COVID-19 Impact and Recovery Report: Travel-Related Measures

Updated: January 20, 2021

This document provides an evergreen assessment of the situation in Canada. It has the following sections:

1. **Travel-Related Measures**: A summary of the travel and tourism-related measures in place in each province and territory. A map outlining the current travel restrictions and self-isolation requirements is available on Destination Canada’s website: [https://caen-keepexploring.canada.travel/canada-nice#canadamap](https://caen-keepexploring.canada.travel/canada-nice#canadamap)

2. **Methodological Notes**: An explanation of the methodologies in the different sections and relevant sources.

### 1. TRAVEL-RELATED MEASURES

In addition to a federal government requirement mandating 14-day self-isolation for those who are eligible to enter Canada1, individual provinces and territories have implemented measures on travel between provinces and territories. The below table outlines self-isolation requirements for domestic travellers entering into each province or territory, as well as restrictions on travel across provincial and territorial borders. Tracking these measures is challenging given the fluid nature of COVID-19. This information was collected by provincial and territorial tourism marketing authorities and relevant tourism departments and current as of January 20, 2021.

#### Travel Measures

<table>
<thead>
<tr>
<th>Travelled to</th>
<th>Traveller self-isolation required?</th>
<th>Travel restrictions?</th>
</tr>
</thead>
<tbody>
<tr>
<td>British Columbia (BC)</td>
<td>No self-isolation for domestic travellers entering BC</td>
<td>All non-resident travel to Haida Gwaii is restricted. Otherwise, no travel restrictions for domestic travellers entering BC; however, people travelling to BC from another province or territory within Canada should only come for essential reasons. British Columbians are urged to avoid non-essential travel; this includes all travel into and out of BC and between regions of the province.</td>
</tr>
<tr>
<td>Alberta (AB)</td>
<td>No self-isolation for domestic travellers entering AB.</td>
<td>No travel restrictions for domestic travellers entering AB. However, all out-of-town travel is discouraged; this includes travel into and out of AB and between regions of the province.</td>
</tr>
<tr>
<td>Saskatchewan (SK)</td>
<td>No self-isolation for domestic travellers entering SK</td>
<td>No travel restrictions for domestic travellers entering SK</td>
</tr>
<tr>
<td>Manitoba (MB)</td>
<td>Residents of Western Canada and Northwestern Ontario do not need self-isolate for 14 days when entering MB. 14-day self-isolation for all other domestic travellers entering MB, except for essential workers.</td>
<td>No travel restrictions for domestic travellers entering MB, but self-isolation required (except for residents of Western Canada and Northwestern Ontario). Travel to and from northern Manitoba is restricted and non-essential travel is discouraged.</td>
</tr>
<tr>
<td>Ontario (ON)</td>
<td>14-day self-isolation requested for all travellers entering ON</td>
<td>No travel restrictions for domestic travellers entering ON, but 14 day self-isolation requested. Travel between regions within ON should only be for essential purposes.</td>
</tr>
<tr>
<td>Quebec (QC)</td>
<td>No self-isolation for domestic travellers entering QC</td>
<td>No travel restrictions for domestic travellers entering QC. Travel between regions within QC should only be for essential purposes. As of January 9, QC is implementing a curfew between the hours of 8pm to 5am; people are prohibited to move outside of their homes during these hours with few exceptions (e.g. going to work or medical reasons).</td>
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<tr>
<td>New Brunswick (NB)</td>
<td>14-day self-isolation for all domestic travellers entering NB, except for specific exemptions</td>
<td>As of January 8, prohibition on all non-essential travel into NB for all domestic travellers, except for workers and other specific exemptions (e.g. medical reasons) and QC residents from Listuguj First Nation and Pointe-a-la-Croix who have pre-registered and been approved to enter for essential services.</td>
</tr>
<tr>
<td>Nova Scotia (NS)</td>
