COVID-19 Impact and Recovery Report: Travel-Related Measures
Updated: April 21, 2021

This document provides an evergreen assessment of the situation in Canada. It has the following sections:

1. Travel-Related Measures: A summary of the travel and tourism-related measures in place in each province and territory. A map outlining the current travel restrictions and self-isolation requirements is available on Destination Canada’s website: https://caen-keepexploring.canada.travel/canada-nice#canadamap

2. Methodological Notes: An explanation of the methodologies in the different sections and relevant sources.

1. TRAVEL-RELATED MEASURES

In addition to a federal government requirement mandating testing procedures and 14-day self-isolation for those who are eligible to enter Canada1, individual provinces and territories have implemented measures on travel between provinces and territories. The below table outlines self-isolation requirements for domestic travellers entering into each province or territory, as well as restrictions on travel across provincial and territorial borders. Tracking these measures is challenging given the fluid nature of COVID-19. This information was collected by provincial and territorial tourism marketing authorities and relevant tourism departments and current as of April 21, 2021.

Travel Measures

<table>
<thead>
<tr>
<th>Traveller self-isolation required?</th>
<th>Travel restrictions?</th>
</tr>
</thead>
<tbody>
<tr>
<td>British Columbia (BC) 2, 3, 4</td>
<td>✗ No self-isolation for domestic travellers entering BC.</td>
</tr>
<tr>
<td>Alberta (AB)</td>
<td>✗ No self-isolation for domestic travellers entering AB.</td>
</tr>
<tr>
<td>Saskatchewan (SK) 5</td>
<td>✗ No self-isolation for domestic travellers entering SK.</td>
</tr>
<tr>
<td>Manitoba (MB) 6</td>
<td>✗ 14-day self-isolation is required for all domestic travellers entering MB, except for essential workers and specific exceptions.</td>
</tr>
<tr>
<td>Ontario (ON) 7, 8, 9</td>
<td>✗ 14-day self-isolation strongly advised for all travellers entering ON.</td>
</tr>
<tr>
<td>Quebec (QC) 10, 11</td>
<td>✗ No self-isolation for domestic travellers entering QC.</td>
</tr>
</tbody>
</table>

A summary of the Canada wide: Impact and Recovery Report: Travel Related Measures is as follows:

- No travel restrictions for domestic travellers entering BC.
- No travel restrictions for domestic travellers entering AB.
- No travel restrictions for domestic travellers entering SK.
- No travel restrictions for domestic travellers entering MB, but 14-day self-isolation required. Travel to and from northern Manitoba is restricted and non-essential travel is discouraged.
- No travel restrictions for domestic travellers entering ON.
- No travel restrictions for domestic travellers entering QC.

A map outlining the current travel restrictions and self-isolation requirements is available on Destination Canada’s website: https://caen-keepexploring.canada.travel/canada-nice#canadamap.
<table>
<thead>
<tr>
<th>Province</th>
<th>Travel self-isolation required?</th>
<th>Travel restrictions?</th>
</tr>
</thead>
<tbody>
<tr>
<td>New Brunswick (NB)</td>
<td>✗</td>
<td>✗</td>
</tr>
<tr>
<td>Nova Scotia (NS)</td>
<td>✗</td>
<td>✗</td>
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<tr>
<td>Prince Edward Island (PE)</td>
<td>✗</td>
<td>✗</td>
</tr>
<tr>
<td>Newfoundland &amp; Labrador (NL)</td>
<td>✗</td>
<td>✗</td>
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<tr>
<td>Yukon (YT)</td>
<td>✗</td>
<td>✗</td>
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<tr>
<td>Northwest Territories (NT)</td>
<td>✗</td>
<td>✗</td>
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<tr>
<td>Nunavut (NU)</td>
<td>✗</td>
<td>✗</td>
</tr>
</tbody>
</table>

- Prohibition on all non-essential travel into NB for all domestic travellers, except for workers and other specific exemptions (e.g. medical appointments) and QC residents returning from Listuguj First Nation and Pointe-a-la-Croix who have pre-registered and been approved to enter for essential services.
- As of April 22, prohibition on non-essential travel into NS, except from PE and NL. Permanent residents of NS will not be refused entry, but are strongly advised not to travel outside the province.
- As of April 23, travel into and out of the Halifax area should be avoided.
- Prohibition on non-essential travel into PE, non-residents need to apply for pre-travel approval, including a 14 day self-isolation plan; exception for QC residents going to the Magdalen Islands.
- As of April 19, some travel to PE is paused for non-PE residents from outside of the Atlantic provinces as follows: seasonal residents, family connections, and permanent relocation to PEI, unless moving for work or school purposes.
- Atlantic residents (NB, NS, PE) are permitted to enter NL but are required to self-isolate for 14 days; prohibition on travel to NL for all other domestic travellers, except for residents and workers from key sectors and other specific exemptions as approved by the NL Chief Medical Officer of Health. Canadians living outside of Atlantic Canada who own a home in NL are allowed to enter but are still required to self-isolate for 14 days.
- Entry permitted for Canadians following self-isolation requirements, with few exceptions; enforcement at land borders and airport; mandatory travel routes for transiting through YT. Several First Nations governments and communities currently have travel advisories in place. Travellers are asked to limit travel to Yukon communities and travel respectfully. The government does not recommend non-essential travel to the territory.
- Prohibition on travel to NT for all domestic travellers; entry permitted for NT residents or those moving to NT coming for work or attending school, critical or essential service workers, transiting to neighbouring jurisdictions (12-hour limit), transboundary First Nations people exercising treaty rights, Nunavut patients in the NT for medical treatment, with few exemptions; enforcement at land borders and airport.
- As of April 20, all travel to and from Kinngait is restricted.

- Travel bubble with Churchill, MB, whereby no isolation required if travelling directly from Churchill; mutual travel bubble with NT is suspended, but those travelling directly from NT may still enter NU with no isolation required; prohibition on all other travel into NU, except residents and critical workers; require written permission from the territory’s Chief Public Health Officer to enter. Non-essential travel within NU is not recommended.

Legend:
- No measures in place
- Some form of measures in place
Most provinces and territories have implemented a framework to guide re-opening strategies catered to their individual circumstances. Since each province and territory is starting from a different baseline to implement the reopening of their local economy, the phases and stages are not congruent across jurisdictions. The table below outlines the current status of restrictions on tourism-related sectors as of April 21, 2021. Unless noted, persons must gather and business must operate with sufficient social distancing measures in place. Many destinations require non-medical masks to be worn and all visitors should plan on having masks ready if needed.

### Tourism Related Measures

<table>
<thead>
<tr>
<th>Current Phase/Stage</th>
<th>Hotels &amp; Accommodation</th>
<th>Restaurants &amp; Dining</th>
<th>Activities &amp; Attractions</th>
<th>Large Gatherings/Conferences</th>
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<tbody>
<tr>
<td>British Columbia</td>
<td></td>
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</tr>
<tr>
<td>Most parks and outdoor spaces are open. It is recommended to operate with adherence to the Re-Open Saskatchewan Plan. Retail services must limit capacity to 50% and large retail locations must limit capacity to 25%. Capacity is restricted to 30 people at all arenas, live theatres, movie theatres and performing arts venues. Casinos are closed. Nightclubs must adhere to a maximum of 4 people per table. Establishments are required to capture the contact information of patrons.</td>
<td></td>
<td>Most businesses and enterprises are permitted to operate with adherence to the WorkSafeBC protocols and a COVID-19 Safety Plan in place. Exceptions include casinos and nightclubs, which are closed until further notice. In-person events and community-based gatherings are suspended; this includes seasonal activities such as indoor and outdoor events (with the exception of drive-in and drop-off events), musical or theatre performances, and movie viewings in cinemas.</td>
<td>Outdoor gatherings are permitted to a maximum of 10 people (parks, beaches, backyards only; no restaurant patios).</td>
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<tr>
<td>Alberta 14</td>
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<tr>
<td>Alberta is implementing “A Path Forward” based on hospitalization benchmarks. There are 4 Steps in total. As of April 7, Alberta moved back to Phase 2.</td>
<td></td>
<td>As of March 29, indoor dining is closed in restaurants, cafés, pubs and breweries. Outdoor dining with sufficient distancing measures is permitted; patrons must only dine with individuals from their household or core bubble if they live alone; patrons who remain on premises after dining served must be seated. Liquor sales in all bars, lounges, pubs and restaurants are required to stop at 10pm and establishments must close by 11pm.</td>
<td>Most parks, beaches and outdoor spaces are open. It is recommended to check with the facility or tourism operator directly to confirm its status.</td>
<td>Indoor social gatherings of any size are not permitted with anyone other than those within a core bubble (close family or immediate family or people in the same dwelling); for some a core bubble may include a partner, relative, friend or co-parent who lives in a different household.</td>
</tr>
<tr>
<td>Saskatchewan</td>
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<tr>
<td>Saskatchewan is in Phase 4.2</td>
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<td></td>
<td>Business meetings (outside the workplace) and conferences are prohibited.</td>
</tr>
</tbody>
</table>

