COVID-19 Impact and Recovery Report: Travel-Related Measures
Updated: May 19, 2021

This document provides an evergreen assessment of the situation in Canada. It has the following sections:

1. Travel-Related Measures: A summary of the travel and tourism-related measures in place in each province and territory. A map outlining the current travel restrictions and self-isolation requirements is available on Destination Canada’s website: https://caen-keeexploring.canada.travel/canada-nice#canadacanada

2. Methodological Notes: An explanation of the methodologies in the different sections and relevant sources.

1. TRAVEL-RELATED MEASURES

In addition to a federal government requirement mandating testing procedures and 14-day self-isolation for those who are eligible to enter Canada1, individual provinces and territories have implemented measures on travel between provinces and territories. The below table outlines self-isolation requirements for domestic travellers entering into each province or territory, as well as restrictions on travel across provincial and territorial borders. Tracking these measures is challenging given the fluid nature of COVID-19. This information was collected by provincial and territorial tourism marketing authorities and relevant tourism departments and current as of May 19, 2021.

### Travel Measures

<table>
<thead>
<tr>
<th>Traveller self-isolation required?</th>
<th>Travel restrictions?</th>
</tr>
</thead>
<tbody>
<tr>
<td>British Columbia 2, 3, 4</td>
<td>X</td>
</tr>
<tr>
<td>No self-isolation for domestic travellers entering British Columbia.</td>
<td>As of April 23, the following travel restrictions are in place: Non-essential travel is prohibited within the province and between three regions: Lower Mainland/Fraser Valley, Northern/Interior (including Bella Coola Valley, Central Coast and Hope) and Vancouver Island. Travel on BC Ferries is for essential reasons only. People travelling to British Columbia from another province or territory for essential travel are expected to follow the same travel and public health guidelines while in the province. Whistler Blackcomb ski resort is closed. All non-resident travel to Haida Gwaii is restricted.</td>
</tr>
<tr>
<td>Alberta</td>
<td>X</td>
</tr>
<tr>
<td>No self-isolation for domestic travellers entering Alberta.</td>
<td>No travel restrictions for domestic travellers entering Alberta.</td>
</tr>
<tr>
<td>Saskatchewan 5</td>
<td></td>
</tr>
<tr>
<td>No self-isolation for domestic travellers entering Saskatchewan.</td>
<td>No travel restrictions for domestic travellers entering Saskatchewan.</td>
</tr>
<tr>
<td>Manitoba 6</td>
<td>X</td>
</tr>
<tr>
<td>14-day self-isolation is required for all domestic travellers entering Manitoba, except for essential workers and specific exceptions.</td>
<td>No travel restrictions for domestic travellers entering Manitoba, but 14-day self-isolation required. Travel to and from northern Manitoba is restricted and non-essential travel is discouraged.</td>
</tr>
<tr>
<td>Ontario 7, 8, 9</td>
<td>X</td>
</tr>
<tr>
<td>14-day self-isolation strongly advised for all travellers entering Ontario.</td>
<td>Ontario is restricting travel from Manitoba and Quebec with the exception of purposes such as work and education, health-care services, transportation, and delivery of goods and services. Travel between regions within Ontario should only be for essential purposes. Based on community needs, some municipalities and local medical officers of health have exercised their authority to implement more restrictions or requirements; it is advised to check status before travelling.</td>
</tr>
<tr>
<td>Quebec 10, 11, 12, 13</td>
<td>X</td>
</tr>
<tr>
<td>Mandatory 14-day quarantine for Quebec residents returning from Ontario except for purposes such as work, education, delivery of essential services and obtaining necessary health-care services unavailable in Quebec.</td>
<td>Quebec is restricting travel from Ontario with the exception of returning Quebec residents; purposes such as work, education or delivery of essential services; and those who need to transit through Quebec to another province. Travel between regions within Quebec should only be for essential purposes. A curfew is in effect from 9:30pm to 5am for both Level 4 - Maximum Alert (red) zones and Level 3 - Alert (orange) zones (lifted May 28). People are prohibited to move outside of their homes during these hours with few exceptions (e.g. going to work or medical reasons). Special emergency measures are in place for parts of the Chaudière-Appalaches, Outaouais, Bas-Saint-Laurent and Estrie regions, including a curfew of 8pm to 5am (lifted May 28). See the Alert Levels map for details.</td>
</tr>
</tbody>
</table>

