12 years of age of fully vaccinated travellers are not required to quarantine upon entering British Columbia, but must follow strict public health measures that include avoiding crowded settings. Due to severe weather, flooding and landslides, some highways are closed or open only to essential traffic. Check current road advisories and information [here](https://www.canada.ca/en/transportation/services/road-advisories.html). No travel restrictions for domestic travellers entering British Columbia. Some Indigenous communities in BC are not welcoming visitors at this time. Indigenous Tourism BC has a list of Indigenous experie
Traveller self-isolation required?

Ontario

No self-isolation required for domestic travellers entering Ontario.

No self-isolation upon entering Ontario for fully vaccinated foreign nationals provided that they meet specific entry and testing requirements. Unvaccinated children under 12 years of age of fully vaccinated travellers are not required to quarantine upon entering Ontario, but must follow strict public health measures that include avoiding crowded settings.

Travellers entering Nunavut and James Bay may be required to self-isolate.

No self-isolation required for all other domestic travellers entering Quebec.

No self-isolation upon entering Quebec for fully vaccinated foreign nationals provided that they meet specific entry and testing requirements. Unvaccinated children under 12 years of age of fully vaccinated travellers are not required to quarantine upon entering Quebec, but must follow strict public health measures that include avoiding crowded settings.

New Brunswick

No self-isolation required for fully vaccinated domestic travellers entering New Brunswick. Unvaccinated or partially vaccinated domestic travellers, including New Brunswick residents, are required to self-isolate for 14 days, or until receiving a negative result from testing on day 10.

No self-isolation upon entering New Brunswick for fully vaccinated foreign nationals provided that they meet specific entry and testing requirements. As of December 4, foreign nationals are required to get tested on days 5 and 10. Unvaccinated children under 12 years of age of fully vaccinated travellers are not required to participate in quarantine upon entering New Brunswick, but must follow strict public health measures that include avoiding crowded settings.

Nova Scotia

No self-isolation upon entering Nova Scotia for fully vaccinated foreign nationals provided that they meet specific entry and testing requirements. Unvaccinated children under 12 years of age of fully vaccinated travellers are not required to quarantine upon entering Nova Scotia, but must follow strict public health measures that include avoiding crowded settings.

Prince Edward Island

As of December 22, all fully vaccinated travellers entering Prince Edward Island with a PEI pass will be required to self-isolate for 4 days. Travellers entering the province will be given two rapid tests and will be required to complete the tests on day 2 and day 4. If both tests are negative, or a day 4 negative PCR test is received from a Health PEI testing clinic, then the individual can leave isolation.

Unvaccinated or partially vaccinated PEI residents and Canadian visitors entering Prince Edward Island from any province or territory are required to complete a declaration form and self-isolate for 8 days, with testing at point of entry and on day 8.

Fully vaccinated foreign nationals can enter Prince Edward Island provided that they meet specific entry and testing requirements. Unvaccinated children under 12 years of age of fully vaccinated travellers must take strict public health measures that include avoiding crowded settings.

As of December 21, all fully vaccinated travellers entering Newfoundland & Labrador will be required to self-isolate for 5 days. Travellers entering the province will be given rapid tests and will need to take a daily rapid test for 5 days. If all tests are negative, they can leave isolation after 5 full days (120 hours) have passed. Children between ages 5 and 11 who are not fully vaccinated travelling with fully vaccinated parents or guardians will need to self-isolate and take a daily rapid test for 5 days. After 5 days, they must follow modified self-isolation until 14 days have passed. People returning from post-secondary institutions outside of Newfoundland and Labrador will be required to take a PCR test upon arrival to the province as well as a daily rapid test for 5 days. If the PCR and rapid tests are negative, they can leave self-isolation after 5 full days have passed. If fully vaccinated travellers choose to isolate, they will need to self-isolate for 14 days.

The province's definition of fully vaccinated includes specific allowance for people with vaccines not authorized by Health Canada or the World Health Organization (WHO) but these vaccines must be followed by one dose of a COVID-19 mRNA vaccine authorized by Health Canada at least 14 days before arriving in the province. Partially vaccinated or unvaccinated travellers must self-isolate until they receive a negative PCR test on day 7 or later, and are then subject to modified self-isolation for the remainder of the 14-day period. Mixed groups of vaccinated, partially vaccinated and/or unvaccinated adult travellers must follow the rules for unvaccinated travellers.

