COVID-19 Impact and Recovery Report: Travel-Related Measures
Updated: July 7, 2021

This document provides an evergreen assessment of the situation in Canada. It has the following sections:

1. Travel-Related Measures: A summary of the travel and tourism-related measures in place in each province and territory. A map outlining the current travel restrictions and self-isolation requirements is available on Destination Canada’s website: https://caen-keepeexploring.canada.travel/canada-nice#canadamap

2. Methodological Notes: An explanation of the methodologies in the different sections and relevant sources.

1. TRAVEL-RELATED MEASURES

In addition to a federal government requirement mandating testing procedures and 14-day self-isolation for those who are eligible to enter Canada¹, individual provinces and territories have implemented measures on travel between provinces and territories. The below table outlines self-isolation requirements for domestic travellers entering into each province or territory, as well as restrictions on travel across provincial and territorial borders. Tracking these measures is challenging given the fluid nature of COVID-19. This information was collected by provincial and territorial tourism marketing authorities and relevant tourism departments and current as of July 7, 2021.

**Travel Measures**

<table>
<thead>
<tr>
<th>Traveller self-isolation required?</th>
<th>Travel restrictions?</th>
</tr>
</thead>
<tbody>
<tr>
<td>British Columbia 2, 3</td>
<td>No self-isolation for domestic travellers entering British Columbia.</td>
</tr>
<tr>
<td>Alberta</td>
<td>No self-isolation for domestic travellers entering Alberta.</td>
</tr>
<tr>
<td>Saskatchewan</td>
<td>No self-isolation for domestic travellers entering Saskatchewan.</td>
</tr>
<tr>
<td>Manitoba 4</td>
<td>As of June 10, 14-day self-isolation is required for all domestic travellers entering Manitoba, except for people who are fully vaccinated, essential workers and specific exceptions.</td>
</tr>
<tr>
<td>Ontario 5, 6</td>
<td>14-day self-isolation strongly advised for all travellers entering Ontario.</td>
</tr>
<tr>
<td>Quebec 7</td>
<td>No self-isolation required for domestic travellers entering Quebec.</td>
</tr>
<tr>
<td>New Brunswick 8</td>
<td>As of June 17, residents of Atlantic Canada (Nova Scotia, New Brunswick, Prince Edward Island and Newfoundland and Labrador) plus Avignon and Témiscouata counties in Quebec are not required to self-isolate upon entering New Brunswick; cross-border commuters and truck drivers are no longer required to self-isolate. Canadian travellers with at least 1 dose of vaccine are not required to self-isolate. Canadian travellers without a vaccine must self-isolate upon entering New Brunswick, with testing on day 5-7 and release with a negative test.</td>
</tr>
</tbody>
</table>