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[1] Please source this document as "COVID-19 Impact and Recovery Report: Travel Related Measures, Updated: May 19, 2021, Destination Canada"
| New Brunswick | 14-day self-isolation for all domestic travellers entering New Brunswick, except for specific exemptions. | Prohibition on non-essential travel into New Brunswick for all domestic travellers, except for workers and other specific exemptions (e.g. medical reasons) and Quebec residents from Listuguj First Nation and Pointe-a-la-Croix who have pre-registered and been approved to enter for essential services. |
| Nova Scotia | 14-day self-isolation for admitted travellers to Nova Scotia. Rotational workers may enter modified self-isolation following a negative COVID-19 test, excluding workers coming from an identified outbreak zone, who must follow full 14-day self-isolation. | As of May 10, prohibition on non-essential travel into Nova Scotia. Permanent residents of Nova Scotia will not be refused entry, but are strongly advised to not travel outside the province. People in all areas of the province are advised to avoid non-essential travel outside their own community. |
| Prince Edward Island | 14-day self-isolation for all admitted travellers entering Prince Edward Island, except for exempt essential workers and Prince Edward Island residents travelling for essential purposes (e.g. medical appointment) who return the same day. | Prohibition on non-essential travel into Prince Edward Island; non-residents must apply for pre-travel approval, including a 14-day self-isolation plan; exception for Quebec residents going to the Magdalen Islands. |
| Newfoundland and Labrador | 14-day self-isolation for all travellers entering Newfoundland and Labrador (some exceptions for essential workers). | Some travel to Prince Edward Island is paused for non-island residents from outside of the Atlantic provinces as follows: seasonal residents, family connections, visitors staying at a remote site with a registered operator, and travel to Nunavut, those travelling to Prince Edward Island, unless moving for work or school purposes. As of June 8, staggered entrances begins for family connections, seasonal residents and permanent relocation. Those arriving from outside of the Atlantic provinces must present a negative COVID-19 test result taken within 72 hours of arrival. Families arriving and isolating together will require two tests per family. |
| Yukon | As of May 25, domestic travellers who are fully vaccinated with a Health Canada-approved vaccine may enter Yukon without self-isolating, providing their vaccination status can be confirmed. Mandatory 14-day self-isolation for all non-vaccinated domestic travellers entering Yukon, except residents of border areas and critical service workers from British Columbia, Northwest Territories and Nunavut; non-vaccinated critical service workers entering Yukon from all other Canadian jurisdictions must self-isolate; self-isolation must occur in Whitehorse unless visiting a family member (in which case self-isolation may occur at their residence). | Entry permitted for Canadians following self-isolation requirements (fully vaccinated domestic travellers not required to isolate); enforcement at land borders and airport; mandatory travel routes for transiting through Yukon. Several First Nations governments and communities currently have travel advisories in place. Travellers are asked to limit travel to Yukon communities and travel respectfully. The government does not recommend non-essential travel to the territory. |
| Northwest Territories | Mandatory 14-day self-isolation for all admitted travellers to the Northwest Territories, who must self-isolate in Yellowknife, Hay River, Inuvik, Fort Smith, Fort Simpson or Norman Wells. Designated isolation centres are located in Yellowknife, Hay River, Inuvik and Fort Smith. Fully vaccinated travellers can get tested for COVID-19 on the 8th day of self-isolation; if results are negative only self-monitoring is required for the remainder of the 14 days. | Travel restrictions for anyone travelling to the Northwest Territories; entry permitted for Northwest Territories residents or those coming to the Northwest Territories to live, work, study or support essential workers. Entry also permitted to out-of-territory visitors staying at a remote site with a Northwest Territories tourism operator with approved Remote Tourism Operators COVID-19 Operations Plan. Exemptions to travel restrictions may be granted for critical or essential workers; exceptional circumstances, family travel, visitors from Nunavut, those travelling for traditional harvest purposes or those transiting through the Northwest Territories to other provinces or territories. |
| Nunavut | As of May 4, mandatory 14-day self-isolation for all travellers entering from the Northwest Territories. | As of April 26, travel to and from Iqaluit is restricted. Travel bubble with Churchill, Manitoba, whereby no isolation required if travelling directly from Churchill; prohibition on all other travel into Nunavut, except residents and critical workers who require written permission from the territory’s Chief Public Health Officer to enter. Non-essential travel within Nunavut is not recommended. |