Fully vaccinated foreign nationals can enter Newfoundland & Labrador provided that they meet specific entry and testing requirements. Unvaccinated children under 12 years of age of fully vaccinated travellers must follow strict public health measures that include avoiding crowded settings.

Travel restrictions?

Fulvally vaccinated foreign nationals can travel to Ontario provided that they meet specific entry and testing requirements. Entry will continue to be prohibited for foreign nationals who are not fully vaccinated.

As of December 31, Quebec has a curfew in place between the hours of 10pm to 5am. People are prohibited to move outside of their homes during these hours with few exceptions (e.g. going to work or medical reasons). The curfew will end on January 17.

Travel to Nunavut and James Bay is restricted to essential travel only.

No other travel restrictions for domestic travellers entering Quebec.

Fully vaccinated foreign nationals can travel to Quebec provided that they meet specific entry and testing requirements. Entry will continue to be prohibited for foreign nationals who are not fully vaccinated.

All Canadian residents entering New Brunswick, including New Brunswick residents re-entering the province, must present a negative result from a rapid test, or a multi-use pass, with restrictions on travel those who are not fully vaccinated.

Fully vaccinated foreign nationals can travel to New Brunswick provided that they meet specific entry and testing requirements and have a negative result. Entry will continue to be prohibited for foreign nationals who are not fully vaccinated.

Domestic travellers entering Nova Scotia from all provinces and territories must follow self-isolation protocol dependent on vaccination status: 2 doses at least 14 days before arrival = no self-isolation; 1 or 0 doses = 7-day self-isolation and 2 negative tests. Children under 12 travelling domestically are required to follow same isolation protocol as the least vaccinated adult they are travelling with.

All Canadian residents entering New Brunswick, including New Brunswick residents re-entering the province, may be required to self-isolate for 5 days, or until receiving a negative result from testing on day 10.

No self-isolation upon entering New Brunswick for fully vaccinated foreign nationals provided that they meet specific entry and testing requirements. As of December 4, foreign nationals are required to get tested on days 5 and 10. Unvaccinated children under 12 years of age of fully vaccinated travellers are not required to participate in quarantine upon entering New Brunswick, but must follow strict public health measures that include avoiding crowded settings.

As of December 17, travel to or from Prince Edward Island to participate in organized activities or arts and culture-related gatherings is not permitted.

Residents of Prince Edward Island are advised to avoid non-essential out-of-province travel.

No other travel restrictions for domestic travellers entering Nova Scotia.

Fully vaccinated foreign nationals can travel to Nova Scotia provided that they meet specific entry and testing requirements. Entry will continue to be prohibited for foreign nationals who are not fully vaccinated.

As of December 31, Quebec has a curfew in place between the hours of 10pm to 5am. People are prohibited to move outside of their homes during these hours with few exceptions (e.g. going to work or medical reasons). The curfew will end on January 17.

Travel to Nunavut and James Bay is restricted to essential travel only.

No other travel restrictions for domestic travellers entering Quebec.

Fully vaccinated foreign nationals can travel to Quebec provided that they meet specific entry and testing requirements. Entry will continue to be prohibited for foreign nationals who are not fully vaccinated.

No travel restrictions for domestic travellers entering Ontario.

Fully vaccinated foreign nationals can travel to Ontario provided that they meet specific entry and testing requirements. Entry will continue to be prohibited for foreign nationals who are not fully vaccinated.

As of December 31, Quebec has a curfew in place between the hours of 10pm to 5am. People are prohibited to move outside of their homes during these hours with few exceptions (e.g. going to work or medical reasons). The curfew will end on January 17.
### Traveler self-isolation required?

- **Yukon**
  - No self-isolation required for domestic travellers entering Yukon.
  - No self-isolation upon entering Yukon for fully vaccinated foreign nationals provided that they meet specific entry and testing requirements.
  - Unvaccinated children under 12 years of age of fully vaccinated travellers are not required to quarantine upon entering Yukon, but must follow strict public health measures that include avoiding crowded settings.

- **Northwest Territories**
  - No self-isolation required for fully vaccinated travellers admitted into the Northwest Territories (residents, non-resident essential workers or travellers with an exemption). Fully vaccinated travellers going to communities other than Yellowknife, Inuvik, Fort Smith, Hay River, Fort Simpson and Norman Wells require a COVID-19 test on days 1 and 8.
  - Mandatory 10-day self-isolation for partially vaccinated and unvaccinated admitted travellers, with the option to end self-isolation early on Day 8 with a negative COVID-19 test. Partially vaccinated children under 12 years old may be exempt from self-isolation based on when they received their most recent dose.