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¹ Please source this document as "COVID-19 Impact and Recovery Report: Travel Related Measures, Updated: July 7, 2021, Destination Canada"
<table>
<thead>
<tr>
<th>Traveler self-isolation required?</th>
<th>Travel restrictions?</th>
</tr>
</thead>
<tbody>
<tr>
<td>Nova Scotia 9, 10</td>
<td>As of June 30, there are no travel restrictions for travellers from Prince Edward Island, Newfoundland and Labrador, and New Brunswick.</td>
</tr>
<tr>
<td></td>
<td>Travelers from other Canadian provinces and territories follow self-isolation protocol dependent on vaccination status: 2 doses at least 14 days before arrival = no self-isolation; 1 dose at least 14 days before arrival = 7-day self-isolation.</td>
</tr>
<tr>
<td>Prince Edward Island 11, 12</td>
<td>As of June 27, partially or fully vaccinated people travelling to Prince Edward Island from within Atlantic Canada or the Magdalen Islands and who have a PEI Pass will not have to isolate, subject to rapid testing at point of entry. Vaccinated PEI residents will be able to travel within Atlantic Canada and not have to self-isolate when they return to PEI, subject to testing. Unvaccinated visitors from Atlantic Canada and unvaccinated residents will be required to complete a declaration and isolate for 8 days, with testing at point of entry and on day 8. It is important to note, you must have received your vaccine at least 21 days prior to arrival on PEI. Currently, there is an 8-day self-isolation for all admitted travellers entering Prince Edward Island from within Atlantic Canada. As of July 18, fully vaccinated people travelling to Prince Edward Island from within Canada, but outside of Atlantic Canada, and who have a PEI Pass will not have to isolate, subject to rapid testing at point of entry. Vaccinated PEI residents will be able to travel within Canada and not have to self-isolate when they return to PEI, subject to testing. Unvaccinated residents and visitors from within Canada will be required to complete a declaration and isolate for 8 days, with testing at point of entry and on day 8.</td>
</tr>
<tr>
<td>Newfoundland and Labrador 13</td>
<td>As of June 23, permanent residents of Atlantic Canada who have not travelled beyond Atlantic Canada in the last 14 days are not required to self-isolate regardless of vaccination status. As of July 1, fully vaccinated Canadians resident have no testing or self-isolation requirements. Partially vaccinated Canadians must present a negative test result administered within 72 hours of arrival, or self-isolate following arrival until receipt of a negative test result. Unvaccinated Canadians must self-isolate for 14 days. Mixed groups of vaccinated and unvaccinated adult travellers must follow the rules for unvaccinated travellers.</td>
</tr>
<tr>
<td>Yukon 14, 15, 16</td>
<td>As of June 18, children under 12 will not have to self-isolate if travelling with a fully vaccinated parent or caregiver. Mandatory 14-day self-isolation for all travellers who are not fully vaccinated entering Yukon with few exceptions: self-isolation may occur at that residence.</td>
</tr>
<tr>
<td>Northwest Territories 17, 18</td>
<td>As of June 22, no self-isolation required for fully vaccinated admitted travellers into the Northwest Territories (residents, non-resident essential workers or travellers with an exemption). Fully vaccinated travellers going to communities other than Yellowknife, Inuvik, Fort Smith, Hay River, Fort Simpson and Norman Wells require a COVID-19 test on days 1 and day 14. Mandatory 8-day self-isolation for partially vaccinated admitted travellers with a COVID-19 test on day 8. Mandatory 10-day self-isolation for unvaccinated admitted travellers, including children under 12 and household members who did not travel with a COVID-19 test on day 10. Leisure travel into the Northwest Territories by non-residents is not permitted. Exemptions are considered for compassionate reasons, family reunification, exceptional circumstances, travel from Nunavut or Yukon, and remote tourism with tourism operators with plans approved by ProtectNWT.</td>
</tr>
<tr>
<td>Nunavut 19</td>
<td>As of June 14, no self-isolation is required for admitted travellers who are fully vaccinated, with proof of vaccination. Mandatory 14-day self-isolation for all travellers returning to their home communities from Iqaluit, except for fully vaccinated travellers. Mandatory 14-day self-isolation for all admitted travellers prior to boarding a plane to Nunavut, except for those travelling directly from Churchill, Manitoba and Northwest Territories; mandatory isolation must occur in government designated sites in Edmonton, Winnipeg, Ottawa or Yellowknife. Common travel area with Churchill, Manitoba and Northwest Territories; prohibition on all other travel into Nunavut, except residents and critical workers who require written permission from the territory’s Chief Public Health Officer to enter. Non-essential travel within Nunavut is not recommended.</td>
</tr>
</tbody>
</table>

Legend:  
- No measures in place  
- Some form of measures in place  
- As of July 5, Nova Scotia is aligned with the Government of Canada protocol for international travellers and has no additional restrictions.
Most Parks Canada places will be open and welcoming visitors with adjustments to access and services. Access to visitor facilities and services may be limited. Please consult the Parks Canada website for an updated list of specific Parks Canada locations with special instructions: https://www.pc.gc.ca/en/voyage-travel/secu.re-safety/covid-19-info#locations

Most provinces and territories have implemented a framework to guide re-opening strategies catered to their individual circumstances. Since each province and territory is starting from a different baseline to implement the reopening of their local economy, the phases and stages are not congruent across jurisdictions. The table below outlines the current status of restrictions on tourism-related sectors as of July 7, 2021. Unless noted, persons must gather and business must operate with sufficient social distancing measures in place. Many destinations require non-medical masks to be worn and all visitors should plan on having masks ready if needed.