Legend:  
- No measures in place 🏡  
- Some form of measures in place ✗
While some Parks Canada places remain open, others are fully or partially closed. Access to visitor facilities and services may be limited. Please consult the Parks Canada website for an updated list of specific Parks Canada locations with special instructions: https://www.pc.gc.ca/en/voyage-travel/securite-safety/covid-19-infoplaces

Most provinces and territories have implemented a framework to guide re-opening strategies catered to their individual circumstances. Since each province and territory is starting from a different baseline to implement the reopening of their local economy, the phases and stages are not congruent across jurisdictions. The table below outlines the current status of restrictions on tourism-related sectors as of May 19, 2021. Unless noted, persons must gather and business must operate with sufficient social distancing measures in place. Many destinations require non-medical masks to be worn and all visitors should plan on having masks ready if needed.

### Tourism Related Measures

<table>
<thead>
<tr>
<th>Province</th>
<th>Current Phase/Stage</th>
<th>Hotels &amp; Accommodation</th>
<th>Restaurants &amp; Dining</th>
<th>Activities &amp; Attractions</th>
<th>Large Gatherings/Conferences</th>
</tr>
</thead>
<tbody>
<tr>
<td>British Columbia</td>
<td>As of April 23, accommodation providers will not accept reservations from BC residents outside of their defined region of residence. Accommodations are open unless they have decided to close due to lack of demand/lower occupancy concerns. Accommodations are limited to those who reside together, or if a person lives on their own, up to two other persons with whom the person regularly interacts. Indoor dining is closed in restaurants, cafés, pubs and breweries. Outdoor dining with sufficient distancing measures is permitted; patrons must only dine with individuals from their household or core bubble if they live alone; patrons who remain on premises after being served must be seated. Liquor sales in all bars, lounges, pubs and restaurants must stop at 10 pm and establishments must close by 11 pm (unless full meal service is available). Banquet halls are closed until further notice.</td>
<td>The phased approach to BC’s Restart Plan is on pause for the duration of province-wide restrictions.</td>
<td>Most businesses and enterprises are permitted to operate with adherence to WorkSafeBC protocols and a COVID-19 Safety Plan in place. Exclusions include casinos and nightclubs, which are closed until further notice. In-person events and community-based gatherings are suspended; this includes seasonal activities such as indoor and outdoor events (with the exception of drive-in and drop-off events), musical or theatre performances, and movie viewings in cinemas. Most parks, beaches and outdoor spaces are open. It is recommended to check with the facility or tourism operator directly to confirm its status.</td>
<td>Outdoor gatherings are permitted to a maximum of 10 people (parks, beaches, backyards only; no restaurant patios). Indoor social gatherings of any size are not permitted with anyone other than those within a core bubble (core bubble includes immediate family or people in the same dwelling). As a some a core bubble may be defined a partner, relative, friend or co-parent who lives in a different household. Business meetings (outside the workplace) and conferences are prohibited.</td>
<td></td>
</tr>
<tr>
<td>Alberta</td>
<td>As of May 5, Alberta is implementing additional measures for high case regions. Alberta is implementing a “4 Path Forward” road map based on hospitalization benchmarks. There are 4 Steps in total. Alberta is in Step 1. As of May 10, all restaurants, bars, lounges and cafes can open for takeout and delivery only.</td>
<td></td>
<td>As of May 5 in high case regions: All retail businesses are limited to 10% capacity. All other regions: All retail businesses are limited to 15% capacity.</td>
<td>As of May 5 in high case regions: Outdoor social gatherings can have up to 5 people from a maximum of 2 households. All other regions: Outdoor social gatherings can have up to 10 people.</td>
<td></td>
</tr>
<tr>
<td>Saskatchewan</td>
<td>Saskatchewan is implementing a Re- Opening Hostel Plan. Based on a Three-Step Plan that will move forward as province reaches vaccination targets. All current public health orders will remain in place until reviewed as part of implementing Step One. Accommodations are open unless they have decided to close due to lack of demand/lower occupancy concerns.</td>
<td>Dine-in can open for all restaurants and licensed establishments with sufficient distancing measures and a maximum of 4 people per table; establishments are required to capture contact information of patrons. Takeout and delivery are also permitted.</td>
<td></td>
<td>Regina area: All venues including, arts venues, museums, live theatre, cinemas, nightclubs or any non-essential indoor location that had limits of 30 people may not be present or served.</td>
<td>Regina area: All private indoor gatherings are prohibited; residents may not expand their household bubble; banquet halls and conference facilities must close.</td>
</tr>
</tbody>
</table>
### Current Phase/Stage