- **Nunavut**
  - No self-isolation required for fully vaccinated and who have a Nunavut proof of vaccination certificate. Mandatory 14-day isolation for all non-vaccinated travellers prior to boarding a plane to Nunavut except those travelling directly from Churchill, Manitoba.
  - Unvaccinated children travelling with fully vaccinated parents or guardians can self-isolate for 14 days in Nunavut rather than at a government-designated site outside of the territory.

### Travel restrictions?

- **Yukon**
  - No travel restrictions for domestic travellers entering Yukon.
  - Fully vaccinated foreign nationals can travel to Yukon provided that they meet specific entry and testing requirements. Entry will continue to be prohibited for foreign nationals who are not fully vaccinated.

- **Northwest Territories**
  - Leisure travel into the Northwest Territories by non-residents is currently not permitted. Exemptions are considered for compassionate reasons, family reunification, exceptional circumstances, travel from Nunavut, and remote tourism with plans approved by the Chief Public Health Officer.
  - Fully vaccinated foreign nationals may be authorized to travel to the Northwest Territories only to participate in remote tourism with an approved remote tourism operator provided that they meet specific entry and testing requirements. Fully vaccinated foreign nationals must have an exemption from the Northwest Territories Chief Public Health Officer; exemption requests will be assessed on a case-by-case basis. Entry will continue to be prohibited for foreign nationals who are not fully vaccinated.

- **Nunavut**
  - No isolation required for travelers returning to Nunavut who are fully vaccinated and who have a Nunavut proof of vaccination certificate. Mandatory 14-day isolation for all other admitted travellers prior to boarding a plane to Nunavut except those travelling directly from Churchill, Manitoba.
  - Unvaccinated children travelling with fully vaccinated parents or guardians can self-isolate for 14 days in Nunavut rather than at a government-designated site outside of the territory.

  No self-isolation upon entering Nunavut for fully vaccinated foreign nationals provided that they meet specific entry and testing requirements and are admitted to enter Nunavut. Unvaccinated children will not be able to forgo the mandatory 14-day self-isolation requirement.
Most Parks Canada places are open and welcoming visitors with adjustments to access and services. Please consult the Parks Canada website for an updated list of open Parks Canada locations with special instructions: https://www.pc.gc.ca/en/voyage-travel/securite-safety/covid-19-info/locations

Most provinces and territories have implemented a framework to guide reopening strategies catered to their individual circumstances. Since each province and territory is starting from a different baseline to implement the reopening of their local economy, the phases and stages are not congruent across jurisdictions. The table below outlines the current status of restrictions on tourism-related sectors as of January 13, 2022. Unless noted, persons must gather and business must operate with sufficient social distancing measures in place. Many destinations require non-medical masks to be worn and all visitors should plan on having masks ready if needed.