<td>14-day self-isolation for all domestic travellers entering NS, except for exempt workers from specific sectors and residents of PE and NL</td>
<td>No travel restrictions for all domestic travellers entering NS, but self-isolation required; residents of PE and NL are not required to self-isolate.</td>
</tr>
<tr>
<td>Traveller self-isolation required?</td>
<td>Travel restrictions?</td>
<td></td>
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<tr>
<td><strong>Prince Edward Island (PE)</strong></td>
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<tr>
<td>14-day self-isolation for all admitted travellers entering PE, except for exempt essential workers and PE residents travelling for essential purposes (e.g. medical appointment) who return the same day</td>
<td>Prohibition on all non-essential travel into PE, non-residents need to apply for pre-travel approval, including a 14 day self-isolation plan; exception for QC residents going to the Magdalen Islands</td>
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<tr>
<td><strong>Newfoundland &amp; Labrador (NL)</strong></td>
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<tr>
<td>14-day self-isolation for all travellers entering NL, except for asymptomatic workers from specific sectors</td>
<td>Atlantic residents (NB, NS, PE) are permitted to enter NL but are required to self-isolate for 14 days; prohibition on travel to NL for all other domestic travellers, except for residents and workers from key sectors and other specific exemptions as approved by the NL Chief Medical Officer of Health. Canadians living outside of Atlantic Canada who own a home in NL are allowed to enter but are still required to self-isolate for 14 days.</td>
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<tr>
<td><strong>Yukon (YT)</strong></td>
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<tr>
<td>Mandatory self-isolation for all domestic travelers entering YT, except for critical workers from BC, NT and NU; critical service workers entering YT from all other Canadian jurisdictions must self-isolate; self-isolation must occur in Whitehorse, unless visiting a family member (in which case self-isolation must occur at their residence)</td>
<td>Entry permitted for Canadians following self-isolation requirements, with few exceptions; enforcement at land borders and airport; mandatory travel routes for transiting through YT. Several First Nations governments and communities currently have travel advisories in place. Travellers are asked to limit travel to Yukon communities and travel respectfully. The government does not recommend non-essential travel to the territory.</td>
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<tr>
<td><strong>Northwest Territories (NT)</strong></td>
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<tr>
<td>14-day self-isolation for all admitted travellers entering NT; must self-isolate in government designated sites in Yellowknife, Inuvik, Hay River or Fort Smith</td>
<td>Prohibition on travel to NT for all domestic travellers; entry permitted for NT residents or those moving to NT coming for work or attending school, critical or essential service workers, transiting to neighbouring jurisdictions (12-hour limit), transboundary First Nations people exercising treaty rights, Nunavut patients in the NT for medical treatment, with few exemptions; enforcement at land borders and airport</td>
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<tr>
<td><strong>Nunavut (NU)</strong></td>
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<tr>
<td>14-day self-isolation for all admitted travellers prior to travelling to NU, except for those travelling directly from NT and Churchill, MB; must self-isolate in government designated sites in Edmonton, Winnipeg, Ottawa or Yellowknife</td>
<td>Travel bubble with Churchill, MB whereby no self-isolation required if travelling directly from Churchill; mutual travel bubble with NT is suspended, but those travelling directly from NT may still enter NU with no self-isolation required; prohibition on all other travel into NU, except residents and critical workers; require written permission from the territory’s Chief Public Health Officer to enter. Non-essential travel within NU is not recommended.</td>
<td></td>
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</tbody>
</table>