<table>
<thead>
<tr>
<th>Province</th>
<th>Accommodations</th>
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</tr>
</thead>
<tbody>
<tr>
<td>Manitoba</td>
<td>Accommodations are open unless they have decided to close due to lack of demand/low occupancy/health concerns. Conference rooms and recreational facilities are closed.</td>
<td>As of May 9, all restaurants and bars are closed to in-person service; only takeout, drive-thru and delivery are permitted.</td>
<td>As of May 9, retail operations are permitted to open for in-person shopping up to 10% capacity to a maximum of 100 people. All museums and galleries must close. All casinos, movie theatres and concert halls remain closed.</td>
<td>As of May 9, private gatherings indoors or outdoors are prohibited. As of May 22, outdoor gatherings are limited to people in the same household.</td>
</tr>
<tr>
<td>Ontario</td>
<td>The province-wide Stay-at-Home order, requires everyone to remain at home except for essential purposes.</td>
<td>Restaurants, bars and other food or drink establishments will be permitted to operate by take-out, drive-thru, and delivery only. Indoor and outdoor dining is prohibited.</td>
<td>The majority of non-essential retail can only operate for curbside delivery and pickup; during the 8pm to 9:30pm evening time and delivery only.</td>
<td>Indoor organized public events and social gatherings are prohibited. All outdoor social gatherings and organized public events are prohibited, except for with members of the same household or one other person from outside that household who lives alone or a caregiver for any member of the household.</td>
</tr>
<tr>
<td>Quebec</td>
<td>Accommodations are open unless they have decided to close due to lack of demand/low occupancy/health concerns.</td>
<td>Red regions: All restaurants and bars are closed to in-person service; only takeout, drive-thru and delivery are permitted. During the 9pm to 5am curfew (lifted May 28), only delivery service is allowed.</td>
<td>Red regions: All businesses are permitted to open (with restricted capacity); all businesses must close by 9pm to abide by the 9:30pm curfew (lifted May 28).</td>
<td>All private gatherings are prohibited; all activities organized in a public place are prohibited. As of May 28, outdoor gatherings will be permitted on private property with a maximum of 8 people.</td>
</tr>
</tbody>
</table>

### Quebec

**Regional Alert System in place.**

- **Red regions:** All restaurants and bars are closed to in-person service; only takeout, drive-thru and delivery are permitted. During the 9pm to 5am curfew (lifted May 28), only delivery service is allowed.
- **Orange regions:** Drive-in can open for restaurants but bars are closed; maximum of 2 adults per table, who may be accompanied by their children under the age of 18. During the 9:30pm to 5am curfew (lifted May 28), only delivery service is allowed.
- **Yellow regions:** All businesses must close by 8pm to 9pm. All outdoor social gatherings and organized public events are prohibited, except for with members of the same household or one other person from outside that household who lives alone or a caregiver for any member of the household.

**Special emergency measures:** In effect, including a lifting of curfews in all regions.

**COVID-19 Support Plan:** Keeping Ontario Moving. KeepingOntarioOpenAndOpen is a campaign to help businesses reopen. For current region classifications, see Alert levels map.

**Special emergency measures:** in place for parts of the Chaudière-Appalaches, Outaouais, Bas-Saint-Laurent and Estrie regions, including a curfew of 8pm to 5am. See the Alert Levels map for details.

**As of May 28, Quebec’s reopening plan goes into effect,** including a lifting of curfews in all regions.

**As of May 28,** Quebec’s reopening plan goes into effect, including a lifting of curfews in all regions.
<table>
<thead>
<tr>
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</thead>
<tbody>
<tr>
<td>New Brunswick 52, 53, 54</td>
<td>Accommodations are open unless they have decided to close due to lack of demand/low occupancy/concerns.</td>
<td>Dine-in can open at restaurants, brewpubs and taprooms with sufficient distancing measures; venues are required to capture the contact info of patrons; patrons must be seated at all times and are restricted to members of a single household bubble and Steady 15.</td>
<td>All businesses and enterprises are permitted to operate with adherence to WorkSafeNB guidelines and health measures related to their area of activity; all businesses must have a COVID-19 operational plan in place.</td>
<td>Single household bubble can include 15 steady contacts from outside your household (&quot;Steady 15&quot;). Informal outdoor gatherings of up to 50 people are permitted with physical distancing; formal outdoor gatherings of up to 50 people are permitted with physical distancing and an operational plan in place.</td>
</tr>
<tr>
<td>Nova Scotia 55, 56</td>
<td>Accommodations are open unless they have decided to close due to lack of demand/low occupancy/concerns.</td>
<td>As of April 28, all restaurants and licensed establishments are closed for indoor and outdoor dine-in service. Contactless takeout or delivery is allowed.</td>
<td>As of April 28, all non-essential indoor services are closed. Stores that provide essential goods or services can open at 25% capacity. All other retail stores are closed for in person shopping, but may offer curbside pickup or delivery. Museums and indoor recreation facilities are closed.</td>
<td>Informal gatherings indoors are permitted only with members of your household and Steady 15; formal gatherings indoors are permitted up to 50% of a venue’s maximum capacity, and require continuous mask use and physical distancing between attendees who are not members all of the same household or Steady 15; venues are required to capture the contact info of attendees.</td>
</tr>
<tr>
<td>Prince Edward Island 57, 58</td>
<td>Accommodations are open unless they have decided to close due to lack of demand/low occupancy/concerns.</td>
<td>Dine-in can open at restaurants and bars with sufficient distancing measures; maximum of 10 patrons per table; establishments must close by 12am; maximum of 50 patrons; 3 additional groups of 50 are permitted with an approved operational plan.</td>
<td>Retail stores, museums and libraries can operate with sufficient distancing measures; movie theatres are limited to 50 people; 3 additional groups of 50 are permitted with an approved operational plan.</td>
<td>Each household can gather with up to 10 individuals indoors or outdoors with their household bubble, the people they live with. Social events, special events, festivals, arts/cultural events, sports events or meetings are prohibited.</td>
</tr>
<tr>
<td>Newfoundland and Labrador 49, 60, 61, 62, 63, 64</td>
<td>Accommodations are open unless they have decided to close due to lack of demand/low occupancy/concerns.</td>
<td>As of May 13 in communities from South Branch to Rose Blanche/Blacks Harbour La Cou; All retail stores can open at 50% capacity; cinemas, performance spaces and arenas are closed.</td>
<td>As of May 13 in communities from South Branch to Rose Blanche/Blacks Harbour La Cou; Retail stores can open at 50% capacity; cinemas, performance spaces and arenas are closed.</td>
<td>The rest of Newfoundland and Labrador: A single household bubble can include up to 20 close, consistent contacts from outside your household (“Steady 20”); informal gatherings are limited to those in the Steady 20. Formal gatherings run by a recognized business or organization can have up to 100 people with sufficient physical distancing in place. Large venues with a capacity of 500 people or more, including theatres and performing arts venues, other entertainment venues and sports venues, may operate at a capacity higher than 100 where an operating plan has been approved by an Environmental Health Officer with Digital Government and Service NL.</td>
</tr>
</tbody>
</table>
### Yukon