### Tourism Related Measures

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<thead>
<tr>
<th>Current Phase/Stage</th>
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<th>Restaurants &amp; Dining</th>
<th>Activities &amp; Attractions</th>
<th>Large Gatherings/ Conferences</th>
</tr>
</thead>
<tbody>
<tr>
<td>British Columbia 26, 27, 28</td>
<td>Accommodations are open unless they have decided to close due to lack of demand/low occupancy/health concerns.</td>
<td>As of July 1, all restaurants, cafes, pubs, breweries and nightclubs can resume regular operations with the exceptions of no socializing between tables and no dancing.</td>
<td>As of July 1, businesses are beginning their transition from a COVID-19 Safety Plan to a communicable disease plan. Some safety measures will remain, like physical barriers. Casinos are open at reduced capacity. It is recommended to check with the facility or tourism operator directly to confirm its status.</td>
<td>As of July 1, all public health measures have been lifted for indoor and outdoor personal gatherings.</td>
</tr>
<tr>
<td>Alberta 23</td>
<td>As of July 1, Alberta is in Stage 3 of the Re-Opening Roadmap. The province will enter Stage 3 on July 11. At this time, all public health orders will be lifted, including the removal of the province-wide mandatory masking order.</td>
<td>As of July 1, all retail businesses, plus entertainment businesses and entities, including casinos, theatres, museums and galleries, can resume regular operations. Outdoor spaces and parks are open.</td>
<td>As of July 1, all public health measures have been lifted for private and public gatherings.</td>
<td></td>
</tr>
<tr>
<td>Saskatchewan 24</td>
<td>Accommodations are open unless they have decided to close due to lack of demand/low occupancy/health concerns.</td>
<td>As of July 11: All restaurants and licenced establishments, including nightclubs, can resume regular operations.</td>
<td>All businesses and enterprises can operate with adherence to the Re-Open Saskatchewan Plan with sufficient distancing measures. Arenas, movie theatres, performing arts venues, art galleries and casinos can open to maximum 150 people with sufficient distancing measures. Entertainment transportation is not permitted.</td>
<td>As of July 1, all public health measures have been lifted for indoor and outdoor gatherings.</td>
</tr>
<tr>
<td>Manitoba 25, 26</td>
<td>Accommodations are open unless they have decided to close due to lack of demand/low occupancy/health concerns. Conference rooms and recreational facilities are not permitted for use.</td>
<td>As of June 26, restaurants and bars can open for indoor dining at maximum 25% capacity and outdoor dining at maximum 50% capacity. For indoor dining, patrons seated together must be from the same household unless everyone at the table is fully immunized, in which case people from different households may dine together. For outdoor dining, a maximum of 8 people from different households can be seated at one table regardless of immunization status.</td>
<td>As of June 26, retail operations can open to maximum 25% capacity or 250 people, whichever is less. All museums, galleries, casinos, movie theatres and concert halls remain closed.</td>
<td>As of July 11: All public health measures will be lifted for indoor and outdoor gatherings.</td>
</tr>
</tbody>
</table>

As of June 26, Manitoba is in Milestone 5 of the 4.3.2.1.0 Great Saskatchewan Reopening Plan.

Saskatchewan is in Stage 2 of the Re-Opening Roadmap. The province will enter Stage 3 on July 7.

As of June 26, Manitoba is in Milestone 1 of the 4.3.2.1.0 Great Summer Reopening Plan.