### Tourism Related Measures

<table>
<thead>
<tr>
<th>Current Phase/Stage</th>
<th>Hotels &amp; Accommodation</th>
<th>Restaurants &amp; Dining</th>
<th>Activities &amp; Attractions</th>
<th>Large Gatherings/ Conferences</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>British Columbia</strong> 18, 19, 20</td>
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<tr>
<td>People aged 12 and older are required to show proof of full vaccination (with the second dose received at least 2 weeks earlier) or a privately-paid for negative COVID-19 test taken within 72 hours or a medical exemption to access non-essential businesses and events that implement the Restrictions Exemption Program. Restrictions that do not implement this program have additional restrictions.</td>
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<tr>
<td>Masks are mandatory throughout British Columbia in indoor public spaces for anyone aged 5 and older.</td>
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<tr>
<td>As of December 20, proof of full vaccination via the BC Vaccine Card is required for people aged 12 and older to access events of all sizes, as well as some services and businesses. See the full list here.</td>
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<tr>
<td>Additional measures in Northern Health region: People aged 12 and older must be fully vaccinated to attend outdoor personal gatherings at vacation rentals, which is limited to household members plus maximum 25 people.</td>
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<tr>
<td>Additional measures in Eastern Fraser Health region (Abbotsford, Agassiz, Chilliwack, Harrison Hot Springs, Hope and Mission): People aged 12 and older must be fully vaccinated to attend outdoor personal gatherings at vacation rentals, which is limited to household members plus maximum 15 people.</td>
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<tr>
<td>Province-wide as of December 22: Proof of full vaccination via the BC Vaccine Card is required for people aged 12 and older to access all restaurants, cafes and pubs. Patrons are required to remain seated with a maximum 6 people per table. Bars, nightclubs and lounges are closed.</td>
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<td>Province-wide as of December 22: Proof of full vaccination via the BC Vaccine Card is required for people aged 12 and older to access all accommodation and welcoming visitors with adjustments to access and services. See the full list here.</td>
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<tr>
<td>As of December 24: All licensed establishments, including restaurants, bars and nightclubs that implement the Restrictions Exemption Program are limited to maximum 10 people per table or 2 close contacts if those living alone. Amenities at accommodation establishments are limited to 33% maximum capacity.</td>
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<td>Accommodations are exempt from the Restrictions Exemption Program. However, people must be with household members only or 2 close contacts with those living alone. Amenities at accommodation establishments are limited to 33% maximum capacity.</td>
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<td>For establishments that do not implement the Restrictions Exemption Program, outdoor dining is not permitted; outdoor dining is permitted for people aged 12 and older to access events of all sizes, as well as some services and businesses. See the full list here.</td>
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<td>Retail businesses are exempt from the Restrictions Exemption Program. However, capacity is restricted to 33% maximum capacity and people must be with household members only or 2 close contacts if they live alone.</td>
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<td>All indoor organized gatherings of any size are not allowed. Outdoor organized gatherings can have a capacity of 5,000 or 50% capacity, whichever is greater. Indoor events at venues are limited to 50% capacity. This includes conferences and meeting spaces. Fairs, festivals and trade shows must have a COVID-19 safety plan in place.</td>
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<td>All outdoor personal gatherings may have maximum 10 people unless all attendees aged 12 and older are fully vaccinated. All organized events must have a safety plan in place. Organizers must collect and keep the contact info of all attendees for 30 days.</td>
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<td>Additional measures in Northern Health region: Outdoor personal gatherings can have household occupants plus maximum 20 people if all attendees aged 12 and older are fully vaccinated.</td>
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<tr>
<td>Alberta 21</td>
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<tr>
<td>People aged 12 and older are required to show proof of full vaccination (with the second dose received at least 2 weeks earlier) or a privately-paid for negative COVID-19 test taken within 72 hours or a medical exemption to access all indoor public spaces and on public transit.</td>
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<td>Masks are mandatory in all indoor public spaces and on public transit.</td>
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<tr>
<td>As of December 20: People aged 12 and older must be fully vaccinated to attend indoor personal gatherings at vacation rentals, which is limited to household members plus a maximum 10 guests or one additional household.</td>
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<td>As of December 24: All licensed establishments, including restaurants, bars and nightclubs that implement the Restrictions Exemption Program are limited to maximum 10 people per table or 2 close contacts if those living alone. Amenities at accommodation establishments are limited to 33% maximum capacity.</td>
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<td>For establishments that do not implement the Restrictions Exemption Program, outdoor dining is not permitted; outdoor dining is permitted for people aged 12 and older to access events of all sizes, as well as some services and businesses. See the full list here.</td>
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<tr>
<td>As of December 24: All entertainment businesses and entities, including casinos, cinemas, theatres, museums and galleries that implement the Restrictions Exemption Program are limited to maximum 50% capacity. If the venue seats more than 1,000 people, there is no capacity restrictions. To access, people are required to show proof of full vaccination or a privately-paid for negative COVID-19 test taken within 72 hours or a medical exemption.</td>
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<td>As of December 21: Indoor private social gatherings are limited to maximum 10 people and older. There are no limits on people 17 and under if accompanied by their parent or guardian; if attending gatherings by themselves, people and under will count towards the maximum limit of 10 people.</td>
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<tr>
<td>Outdoor private social gatherings are limited to maximum 30 people, subject to a minimum physical distancing between households at all times.</td>
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<tr>
<td>Outdoor public gatherings: Events and facilities that are fully outdoor (excluding washrooms) have no capacity restrictions but people must maintain 2-metre physical distancing between households or 2 close contacts for those living alone.</td>
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</tbody>
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Please source this document as “COVID-19 Impact and Recovery Report: Travel Related Measures. Updated: January 13, 2022, Destination Canada”
## Current Phase/Stage

- **Saskatchewan**: 22
- **Manitoba**: 23

## Hotels & Accommodation

- **Stages**: All regions in Manitoba are at the orange (restricted) response level.
- **Provision**: People aged 12 and older must show proof of vaccination to attend certain businesses and events. See the full list here.
- **Location**: Masks are mandatory throughout Manitoba in indoor public spaces and on public transit for anyone aged 5 and older.