**Legend:**
- No measures in place
- Some form of measures in place

While some Parks Canada places remain open, others are fully or partially closed in the fall and winter seasons. Access to visitor facilities and services may be limited. Please consult the Parks Canada website for an updated list of specific Parks Canada locations with special instructions: [https://www.pc.gc.ca/en/voyage-travel/safe-travel/covid-19-infolocations](https://www.pc.gc.ca/en/voyage-travel/safe-travel/covid-19-infolocations).

Most provinces and territories have implemented a framework to guide re-opening strategies catered to their individual circumstances. Since each province and territory is starting from a different baseline to implement the re-opening of their local economy, the phases and stages are not congruent across jurisdictions. The table below outlines the current status of restrictions on tourism related sectors as of January 20, 2021. Unless noted, persons must gather and business must operate with sufficient social distancing measures in place. Many destinations require non-medical masks to be worn and all visitors should plan on having masks ready if needed.

**Tourism Related Measures**

<table>
<thead>
<tr>
<th>Current Phase/Stage</th>
<th>Hotels &amp; Accommodation</th>
<th>Restaurants &amp; Dining</th>
<th>Activities &amp; Attractions</th>
<th>Large Gatherings/Conferences</th>
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<tbody>
<tr>
<td><strong>British Columbia</strong> 25, 26</td>
<td>Accommodations are open unless they have reopened to close due to lack of demand/low occupancy/health concerns.</td>
<td>Restaurants, cafes, pubs and breweries can open for dine-in (with sufficient distancing measures and a maximum of 8 patrons per table); patrons who remain on premises after being served must be seated</td>
<td>Most businesses and enterprises are permitted to operate with adherence to WorkSafeBC protocols and a COVID-19 Safety Plan in place. In addition, most parks, beaches, and outdoor spaces are open. Exceptions include casinos, which remain closed, and nightclubs, which are closed until further notice. Provincial park campground reservations are open for BC residents only; preferential access for BC residents will be given to BC residents. It is recommended to check with the facility or tourism operator directly to confirm its status.</td>
<td>Indoor and outdoor social gatherings of any size are not permitted with anyone other than those within a core bubble (core bubble includes immediate family or people in the same household; for some a core bubble may include a partner, relative, friend, or co-parent who lives in a different household). Business meetings (outside the workplace) and conferences are prohibited.</td>
</tr>
<tr>
<td><strong>Alberta</strong> 27, 28</td>
<td>The phased approach to BC’s Restart Plan is on pause for the duration of province-wide restrictions.</td>
<td>Vacation accommodations are limited to those who reside together, or if a person lives on their own, up to two other persons with whom the person regularly interacts.</td>
<td>In-person events and community-based gatherings are suspended; this includes seasonal activities such as indoor and outdoor holiday events, (with the exception of drive-in and drop-off events), musical or theatre performances, movie viewings in cinemas, and outdoor skating events.</td>
<td>All indoor social gatherings - public or private - are prohibited; all out-of-town visitors cannot stay in other people’s homes, regardless of where they are coming from. As of January 18, outdoor social gatherings can have up to 10 people. All banquet halls, conference centres and trade shows are closed; all outdoor performances with audiences and all indoor group performances are prohibited.</td>
</tr>
<tr>
<td><strong>Saskatchewan</strong> 29, 30, 31, 32, 33</td>
<td>Stage 2 of 3 Starting June 12</td>
<td>Hotels, motels, hunting and fishing lodges may remain open, but with no in-person dining and access to recreational facilities.</td>
<td>All retail businesses are limited to 15% capacity; all entertainment businesses and entities must close, including museums, art galleries, casinos, amusement parks, theatres, concert halls, and arenas.</td>
<td>All businesses and enterprises are permitted to operate (with adherence to sector-specific guidelines in the Re-Open Saskatchewan Plan). In addition, most parks and outdoor spaces are open. It is recommended to check with the facility or tourism operator directly to confirm its status. Indoor public banquets and conferences in public venues are limited to 30 people; food or beverages may not be present or served. Private indoor gatherings are limited to the immediate household only. Single individuals are permitted to meet with one, consistent household of less than 5 individuals. Outdoor gatherings sizes are limited 10 people, provided physical distancing of households can be maintained.</td>
</tr>
<tr>
<td></td>
<td>Accommmodations are open unless they have decided to close due to lack of demand/low occupancy/health concerns.</td>
<td>All restaurants, bars, pubs, cafes and lounges are closed to in-person service; takeout, curbside pickup and delivery services are allowed.</td>
<td>All retail businesses are limited to 15% capacity; all entertainment businesses and entities must close, including museums, art galleries, casinos, amusement parks, theatres, concert halls, and arenas.</td>