<table>
<thead>
<tr>
<th>Current Phase/Stage</th>
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</tr>
</thead>
<tbody>
<tr>
<td>Northwest Territories</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Stage 1 of 3 as outlined in “A Path Forward” released March 8 (replaces the previous phased approach)</td>
<td></td>
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</tr>
<tr>
<td>Northwest Territories is in Phase 2 of 4.</td>
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</tr>
<tr>
<td>Every two weeks the Chief Public Health Officer will decide which measures can be eased, maintained or if additional restrictions are needed.</td>
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<tr>
<td>Nunavut</td>
<td></td>
<td></td>
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<td></td>
</tr>
<tr>
<td>In addition, most parks and outdoor spaces are open. All territorial campgrounds closed by September 30. It is recommended to check with the facility or tourism operator directly to confirm its status.</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>25 people maximum for indoor gatherings; 50 people maximum for outdoor activities and gatherings; events like tradeshows and conferences TBD.</td>
<td></td>
<td></td>
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</tr>
</tbody>
</table>

### Nunavut

#### Updated: May 1, 2021

- **Yukon**: 74, 75, 76, 77, 78, 79

- **Northwest Territories**: 71, 72, 73

- **Nunavut**: 66, 67, 68, 69, 70

### Nunavut

- **Iqaluit**: Gatherings in homes are limited to a household plus 5 people for emergencies only; 5 people maximum for all outdoor gatherings; 5 people maximum for indoor gatherings outside of homes and only for emergencies. Gatherings at community halls, conference spaces and within government and Inuit organization facilities are prohibited.
- **Arctic Bay, Clyde River, Grise Fiord, Grise Fiord, Sanirajak, Igloolik, Kimmirut, Pangnirtung, Pond Inlet, Qikiqtaaluk, Resolute Bay, Sanikiluaq and Kimmirut**: Indoor gatherings are restricted to a household plus 5 people; 25 people maximum for all outdoor gatherings; 10 people maximum for indoor gatherings outside of homes; maximum 25 people or 50% capacity for indoor gatherings in community halls and conference spaces, and within government and Inuit organization facilities.
- **Rankin Inlet**: Indoor gatherings are restricted to a household plus 15 people; 100 people maximum for all outdoor gatherings; 15 people maximum for indoor gatherings outside of homes; maximum 50 people or 50% capacity for indoor gatherings in community halls and conference spaces, and within government and Inuit organization facilities.
- **Kluane**: Gatherings in homes are limited to a household plus 15 people; 100 people maximum for all outdoor gatherings; 15 people maximum for indoor gatherings outside of homes; maximum 100 people or 75% capacity for indoor gatherings in community halls, conference spaces and within government and Inuit organization facilities.
- **Kivalliq**: Gatherings in homes are limited to a household plus 15 people; 100 people maximum for all outdoor gatherings; 15 people maximum for indoor gatherings outside of homes; maximum 100 people or 75% capacity for indoor gatherings at community halls, conference spaces and within government and Inuit organization facilities.
I. Travel-Related Measures:

In conjunction with provincial and territorial partners, Destination Canada has sourced information directly from provincial and territorial government websites; additional insights are provided by provincial and territorial governments where relevant or where information from official sources is incomplete. The intention for this section is to provide the latest available information as of the date of the report. Given the evolving nature of these measures and phased opening strategies, readers are encouraged to seek information from official government sources for the most current information.

Sources:

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26. Government of Northwest Territories, Arriving in the NWT, April 21, 2021
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28. Government of Northwest Territories, The Office of the Chief Public Health Officer Allows Remote Tourism Activities to Resume, April 21, 2021
29. Government of Nunavut, Travel and Isolation, May 19, 2021
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34. BC Parks, Reservation Information, May 19, 2021
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35. Government of Alberta, Stronger public health measures, May 19, 2021
36. Government of Alberta, COVID-19 regional active cases, May 19, 2021
    https://www.alberta.ca/maps/covid-19-status-map.html