As of June 26, Manitoba is in Milestone 0 of the 4.3.2.1.0 Great Summer Reopening Plan.
<table>
<thead>
<tr>
<th>Province</th>
<th>Phase/Stage</th>
<th>Current Phase/Stage</th>
<th>Hotels &amp; Accommodation</th>
<th>Restaurants &amp; Dining</th>
<th>Activities &amp; Attractions</th>
<th>Large Gatherings/Conferences</th>
</tr>
</thead>
<tbody>
<tr>
<td>Ontario</td>
<td>4, 27, 28</td>
<td>As of June 30, Ontario is in <strong>Phase 2</strong> of its 3-phase provincial reopening plan, <em>Path to Reopen</em>.</td>
<td>As of June 30, hotels, motels, lodges, cabins, cottages, reservos student residences and other shared rental accommodations can operate but indoor recreational facilities remain closed. Short-term rentals can open but indoor recreational facilities remain closed. Overnight camping at campgrounds and campgrounds, including in Ontario Parks, can open with restrictions on indoor facilities and amenities.</td>
<td>As of June 30, outdoor dining can open at restaurants, bars and other food or drink establishments with up 6 people per table. Indoor dining is prohibited. Nightclubs are only permitted to open if they operate as a restaurant for paito service.</td>
<td>As of June 30, essential retail can open to 50% capacity and most non-essential retail can open to maximum 25% capacity. Retail stores in malls may open with restrictions. Outdoor amusement parks and waterparks can open to maximum 25% capacity with restrictions. Outdoor performing arts venues (including live music) and outdoor cinemas can open to maximum 25% audience capacity with restrictions. Drive in theatres can open with restrictions. Indoor concert venues, theatres, cinemas, casinos, museums and other indoor cultural amenities remain closed. Outdoor zoos, landmarks, historic sites and gardens can open to maximum 25% capacity. Group tours are limited to 10 people. Outdoor tour guide services (e.g. guided hunting trips, fish charters, trail riding tours, walking tours, bicycle tours) plus tastings and tours for wineries, breweries and distilleries can open with conditions. Outdoor boat tours are permitted to maximum 25% capacity with restrictions. Outdoor recreational amenities such as golf courses and driving ranges can open with restrictions in place such as physical distancing.</td>
<td>As of June 30, indoor social and organized gatherings can have up to 5 people. Outdoor social and organized gatherings can have up to 25 people with physical distancing. Indoor meeting and event spaces are closed with limited exceptions. Outdoor meeting and events are allowed to maximum 25% capacity with distancing measures in place.</td>
</tr>
<tr>
<td>Quebec</td>
<td>29, 30, 31</td>
<td>Quebec’s reopening plan is in effect. As of June 28, all regions are in <strong>Level 1 – Vigilance</strong> (green) of Quebec’s <em>Government Alert System</em>.</td>
<td>Accommodations are open unless they have decided to close due to lack of demand/low occupancy/concerns.</td>
<td>Restaurant indoor dining can have up to 10 people or 3 private residences per table. Outdoor dining can have up to 20 people per table. Bars, breweries, taverns and casinos can open to maximum 50% capacity; alcohol sales must cease at 12am and establishments must close by 2am. Outdoor patios can have up to 25 people per table. All establishments are required to capture the contact information of patrons.</td>
<td>Most businesses can operate with distancing measures in place. This includes retail stores, cinemas, theatres, casinos, amusement centres, museums, zoos, aquariums, saunas and spas. As of July 12, capacity restrictions will be lifted for retail stores.</td>
<td>As of June 25, private indoor gatherings can have up to 10 people from different households or all occupants of 3 households. Private outdoor gatherings can have up to 20 people from different households or all occupants of 3 households. People who have received two doses of vaccine can gather in private homes without distancing measures or masks. Organized activities in indoor public settings can have up to 25 people with physical distancing in place. Organized activities in outdoor public settings can have up to 50 people. Indoor auditoriums and stadiums with assigned seats can have a maximum audience of 3,000 people. Outdoor auditoriums and stadiums with assigned seats can have a maximum audience of 5,000 people. Festivals and major outdoor events without assigned seats but where the audience has reservations can be held with distancing measures in place. Meetings and conventions can have a maximum of 250 seated participants.</td>
</tr>
<tr>
<td>New Brunswick</td>
<td>32, 33</td>
<td>As of June 17, New Brunswick is in <strong>Phase 2</strong> of its 3-phase provincial reopening plan, <em>Path to Reopen</em>.</td>
<td>Accommodations are open unless they have decided to close due to lack of demand/low occupancy/concerns.</td>
<td>As of June 17, restaurants, brewpubs and taprooms can operate at full capacity with sufficient distancing measures; venues are required to capture the contact info of patrons and masks must be worn when distance is not two meters and when not eating/drinking.</td>
<td>All businesses and enterprises are permitted to operate with adherence to <em>WorkSafeNB</em> guidelines and health measures related to their area of activity; all businesses must have a COVID-19 operational plan in place. Most parks, beaches and outdoor spaces are open. It is recommended to check with the facility or tourism operator directly to confirm its status.</td>
<td>As of June 17, informal indoor gatherings can have up to 20 people. Informal outdoor gatherings (no maximum capacity) are permitted with social distancing in place. Formal indoor gatherings can have maximum 50% capacity with an operation plan in place. Formal outdoor gatherings are permitted to maximum capacity with social distancing and an operational plan in place.</td>
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**Hotels & Accommodation**
- Accommodations are open unless they have decided to close due to lack of demand/low occupancy/health concerns.
- Both provincial and private campgrounds may open.

**Restaurants & Dining**
- Restaurants and liquor stores can open for outdoor seating.
- Both provincial and private campgrounds may open.
- Some dine-in restaurants may open for indoor seating.
- Retail stores, museums, and galleries can operate with restrictions on closing time.
- Retail stores, museums, and galleries can operate with restricted capacity.
- Retail stores, museums, and galleries can operate with reduced capacity.

**Activities & Attractions**
- All businesses and enterprises are permitted to operate with adherence to health measures and following sectoral guidelines.
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- All businesses and enterprises are permitted to operate with adherence to health measures and following sectoral guidelines.

**Large Gatherings/Conferences**
- Formal gatherings (i.e. festivals, events, and meetings) when hosted by a recognized business can have maximum capacity up to 100 people outdoors.
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## Current Phase/Stage

<table>
<thead>
<tr>
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</tr>
</thead>
<tbody>
<tr>
<td>Hotels &amp; Accommodation</td>
</tr>
</tbody>
</table>

**Iqaluit:**
- As of July 2, food service and licenced establishments may open to maximum 25% capacity or 25 people, whichever is less.
- All other communities:
  - As of June 25, food service and licenced establishments may open for regular business to maximum 50% capacity and up to 6 patrons seated per table.

**Nunavut:**
- Every two weeks the Chief Public Health Officer will decide which measures can be eased, maintained or if additional restrictions are needed.

Accommodations are open unless they have decided to close due to lack of demand/low occupancy/health concerns.

**Iqaluit:**
- As of July 2, businesses can open with sufficient physical distancing. Galleries, museums and theatres can open to maximum 50% capacity or 25 people, whichever is less. No group tours. All municipal and territorial parks may open. Buildings remain closed. Arenas can open to maximum 50% capacity or 50 people, whichever is less.
- All other communities:
  - As of June 25, businesses can open with sufficient physical distancing. Galleries and museums can open to maximum 50% capacity or up to 25 people, with group tours limited to 25 people. Theatres can open to maximum 75% capacity or up to 100 people. All municipal and territorial parks may open. Arenas can open to maximum 50% capacity or up to 50 people.

**Iqaluit:**
- As of July 2, gatherings in homes are limited to a household plus 10 people for emergencies only. Outdoor gatherings can have up to 50 people. Indoor gatherings outside of homes can have maximum 50% capacity or 50 people, whichever is less. Indoor gatherings in community halls, conference spaces, and within government and Inuit organization facilities can have up maximum 50% capacity or 25 people.
- All other communities:
  - As of June 25, outdoor gatherings are restricted to a household plus 15 people. Outdoor gatherings can have up to 100 people. Indoor gatherings outside of homes can have maximum 15 people. Indoor gatherings in community halls, conference spaces, and within government and Inuit organization facilities can have up maximum 75% capacity or 100 people.
I. Travel-Related Measures: In conjunction with provincial and territorial partners, Destination Canada has sourced information directly from provincial and territorial government websites; additional insights are provided by provincial and territorial partners where relevant or where information from official sources is incomplete. The intention for this section is to provide the latest available information as of the date of the report. Given the evolving nature of these measures and phased opening strategies, readers are encouraged to seek information from official government sources for the most current information.

Sources:
2. Government of British Columbia, Province-wide restrictions, July 7, 2021 https://www2.gov.bc.ca/gov/content/safety/emergency-preparedness-response-recovery/covid-19/provincial-support/restrictions
20. Government of British Columbia, Province-wide restrictions, July 7, 2021 https://www2.gov.bc.ca/gov/content/covid-19/info/restrictions
22. BC Parks, Reservation Information, July 7, 2021 https://bcparks.ca/reserve/