## Restaurants & Dining

- **Provision**: People aged 12 and older must show proof of vaccination for indoor and outdoor dining at all restaurants, bars and other licensed establishments. Proof of vaccination is required for dine-in at food courts.
- **Location**: As of December 27: All restaurants, bars, breweries and brewpubs can operate at 50% capacity or 250 people, whichever is lower. Patrons are required to remain seated with a maximum 10 people per table. Liquor service must end at 10pm.

## Activities & Attractions

- **Provision**: People aged 12 and older must show proof of vaccination to attend certain businesses and events. See the full list here.
- **Location**: As of December 27: Retail can open with capacity restrictions in place to allow for 2-metre physical distancing. In the Southern Health region, retail is limited to 50% capacity. Sports events, performing arts events, concert halls, seasonal events, museums, galleries, movie theatres and casinos can operate at 50% capacity or 250 people, whichever is lower.

## Large Gatherings/Conferences

- **Provision**: People aged 12 and older must show proof of vaccination to attend certain businesses and events. See the full list here.
- **Location**: As of December 27: Private indoor gatherings are limited to household members plus 20 other people when all people aged 12 and older are fully vaccinated. If any unvaccinated or partially vaccinated people are present, indoor gatherings at private residences are limited to household members plus 5 other people. Private outdoor gatherings are limited to household members plus 20 other people when all people aged 12 and older are fully vaccinated. If any unvaccinated or partially vaccinated people are present, outdoor gatherings at private residences are limited to household members plus 10 other people. Public indoor gatherings are limited to 50% capacity or 250 people, whichever is lower, when all people aged 12 and older are fully vaccinated. If any unvaccinated or partially vaccinated people are present, public indoor gatherings are limited to 25 people or 25% capacity, whichever is lower. Public outdoor gatherings are limited to 50% capacity or 250 people, whichever is lower, when all people aged 12 and older are fully vaccinated. Gatherings are limited to 50 people in uncontrolled outdoor public spaces.
Ontario

Ontario is in a Modified Step 2 of the Roadmap to Reopen. Proof of identification and of being fully vaccinated against COVID-19 is required for people aged 12 and older to access certain businesses and settings. Limited exemptions apply. Find additional details here.

As of January 4, Ontario requires the use of the enhanced vaccine certificate with QR code for individuals and the Verify Ontario app for businesses in settings where proof of vaccination is required. The QR code can be used digitally or by printing a paper copy.

People must wear a mask or face covering that covers their mouth, nose and chin, with limited exceptions. Mask requirements are in place for indoor areas of businesses or organizations that are open, indoor organized public events, some outdoor public events or settings, and within 2 metres of any individuals not part of their household.

A vaccine passport is not required for Quebec residents aged 13 and older to access many events, services and businesses. See the full list here. People who reside outside Quebec must show printed proof of vaccination combined with identification.

Masks are mandatory throughout Quebec in indoor public spaces and on public transit for anyone aged 10 and older.

As of January 14, New Brunswick is in Level 3 of its 3-level Winter Plan.

Masks are mandatory throughout New Brunswick in indoor public spaces, on public transit, and in outdoor public spaces when physical distancing cannot be maintained.

Accommodations can resume regular operations.

As of January 14:
- New Brunswick is in Level 3 of its 3-level Winter Plan.
- Masks are mandatory throughout New Brunswick in indoor public spaces, on public transit, and in outdoor public spaces when physical distancing cannot be maintained.
- Accommodations can resume regular operations.

As of December 31:
- All restaurant dining rooms are closed; only take-out, drive-thru and delivery are allowed. All bars, breweries and taverns are closed.
- Quebec residents aged 13 and older must show their vaccine passport to access many activities and attractions, including museums, zoos, aquariums, casinos, cinemas and ski hills. People who reside outside Quebec must show printed proof of vaccination combined with identification.
- Indoor activities at amusement parks, public parks, aquariums, entertainment centres and similar establishments are closed. Outdoor activities at these establishments are limited to 250 people. Casinos, cinemas, performance spaces and spas are closed and indoor pubic events are suspended. Sporting events are closed to spectators.
- As of December 31: All stores and boutiques are closed on Sundays except for convenience stores, gas stations and drug stores. Retail is limited to 50% capacity. Indoor activities at amusement parks, public parks, aquariums, entertainment centres and similar establishments are closed. Outdoor activities at these establishments are limited to 250 people. Casinos, cinemas, performance spaces and spas are closed and indoor pubic events are suspended. Sporting events are closed to spectators.
- As of January 14: Retail businesses can operate at maximum 50% capacity with physical distancing of 2 metres in place. All entertainment venues are closed. This includes venues such as cinemas, performing arts centres, professional sports arenas and casinos. Organized sports and all other organized activities are not permitted with people outside a single-household bubble. Outdoor exercise or activities like skiing, snowboarding or snowmobiling are permitted, as long as Public Health measures are followed and you are within your single-householdbubble. Lodges and other facilities that support outdoor sport must not exceed 50% capacity and must not permit food or drink to be consumed indoors.

As of January 14:
- Indoor social gatherings can have up to 5 people. Outdoor social gatherings can have up to 10 people.
- Indoor organized public events can have up to 5 people. Outdoor organized public events have no limits and masks must be worn when distancing cannot be maintained.
- Indoor areas of meeting spaces, event spaces, conference centres and convention centres are closed, with limited exceptions. Outdoor areas of these venues are open and can have up to 10 people per table and patrons must remain seated.
- Other restrictions may apply.

Quebec

Quebec residents aged 13 and older must show their vaccine passport to access many activities and attractions, including museums, zoos, aquariums, casinos, cinemas and ski hills. People who reside outside Quebec must show printed proof of vaccination combined with identification.

As of December 31:
- All stores and boutiques are closed on Sundays except for convenience stores, gas stations and drug stores. Retail is limited to 50% capacity. Indoor activities at amusement parks, public parks, aquariums, entertainment centres and similar establishments are closed. Outdoor activities at these establishments are limited to 250 people. Casinos, cinemas, performance spaces and spas are closed and indoor pubic events are suspended. Sporting events are closed to spectators.
- As of January 14: Retail businesses can operate at maximum 50% capacity with physical distancing of 2 metres in place. All entertainment venues are closed. This includes venues such as cinemas, performing arts centres, professional sports arenas and casinos. Organized sports and all other organized activities are not permitted with people outside a single-household bubble. Outdoor exercise or activities like skiing, snowboarding or snowmobiling are permitted, as long as Public Health measures are followed and you are within your single-householdbubble. Lodges and other facilities that support outdoor sport must not exceed 50% capacity and must not permit food or drink to be consumed indoors.

As of January 14:
- Private gatherings are limited to a single-household bubble. Public gatherings in all venues are not permitted.

New Brunswick

As of January 14, New Brunswick is in Level 3 of its 3-level Winter Plan.

Masks are mandatory throughout New Brunswick in indoor public spaces, on public transit, and in outdoor public spaces when physical distancing cannot be maintained.

Accommodations can resume regular operations.

As of January 14:
- New Brunswick is in Level 3 of its 3-level Winter Plan.
- Masks are mandatory throughout New Brunswick in indoor public spaces, on public transit, and in outdoor public spaces when physical distancing cannot be maintained.
- Accommodations can resume regular operations.

As of December 31:
- All restaurant dining rooms are closed; only take-out, drive-thru and delivery are allowed. All bars, breweries and taverns are closed.
- Quebec residents aged 13 and older must show their vaccine passport to access many activities and attractions, including museums, zoos, aquariums, casinos, cinemas and ski hills. People who reside outside Quebec must show printed proof of vaccination combined with identification.
- Indoor activities at amusement parks, public parks, aquariums, entertainment centres and similar establishments are closed. Outdoor activities at these establishments are limited to 250 people. Casinos, cinemas, performance spaces and spas are closed and indoor pubic events are suspended. Sporting events are closed to spectators.
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As of January 14:
- Indoor social gatherings can have up to 5 people. Outdoor social gatherings can have up to 10 people.
- Indoor organized public events can have up to 5 people. Outdoor organized public events have no limits and masks must be worn when distancing cannot be maintained.
- Indoor areas of meeting spaces, event spaces, conference centres and convention centres are closed, with limited exceptions. Outdoor areas of these venues are open and can have up to 10 people per table and patrons must remain seated.
- Other restrictions may apply.
Nova Scotia

As of December 22, people aged 12 and older to access certain businesses and settings. See the full list here.

As of January 4:
- People aged 12 and older to participate in most events and activities that bring groups of people together, including cinemas, theatres and sports stadiums; bus, boat, and walking tours; and museums and zoos.

Prince Edward Island

As of January 4:
- People aged 12 and older to access retail stores. Note that some businesses not subject to proof of full vaccination may introduce their own vaccination requirements for customers.

Newfoundland and Labrador

As of January 4:
- Proof of full vaccination is required for people aged 12 and older to access designated settings.

Yukon

As of January 7:
- Indoor personal gatherings are limited to 10 people from a maximum of two households if all eligible people are vaccinated; household members only if all eligible people are unvaccinated.

Outdoor personal gatherings are limited to 25 people from a maximum of three households, regardless of vaccination status.

Indoor organized gatherings, including conferences, can have maximum 25 people or 50% capacity, whichever is less. Masks must be worn.

Outdoor organized gatherings can have maximum 50 people. Masks must be worn when physical distancing cannot be maintained.
<table>
<thead>
<tr>
<th>Northwest Territories 43, 44, 45</th>
<th>Hotels &amp; Accommodation</th>
<th>Restaurants &amp; Dining</th>
<th>Activities &amp; Attractions</th>
<th>Large Gatherings/Conferences</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Northwest Territories</strong> is in the Indoor Gatherings phase of its reopening plan, <em>Emerging Wisely and Step by Step Together</em>. People can request a voluntary <em>Proof of Vaccine Credential</em> from the Government of the Northwest Territories. Masks are mandatory throughout the Northwest Territories in indoor public spaces.</td>
<td>Accommodations are open with control/safety measures in place.</td>
<td>Restaurants, bars and lounges can have up to 25 people indoors and up to 50 people outdoors, with 2-metre physical distancing in place. The Chief Public Health Officer must <em>approve</em> numbers higher than this, with one condition that people over the age of 12 show proof of full vaccination to access these places. <strong>As of January 4:</strong> Bars, lounges and similar establishments are limited to 6 people per table, with no mingling of guests.</td>
<td>Businesses and enterprises can have up to 25 people indoors and up to 50 people outdoors, with 2-metre physical distancing in place. The Chief Public Health Officer must <em>approve</em> numbers higher than this, with one condition that people over the age of 12 show proof of full vaccination to access these places. <strong>As of January 4:</strong> Indoor private gatherings may have up to 10 people with a maximum of 5 non-household members, regardless of vaccination status. Public gatherings can have up to 25 people indoors and up to 50 people outdoors, with 2-metre physical distancing in place. The Chief Public Health Officer must <em>approve</em> public gatherings larger than this, with one condition that all participants over the age of 12 show proof of full vaccination to participate.</td>
<td></td>
</tr>
<tr>
<td><strong>Nunavut</strong> 46, 47</td>
<td><strong>Masks are mandatory across Nunavut.</strong></td>
<td><strong>As of December 30:</strong> Restaurants are restricted to takeout only. Bars are closed.</td>
<td><strong>As of December 30:</strong> Essential businesses and services are open. All non-essential businesses and services are closed.</td>
<td><strong>As of December 30:</strong> Gatherings in homes are prohibited. Indoor public gatherings in community halls, conference spaces, and within government and Inuit organization facilities are prohibited. Outdoor gatherings are limited to 5 people.</td>
</tr>
</tbody>
</table>
I. Travel-Related Measures: In conjunction with provincial and territorial partners, Destination Canada has sourced information directly from provincial and territorial government websites; additional insights are provided by provincial and territorial partners where relevant or where information from official sources is incomplete. The intention for this section is to provide the latest available information as of the date of the report. Given the evolving nature of these measures and phased opening strategies, readers are encouraged to seek information from official government sources for the most current information.

Sources:
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https://www.gov.nl.ca/covid-19/alert-levels/alert-level-4/

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40 Government of Yukon, Forging Ahead, The Yukon’s Continuing Response to COVID-19, August 20, 2021

41 Government of Yukon, Current COVID-19 restrictions, January 13, 2022

42 Government of Yukon, Current COVID-19 restrictions, December 31, 2021

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