### British Columbia

As of April 9, in-person service is not permitted indoors. Restaurants, pubs, bars, lounges and cafes can open for outdoor patio dining, takeout and delivery only. Maximum of 6 people per table and establishments are required to capture contact information of patrons; individuals must be from the same household or the 2 close contacts for people living alone; liquor service must stop at 10pm and in-person dining must close by 11pm.

### Alberta

As of April 9, all retail businesses are limited to 15% capacity; all entertainment businesses and entities are closed, including museums, art galleries, casinos, amusement parks, theatres, concert halls and arenas. Most parks and outdoor spaces are open. However, only selected campgrounds are open at national parks and comfort camping remains unavailable at provincial parks. It is recommended to check with the facility or tourism operator directly to confirm its status.

### Saskatchewan

Accommodations are open unless they have decided to close due to lack of demand/low occupancy/health concerns. As of March 28, all venues including, arts venues, museums, live theatre, cinemas, nightclubs or any non-essential indoor location that had limits of 30 people must close. Regina area: As of March 28, all venues including, arts venues, museums, live theatre, cinemas, nightclubs or any non-essential indoor location that had limits of 30 people must close. Regina area: As of March 23, all private indoor gatherings are prohibited; residents may not expand their household bubble; bar halls and conference facilities must close.

### Regina

Regina area: As of April 16, all businesses and enterprises are permitted to operate with adherence to the Re-Open Saskatchewan Plan. Retail services must limit capacity to 50% and large retail locations must limit capacity to 25%. Capacity is restricted to 30 people at all arenas, live theatres, movie theatres and performing arts venues. Casinos are closed. Nightclubs must adhere to a maximum of 4 people per table. Establishments are required to capture the contact information of patrons. Most parks and outdoor spaces are open. It is recommended to check with the facility or tourism operator directly to confirm its status.

### Other Areas

As of April 16, all private indoor gatherings are prohibited; residents may not expand their household bubble; bar halls and conference facilities must close.

### Regina

Regina area: As of March 23, all private indoor gatherings are prohibited; residents may not expand their household bubble; bar halls and conference facilities must close.
### Manitoba [44, 45]

All regions in Manitoba are in the red (critical) response level.

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<th>Current Phase/Stages</th>
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<tr>
<td>Manitoba</td>
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As of April 8, Ontario is issuing a province-wide Stay-at-Home order, requiring everyone to remain at home except for essential purposes.

As of April 3, Ontario is imposing a provincial emergency brake, intended to be kept in place for at least four weeks. The COVID-19 Response Framework for Keeping Ontario Safe and Open is paused during the provincial emergency brake and Stay-at-Home order.

### Quebec [50, 51, 52, 53, 54]

Quebec has a regional alert system in place. There are 4 levels in total: Level 1 - Vigilance (green), Level 2 - Early Warning (yellow), Level 3 - Alert (orange), and Level 4 - Maximum Alert (red).

For current region classifications, see Alert levels map.

As of April 14, special emergency measures are in place for Quebec City and the entire Chaudière-Appalaches and Outaouais regions, including a curfew of 8pm to 5am.

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<td>Quebec</td>
<td>-</td>
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</table>

As of April 19, indoor visits are permitted for 2 designated visitors. Indoor gatherings in public places are limited to no more than 5 people. Outdoor visits on private property are limited to 10 individuals including a member of the household. Outdoor gatherings in public spaces may have a maximum of 10 people.

### Ontario [44, 47, 48, 49]

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<tr>
<td>Ontario</td>
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</table>

As of April 17, all outdoor social gatherings and organized public events are prohibited, except for with members of the same household or one other person from outside that household who lives alone or a caregiver for any member of the household.
Travel Related Measures

Accommodations are open unless they have decided to close due to lack of demand/low occupancy/health concerns.

Accommodations are open unless they have decided to close due to lack of demand/low occupancy/health concerns.

Dine-in can open at restaurants, bars and lounges with sufficient distancing measures; venues are required to capture the contact info of patrons; patrons must be seated at all times and are restricted to members of a single household bubble and Steady 15.

Halifax area: As of April 23, museums and indoor recreation facilities are closed. Retail is limited to 25% capacity. Other areas: Most businesses and enterprises are permitted to operate (with adherence to WorkSafeNB guidelines and health measures related to their area of activity); all businesses must have a COVID-19 operational plan in place. Most parks, beaches and outdoor spaces are open. It is recommended to check with the facility or tourism operator directly to confirm its status.

Casinos, amusement centres, cinemas and large live performance venues may operate under a COVID-19 operational plan up to 50% capacity and physical distancing between patrons who are not members of the same household or Steady 15. venues are required to capture the contact info of attendees.

Halifax area: As of April 23, general gathering limit of 5 people indoors and outdoors. No social events, special events, festivals, arts/cultural events, sports events, or meetings and training. Other areas: General gathering limit of 10 people indoors and outdoors. Household gatherings are household members plus 10 others. Recognized organizations can host events with 150 people outdoors or 50% of venue capacity up to 100 people indoors. Applies to social events, arts and culture events, sport and recreation events, festivals, meetings and training, and organized clubs. Spectators can attend events, including sports games and arts and culture performances. Approved large facilities can resume hosting events with multiple groups of 100 or 150 people.

Each household can gather with up to 10 individuals indoors or outdoors with physical distancing; organized gatherings are limited to 50 people; 3 additional groups of 50 are permitted with an approved operational plan.

As of April 10, a section of Zone 4 (Edmundston and upper Madawaska region) is in Lockdown.

As of April 15, a section of Zone 4 (Saint-Léonard, Grand Falls, Drummond, New Denmark and Four Falls) is in the Orange Level.

All other zones in the province (including Saint-Quentin and Kedgwick from Zone 4) are in the Yellow Level.
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<tr>
<td><strong>Newfoundland &amp; Labrador</strong>&lt;sup&gt;43, 44, 47, 48, 63&lt;/sup&gt;</td>
<td>As of March 27, Newfoundland &amp; Labrador is in Alert Level 2</td>
<td>Accommodations are open unless they have decided to close due to lack of demand/low occupancy/health concerns. As of April 17, campgrounds are permitted to open for day use and overnight use subject to the Guidelines for Territorial Campgrounds General Restrictions.</td>
<td>As of March 27, restaurants can open for in-person dining to maximum 50% capacity with sufficient distancing measures; bars and lounges can open to maximum 50% capacity in accordance with guidelines.</td>
<td>A single household bubble can include up to 20 close, consistent contacts from outside your household (“Steady 20”). Informal gatherings are limited to those in the Steady 20. As of April 17, formal gatherings run by a recognized business or organization can have up to 100 people with sufficient physical distancing in place. Large venues with a capacity of 500 people or more, including theatres and performing arts venues, other entertainment venues and sports venues, may operate at a capacity higher than 100 where an operating plan has been approved by an Environmental Health Officer with Digital Government and Service NL.</td>
</tr>
<tr>
<td><strong>Yukon</strong>&lt;sup&gt;70, 71, 72, 73, 74&lt;/sup&gt;</td>
<td>Step 1 of 3 as outlined in A Path Forward released March 8 (replaces the previous phased approach)</td>
<td>Accommodations are open with enhanced cleaning and public health measures unless they have decided to close due to lack of demand/low occupancy/health concerns. Restaurants can open at full capacity for dine-in with sufficient distancing measures and approved operational plan; bars can open at 50% capacity with distancing measures and approved operational plan; restaurants and bars are required to capture the contact info of patrons.</td>
<td>All businesses and enterprises are permitted to operate with adherence to health measures and with completed operational plans where required. In addition, most parks and outdoor spaces are open. Territorial campgrounds and recreation sites have closed for the season. It is recommended to check with the facility or tourism operator directly to confirm its status.</td>
<td>10 people maximum for indoor social gatherings; 50 people maximum for outdoor social gatherings. Organized and seated events are permitted in a rental facility or venue with an operational plan; indoor events 50 people or fewer; outdoor events 100 people or fewer with physical distancing; conferences and tradeshows may operate following organized gathering limits and an approved operational plan.</td>
</tr>
<tr>
<td><strong>Northwest Territories</strong>&lt;sup&gt;75, 76, 77&lt;/sup&gt;</td>
<td>Northwest Territories is in Phase 2 of 4.</td>
<td>Accommodations are open with control/safety measures in place unless they have decided to close due to lack of demand/low occupancy/health concerns. Dine-in can open at restaurants, bars and lounges with limited capacity and sufficient distancing measures; no more than 25 customers indoors and 50 customers outdoors.</td>
<td>All businesses and enterprises are permitted to operate with adherence to health measures and following sectorial guidelines. In addition, most parks and outdoor spaces are open. All territorial campgrounds closed by September 30. It is recommended to check with the facility or tourism operator directly to confirm its status.</td>
<td>25 people maximum for indoor gatherings; 50 people maximum for outdoor activities and public events; events like tradeshows and conferences TBD.</td>
</tr>
</tbody>
</table>

*Please source this document as “COVID-19 Impact and Recovery Report: Travel Related Measures, Updated: April 21, 2021, Destination Canada”*
<table>
<thead>
<tr>
<th>Activities &amp; Attractions</th>
<th>Large Gatherings/Conferences</th>
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</thead>
<tbody>
<tr>
<td>As of April 20 in Kinngait: Gatherings in homes are limited to a household plus 5 people for emergencies only; 5 people maximum for all outdoor gatherings; 5 people maximum for indoor gatherings outside of homes and only for emergencies. Gatherings at community halls, conference spaces and within government and Inuit organization facilities are prohibited.</td>
<td></td>
</tr>
<tr>
<td>As of April 20 in Rankin Inlet: Indoor gatherings are restricted to a household plus 15 people; 100 people maximum for all outdoor gatherings; 15 people maximum for indoor gatherings outside of homes; maximum 50 people or 50% capacity for indoor gatherings in community halls and conference spaces, and within government and Inuit organization facilities.</td>
<td></td>
</tr>
<tr>
<td>As of April 15 in Iqaluit: Gatherings in homes are limited to a household plus 5 people for emergencies only; 5 people maximum for all outdoor gatherings; 5 people maximum for indoor gatherings outside of homes and only for emergencies. Gatherings at community halls, conference spaces and within government and Inuit organization facilities are prohibited.</td>
<td></td>
</tr>
<tr>
<td>As of April 15 in Kitikmeot, Chesterfield Inlet, Baker Lake, Coral Harbour, Naujaat, Whale Cove: Gatherings in homes are limited to a household plus 15 people; 100 people maximum for all outdoor gatherings; 15 people maximum for indoor gatherings outside of homes; maximum 100 people or 75% capacity for indoor gatherings at community halls, conference spaces and within government and Inuit organization facilities.</td>
<td></td>
</tr>
<tr>
<td>As of April 7 in Arviat: Indoor gatherings are restricted to a household plus 10 people, but only for visitors from one additional household; 50 people maximum for all outdoor gatherings; 10 people maximum for indoor gatherings outside of homes; maximum 50 people or 50% capacity for indoor gatherings in community halls and conference spaces, and within government and Inuit organization facilities.</td>
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2. METHODOLOGICAL NOTES

I. Travel-Related Measures: In conjunction with provincial and territorial partners, Destination Canada has sourced information directly from provincial and territorial government websites; additional insights are provided by provincial and territorial partners where relevant or where information from official sources is incomplete. The intention for this section is to provide the latest available information as of the date of the report. Given the evolving nature of these measures and phased opening strategies, readers are encouraged to seek information from official government sources for the most current information.

Sources:
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3. Government of British Columbia, Province-wide restrictions, April 20, 2020
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5. Government of Saskatchewan, Public Health Measures, April 21, 2021
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17. Government of Prince Edward Island, Atlantic Provinces Travel Bubble, April 20, 2021
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20. Government of Newfoundland and Labrador, For Travellers, April 21, 2021
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23. Government of Yukon, Border enforcement during COVID-19, April 21, 2021
24. Government of Yukon, Travel to Yukon communities guidelines, COVID-19, April 21, 2021
26. Government of Northwest Territories, Arriving in the NWT, April 21, 2021
27. Government of Northwest Territories, Border Information, January 25, 2021
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32. Government of British Columbia, Gatherings and Events, March 31, 2021
33. BC Parks, Reservation Information, April 21, 2021
https://bcparks.ca/reserve/
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