<td>All businesses and enterprises are permitted to operate (with adherence to sector-specific guidelines in the Re-Open Saskatchewan Plan). In addition, most parks and outdoor spaces are open. It is recommended to check with the facility or tourism operator directly to confirm its status. Indoor public banquets and conferences in public venues are limited to 30 people; food or beverages may not be present or served. Private indoor gatherings are limited to the immediate household only. Single individuals are permitted to meet with one, consistent household of less than 5 individuals. Outdoor gatherings sizes are limited 10 people, provided physical distancing of households can be maintained.</td>
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<tr>
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<td>Phase 4.2 Starting June 29</td>
<td>All restaurants, bars, pubs, cafes and lounges are closed to in-person service; takeout, curbside pickup and delivery services are allowed.</td>
<td>All retail businesses are limited to 15% capacity; all entertainment businesses and entities must close, including museums, art galleries, casinos, amusement parks, theatres, concert halls, and arenas.</td>
<td>All businesses and enterprises are permitted to operate (with adherence to sector-specific guidelines in the Re-Open Saskatchewan Plan). In addition, most parks and outdoor spaces are open. It is recommended to check with the facility or tourism operator directly to confirm its status. Indoor public banquets and conferences in public venues are limited to 30 people; food or beverages may not be present or served. Private indoor gatherings are limited to the immediate household only. Single individuals are permitted to meet with one, consistent household of less than 5 individuals. Outdoor gatherings sizes are limited 10 people, provided physical distancing of households can be maintained.</td>
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<th>Province</th>
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<th>Hotels &amp; Accommodation</th>
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<th>Activities &amp; Attractions</th>
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</thead>
<tbody>
<tr>
<td>Manitoba</td>
<td>All regions in Manitoba are in the red (critical) response level</td>
<td>Accommodations are open unless they have decided to close due to lack of demand/flow occupancy/health concerns; conference rooms and recreational facilities are not permitted</td>
<td>All restaurants in Manitoba are closed with the exception of take out and delivery services</td>
<td>Only essential services remain open in Manitoba. All casinos, museums, galleries, movie theatres and concert halls are closed.</td>
<td>Social contacts must be reduced to your household only, all indoor and outdoor social gatherings are not permitted.</td>
</tr>
<tr>
<td>Quebec</td>
<td>Quebec has a regional alert system in place. There are 4 levels in total: Level 1 - Vigilance (green), Level 2 - Early Warning (yellow), Level 3 - Alert (orange), and Level 4 - Maximum Alert (red).</td>
<td>Accommodations remain open unless they have decided to close due to operational reasons. Short-term rentals (e.g., cottages, cabins) are only to be provided to individuals who are in need of housing. Meeting rooms and recreational facilities are not permitted (with limited exceptions).</td>
<td>All restaurants and bars are closed to in-person service; drive-thru and delivery are permitted</td>
<td>Concert venues, theatres and cinemas are closed; museums and cultural amenities, night clubs, zoos, aquariums, amusement parks, casinos, and tour guide services are closed to the public; drive-in and drive-through events are not permitted.</td>
<td>No indoor organized public events and social gatherings outside one’s household (with limited exceptions). Maximum 5 people for indoor and outdoor, organized public events and social gatherings must comply with public health advice on physical distancing.</td>
</tr>
<tr>
<td>New Brunswick</td>
<td>As of January 19, Zones 1 (Moncton), 2 (Saint John), 3 (Fredericton) and 4 (Edmundston) are in the Red level. Zones 5 (Campbellton), 6 (Bathurst) and 7 (Miramichi) are in the Orange level.</td>
<td>Accommodations are open unless they have decided to close due to lack of demand/flow occupancy/health concerns</td>
<td>Orange Level: Dine-in can open at restaurants, breakups and taprooms with sufficient distancing measures and are required to capture contact information of patrons; in addition, patrons must be seated at all times and are restricted to members of a single household bubble. Red Level: All food and beverage are closed to in-person service; only takeout, drive-thru and delivery are permitted.</td>
<td>Orange Level: All businesses and enterprises are permitted to operate (with adherence to WorkSafeNB guidelines and health measures related to their area of activity; all business must prepare operational plans). In addition, most parks, beaches, and outdoor spaces are open. It is recommended to check with the facility or tourism operator directly to confirm its status.</td>
<td>Orange Level: Single household bubble; outdoor gatherings of 25 people or fewer are permitted; physical distancing is required in all settings if coming in contact with people from outside a household bubble. Venues with indoor events with controlled entry and/or controlled seating, are required to capture contact information on persons using the facility and have a COVID-19 operational plan. Red Level: Single household bubble; outdoor gatherings of 5 people or fewer are permitted.</td>
</tr>
</tbody>
</table>
**Prince Edward Island**

**As of January 6, PEI is implementing post-circuit breaker measures**

Accommodations are open unless they have decided to close due to lack of demand/low occupancy/health concerns.

As of January 6, dine-in can open with maximum 50 patrons (with sufficient distancing measures); all patrons must remain seated with a maximum of 10 patrons per table; establishments must close by 11 pm.

Food premises may have more than 50 patrons with an approved operational plan.

As of January 6, museums and libraries are limited to 50% capacity and retail stores remain limited to 50% capacity.

Otherwise, businesses and enterprises are permitted to operate (with adherence to sector specific operational guidelines). In addition, most parks, beaches, and outdoor spaces are open. It is recommended to check with the facility or tourism operator directly to confirm its status.

**Newfoundland & Labrador**

**At least level 2 of 5 (moving from level 5 down to level 1)**

Starting June 25

Accommodations are open unless they have decided to close due to lack of demand/low occupancy/health concerns.

Dine-in can open at restaurants, bars and lounges (at 50% capacity)

All businesses and enterprises are permitted to operate (with adherence to business specific requirements and public health guidance from the sector specific Health and Community Services). In addition, most parks and outdoor spaces are open. It is recommended to check with the facility or tourism operator directly to confirm its status.

Gatherings of no more than 100 people are permitted provided the gathering is operated by a recognized business or organization and where physical distancing may be maintained. All other gatherings are limited to no more than 50 people provided physical distancing is maintained.

Gatherings in large venues with a capacity higher than 100 where an operating plan has been approved by a Service NL Environmental Health Officer. Organizers of gatherings must keep a record of all attendees.

Events like tradeshows and conferences TBD.

**Yukon**

**Phase 3 of 4**

Starting August 1

Accommodations are open unless they have decided to close due to lack of demand/low occupancy/health concerns (with enhanced cleaning and public health measures)

Restaurants can open at full capacity (with sufficient distancing measures and approved operational plan); bars can open at 50% capacity (with distancing measures and approved operational plan); restaurants and bars are required to capture contact information of patrons.

All businesses and enterprises are permitted to operate (with adherence to health measures and with completed operational plans where required). In addition, most parks and outdoor spaces are open.

Territorial campgrounds and recreation sites have closed for the season. It is recommended to check with the facility or tourism operator directly to confirm its status.

10 people maximum for indoor social gatherings; 50 people maximum for outdoor social gatherings. Organized seated events permitted in a rental facility or venue with an operational plan; indoor events 50 people or fewer; outdoor events 100 people or fewer with physical distancing; conferences and tradeshows may operate following organized gathering limits and an approved operational plan.

**Northwest Territories**

**Phase 3 of 4**

Starting June 12

Accommodations are open unless they have decided to close due to lack of demand/low occupancy/health concerns (with control/safety measures in place)

Dine-in can open at restaurants, bars and lounges (limited capacity with sufficient distancing measures; no more than 25 customers indoors and 50 customers outdoors)

All businesses and enterprises are permitted to operate (with adherence to health measures and following a completed operational plan). In addition, most parks and outdoor spaces are open. All territorial campgrounds closed by September 30. It is recommended to check with the facility or tourism operator directly to confirm its status.

25 people maximum for indoor gatherings; 50 people maximum for outdoor activities or events; tradeshows and conferences TBD.

**Nunavut**

**Every two weeks after June 1, the Chief Public Health Officer will decide which measures can be eased, maintained or if additional restrictions are needed**

Accommodations are open unless they have decided to close due to lack of demand/low occupancy/health concerns.

In Arviat and Whale Cove: Restaurants are to open for take-out and delivery services only, bars to remain closed.

In Baffin, Kitikmeot, Chesterfield Inlet, Baker Lake, Coral Harbour, Naujat, and Rankin Inlet: Restaurants can open with seated service at 50% of normal capacity (with sufficient distancing measures); maximum of 6 patrons per table.

In Baffin, Kitikmeot, Chesterfield Inlet, Baker Lake, Coral Harbour, Naujat, and Rankin Inlet: Businesses can open (with sufficient physical distancing), galleries, museums and libraries can open but no tours or group gatherings; theatres can open with maximum 50 people or 50% capacity; municipal parks, territorial parks, and territorial parks reserves can open but buildings must be closed; arenas can open with maximum 50 people or 50% capacity.

As of January 12, in Arviat and Whale Cove: same as restrictions in other communities above except arenas can open with maximum 25 people or 50% capacity.

In Baffin, Kitikmeot, Chesterfield Inlet, Baker Lake, Coral Harbour, Naujat, and Rankin Inlet: Gatherings in homes are limited to a household plus 15 people; 50 people maximum for all indoor gatherings; 15 people maximum for outdoor gatherings; 10 people maximum for indoor gatherings and public events; 25 people maximum for outdoor activities or events. In Nunavut, gatherings at community halls, conference spaces and within government and Inuit organization facilities.

As of January 12, in Arviat and Whale Cove: Same as restrictions in other communities above except gatherings in homes are limited to a household plus 10 people and 10 people maximum for indoor gatherings outside of homes.
I. Travel-Related Measures: In conjunction with provincial and territorial partners, Destination Canada has sourced information directly from provincial and territorial government websites; additional insights are provided by provincial and territorial partners where relevant or where information from official sources is incomplete. The intention for this section is to provide the latest available information as of the date of the report. Given the evolving nature of these measures and phased opening strategies, readers are encouraged to seek information from official government sources for the most current information.

Sources: