COVID-19 Impact and Recovery Report:
Travel-Related Measures
Updated: January 13, 2021

This document provides an evergreen assessment of the situation in Canada. It has the following sections:

1. **Travel-Related Measures**: A summary of the travel and tourism-related measures in place in each province and territory. A map outlining the current travel restrictions and self-isolation requirements is available on Destination Canada’s website: https://caen-keepexploring.canada.travel/canada-nice#canadamap

2. **Methodological Notes**: An explanation of the methodologies in the different sections and relevant sources.

1. **TRAVEL-RELATED MEASURES**

In addition to a federal government requirement mandating 14-day self-isolation for those who are eligible to enter Canada¹, individual provinces and territories have implemented measures on travel between provinces and territories. The below table outlines self-isolation requirements for domestic travellers entering into each province or territory, as well as restrictions on travel across provincial and territorial borders. Tracking these measures is challenging given the fluid nature of COVID-19. This information was collected by provincial and territorial tourism marketing authorities and relevant tourism departments and current as of January 13, 2021.

**Travel Measures**

<table>
<thead>
<tr>
<th>Traveller self-isolation required?</th>
<th>Travel restrictions?</th>
</tr>
</thead>
<tbody>
<tr>
<td>British Columbia ², ³ (BC)</td>
<td>All non-resident travel to Haida Gwaii is restricted. Otherwise, no travel restrictions for domestic travellers entering BC; however, people travelling to BC from another province or territory within Canada should only come for essential reasons. British Columbians are urged to avoid non-essential travel; this includes all travel into and out of BC and between regions of the province.</td>
</tr>
<tr>
<td>Alberta ⁴, ⁵ (AB)</td>
<td>No travel restrictions for domestic travellers entering AB. However, all out-of-town travel is discouraged; this includes travel into and out of AB and between regions of the province.</td>
</tr>
<tr>
<td>Saskatchewan (SK)</td>
<td>No travel restrictions for domestic travellers entering SK</td>
</tr>
<tr>
<td>Manitoba ⁶ (MB)</td>
<td>No travel restrictions for domestic travellers entering MB, but self-isolation required (except for residents of Western Canada and Northwestern Ontario). Travel to and from northern Manitoba is restricted and non-essential travel is discouraged.</td>
</tr>
<tr>
<td>Ontario ⁷, ⁸ (ON)</td>
<td>No travel restrictions for all domestic travellers entering ON.</td>
</tr>
<tr>
<td>Quebec ⁹ (QC)</td>
<td>No travel restrictions for domestic travellers entering QC. Travel between regions of QC should only be for essential purposes.</td>
</tr>
<tr>
<td>New Brunswick ¹⁰, ¹¹ (NB)</td>
<td>As of January 9, QC is implementing a curfew between the hours of 8pm to 5am; people are prohibited to move outside of their homes during these hours with few exceptions (e.g. going to work or medical reasons)</td>
</tr>
<tr>
<td>Nova Scotia ¹², ¹³ (NS)</td>
<td>As of January 8, prohibition on all non-essential travel into NB for all domestic travellers, except for workers and other specific exemptions (e.g. medical reasons) and QC residents from Listuguj First Nation and Pointe-a-la-Croix who have pre-registered and been approved to enter for essential services.</td>
</tr>
</tbody>
</table>

*Related Measures:*
A map outlining the current travel restrictions and self-isolation requirements is available on Destination Canada’s website.

*Methodological Notes:*
An explanation of the methodologies in the different sections and relevant sources.

¹ Additional measures for specific groups:
- As of January 8, residents of PE and NL are not required to self-isolate.
- As of January 9, QC is implementing a curfew between the hours of 8pm to 5am; people are prohibited to move outside of their homes during these hours with few exceptions (e.g. going to work or medical reasons).
<table>
<thead>
<tr>
<th>Region</th>
<th>Traveller self-isolation required?</th>
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<tr>
<td>Prince Edward Island (PE)</td>
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</tr>
<tr>
<td>Newfoundland &amp; Labrador (NL)</td>
<td>✗</td>
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</tr>
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<td>Yukon (YT)</td>
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</tr>
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<td>Northwest Territories (NT)</td>
<td>✗</td>
<td>✗</td>
</tr>
<tr>
<td>Nunavut (NU)</td>
<td>✗</td>
<td>✗</td>
</tr>
</tbody>
</table>

- **Prince Edward Island (PE)**: 14-day self-isolation for all admitted travellers entering PE, except for exempt essential workers and PE residents travelling for essential purposes (e.g. medical appointment) who return the same day. Prohibition on all non-essential travel into PE, non-residents need to apply for pre-travel approval, including a 14 day self-isolation plan; exception for QC residents going to the Magdalen Islands.

- **Newfoundland & Labrador (NL)**: 14-day self-isolation for all travellers entering NL, except for asymptomatic workers from specific sectors. Atlantic residents (NB, NS, PE) are permitted to enter NL but are required to self-isolate for 14 days; prohibition on travel to NL for all other domestic travellers, except for residents and workers from key sectors and other specific exemptions as approved by the NL Chief Medical Officer of Health. Canadians living outside of Atlantic Canada who own a home in NL are allowed to enter but are still required to self-isolate for 14 days.

- **Yukon (YT)**: As of November 20, mandatory self-isolation for all domestic travelers entering YT, except for critical workers from BC, NT and NU; critical service workers entering YT from all other Canadian jurisdictions must self-isolate; self-isolation must occur in Whitehorse, unless visiting a family member (in which case self-isolation must occur at their residence). Entry permitted for Canadians following self-isolation requirements, with few exceptions; enforcement at land borders and airport; mandatory travel routes for transiting through YT. Several First Nations governments and communities currently have travel advisories in place. Travellers are asked to limit travel to Yukon communities and travel respectfully. The government does not recommend non-essential travel to the territory.

- **Northwest Territories (NT)**: 14-day self-isolation for all admitted travellers entering NT; must self-isolate in government designated sites in Yellowknife, Inuvik, Hay River or Fort Smith. Prohibition on travel to NT for all domestic travellers; entry permitted for NT residents or those moving to NT coming for work or attending school, critical or essential service workers, transiting to neighbouring jurisdictions (12-hour limit), transboundary First Nations people exercising treaty rights, Nunavut patients in the NT for medical treatment, with few exemptions; enforcement at land borders and airport.

- **Nunavut (NU)**: 14-day self-isolation for all admitted travellers prior to travelling to NU, except for those travelling directly from NT and Churchill, MB; must self-isolate in government designated sites in Edmonton, Winnipeg, Ottawa or Yellowknife. Travel bubble with Churchill, MB whereby no self-isolation required if travelling directly from Churchill; as of November 17, mutual travel bubble with NT is suspended, but those travelling directly from NT may still enter NU with no self-isolation required; prohibition on all other travel into NU, except residents and critical workers; require written permission from the territory’s Chief Public Health Officer to enter. Non-essential travel within NU is not recommended.

**Legend:**
- No measures in place
- Some form of measures in place
Most provinces and territories have implemented a framework to guide re-opening strategies catered to their individual circumstances. Since each province and territory is starting from a different baseline to implement the re-opening of their local economy, the phases and stages are not congruent across jurisdictions. The table below outlines the current status of restrictions on tourism related sectors as of January 13, 2021. Unless noted, persons must gather and business must operate with sufficient social distancing measures in place. Many destinations require non-medical masks to be worn and all visitors should plan on having masks ready if needed.

### Tourism Related Measures

<table>
<thead>
<tr>
<th>British Columbia</th>
<th>Alberta</th>
<th>Saskatchewan</th>
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<tr>
<td><strong>Accommodations</strong></td>
<td><strong>Restaurants &amp; Dining</strong></td>
<td><strong>Activities &amp; Attractions</strong></td>
</tr>
<tr>
<td>The phased approach to BC’s Restart Plan is on pause for the duration of province-wide restrictions.</td>
<td>As of November 7, indoor and outdoor social gatherings of any size are not permitted with anyone other than those within a core bubble (core bubble includes immediate family or people in the same dwelling; for some a core bubble may include a partner, relative, friend, or co-parent who lives in a different household).</td>
<td>Most businesses and enterprises are permitted to operate (with adherence to WorkSafeBC protocols and a COVID-19 Safety Plan in place). In addition, most parks, beaches, and outdoor spaces are open. Exceptions include casinos, which remain closed, and nightclubs, which are closed until further notice. Provincial park campground reservations are open for BC residents only; preferential access to camping will be given to BC residents. It is recommended to check with the facility or tourism operator directly to confirm its status.</td>
</tr>
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<td>As of November 13, vacation accommodations are limited to those who reside together, or if a person lives on their own, up to two other persons with whom the person regularly interacts.</td>
<td>As of September 7, casinos, hotels, inns, and motels may operate with sufficient social distancing measures in place.</td>
<td>As of December 24, business meetings (outside the workplace) and conferences are prohibited.</td>
</tr>
<tr>
<td>As of December 13, all restaurants, bars, pubs, cafes and lounges are closed to in-person service; takeout, curbside pickup and delivery services are allowed.</td>
<td>Most parks and outdoor spaces are open; however, only selected campgrounds are open at National Parks and comfort camping remains unavailable at provincial parks. It is recommended to check with the facility or tourism operator directly to confirm its status.</td>
<td>As of December 8, all indoor and outdoor social gatherings - public or private - are prohibited; all out of town visitors cannot stay in other people’s homes, regardless of where they are coming from.</td>
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<td>As of December 17, all casinos, hotels, inns and motels must close.</td>
<td>All businesses and enterprises are permitted to operate (with adherence to sector-specific guidelines in the Re-Open Saskatchewan Plan). In addition, most parks and outdoor spaces are open. It is recommended to check with the facility or tourism operator directly to confirm its status.</td>
<td>As of December 13, all banquets, conference centres and trade shows must close; all outdoor performances with audiences and all indoor group performances are prohibited.</td>
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<td>Acclimations</td>
<td>Restaurants, cafés, pubs and breweries can open for dine-in (with sufficient distancing measures and a maximum of 6 patrons per table); patrons who remain on premises after being served must be seated.</td>
<td>Most businesses and enterprises are permitted to operate (with adherence to WorkSafeBC protocols and a COVID-19 Safety Plan in place). In addition, most parks, beaches, and outdoor spaces are open. Exceptions include casinos, which remain closed, and nightclubs, which are closed until further notice. Provincial park campground reservations are open for BC residents only; preferential access to camping will be given to BC residents. It is recommended to check with the facility or tourism operator directly to confirm its status.</td>
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<td>Province</td>
<td>Current Phase/Stage</td>
<td>Hotels &amp; Accommodation</td>
</tr>
<tr>
<td>----------</td>
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</tr>
<tr>
<td>Manitoba 34, 35, 36</td>
<td>As of November 12, all regions in Manitoba are in the Red Alert response level</td>
<td>Accommodations are open unless they have decided to close due to lack of demand/low occupancy/health concerns; conference rooms and recreational facilities are not permitted</td>
</tr>
<tr>
<td>Quebec 40, 41, 42</td>
<td>Quebec has a regional alert system in place. There are 4 levels in total: Level 1 - Vigilance (green), Level 2 - Early Warning (yellow), Level 3 - Alert (orange), and Level 4 - Maximum Alert (red).</td>
<td>Accommodations remain open unless they have decided to close due to operational reasons. Short-term rentals (e.g., cottages, cabins) are only to be provided to individuals who are in need of housing. Meeting rooms and recreational facilities are not permitted (with limited exceptions).</td>
</tr>
<tr>
<td>New Brunswick 43, 44</td>
<td>As of January 9, all regions in New Brunswick are in the Orange level</td>
<td>Accommodations are open unless they have decided to close due to lack of demand/low occupancy/health concerns</td>
</tr>
<tr>
<td>Nova Scotia 45, 46, 47</td>
<td>No official re-opening plan in place</td>
<td>Accommodations are open unless they have decided to close due to lack of demand/low occupancy/health concerns</td>
</tr>
</tbody>
</table>
### Prince Edward Island

As of January 6, PEI is implementing post-circuit breaker measures.

**Current Phase/Stage:** Post-circuit breaker measures

**Hotels & Accommodation**

- Accommodations are open unless they have decided to close due to lack of demand/low occupancy/health concerns.

**Restaurants & Dining**

- As of January 6, dine-in can open with maximum 50 patrons (with sufficient distancing measures); all patrons must remain seated with a maximum of 10 patrons per table; establishments must close by 11pm.

**Activities & Attractions**

- As of January 6, museums and libraries are limited to 50% capacity and retail stores remain limited to 50% capacity.

- Otherwise, businesses and enterprises are permitted to operate (with adherence to sector specific operational guidelines).

- Food premises may have more than 50 patrons with an approved operational plan.

Gatherings of no more than 100 people are permitted provided the gathering is operated by a recognized business or organization and where physical distancing may be maintained. All other gatherings are limited to no more than 50 people provided physical distancing may be maintained.

### Newfoundland & Labrador

**Alert level 2 of 5**

(moving from level 3 down to level 1)

Starting June 12

**Current Phase/Stage:** Phase 3

**Hotels & Accommodation**

- Accommodations are open unless they have decided to close due to lack of demand/low occupancy/health concerns.

**Restaurants & Dining**

- Dine-in can open at restaurants, bars and lounges (at 50% capacity)

**Activities & Attractions**

- All businesses and enterprises are permitted to operate (with adherence to business specific requirements and public health guidance from the Department of Health and Community Services). In addition, most parks and outdoor spaces are open. It is recommended to check with the facility or tourism operator directly to confirm its status.

Gatherings in large venues may operate at a capacity higher than 100 where an operating plan has been approved by a Service NL Environmental Health Officer. Organizers of gatherings must keep a record of all attendees.

### Yukon

As of January 6, 2021, annual events, live entertainment events, and conferences are cancelled.

**Current Phase/Stage:** Phase 4

Starting August 1

**Hotels & Accommodation**

- Accommodations are open unless they have decided to close due to lack of demand/low occupancy/health concerns with enhanced cleaning and public health measures.

**Restaurants & Dining**

- Restaurants can open at full capacity for dine-in (with sufficient distancing measures and approved operational plan).

**Activities & Attractions**

- All businesses and enterprises are permitted to operate (with adherence to health measures and with completed operational plans where required). In addition, most parks and outdoor spaces are open. Territorial campsgrounds and recreation sites have closed for the season. It is recommended to check with the facility or tourism operator directly to confirm its status.

### Northwest Territories

**Current Phase/Stage:** Phase 2

Starting June 12

**Hotels & Accommodation**

- Accommodations are open unless they have decided to close due to lack of demand/low occupancy/health concerns with control/safety measures in place.

**Restaurants & Dining**

- Dine-in can open at restaurants, bars and lounges (limited capacity with sufficient distancing measures; no more than 25 customers indoors and 50 customers outdoors).

**Activities & Attractions**

- All businesses and enterprises are permitted to operate (with adherence to health measures and with completed operational plans where required). In addition, most parks and outdoor spaces are open. All territorial campsgrounds closed by September 30. It is recommended to check with the facility or tourism operator directly to confirm its status.

### Nunavut

**Current Phase/Stage:** Level 5

Starting June 12

**Hotels & Accommodation**

- Accommodations are open unless they have decided to close due to lack of demand/low occupancy/health concerns

**Restaurants & Dining**

- As of December 23, in Arviat and Whale Cove: Restaurants are open to take-out and delivery services only; bars to remain closed

**Activities & Attractions**

- As of December 28, in Baffin, Kitikmeot, Chesterfield Inlet, Baker Lake, Coral Harbour, Kugluktuk, Naujaat, and Rankin Inlet: Businesses can operate (with sufficient physical distancing); galleries, museums and libraries can open but no tours or group gatherings; theatres can open with maximum 50 people or 50% capacity; municipal parks, territorial parks, and territorial parks reserves can open, but buildings must be closed; arenas can open with maximum 50 people or 50% capacity.

- As of January 12, in Arviat and Whale Cove: same as restrictions in other communities above except arenas can open with maximum 25 people or 50% capacity.
1. Travel-Related Measures: In conjunction with provincial and territorial partners, Destination Canada has sourced information directly from provincial and territorial government websites; additional insights are provided by provincial and territorial partners where relevant or where information from official sources is incomplete. The intention for this section is to provide the latest available information as of the date of the report. Given the evolving nature of these measures and phased opening strategies, readers are encouraged to seek information from official government sources for the most current information.

Sources:
3 Government of British Columbia, Province-wide restrictions, January 8, 2021 https://www2.gov.bc.ca/gov/content/safety/emergency-preparedness-response-recovery/covid-19-provincial-support/restrictions
16 Government of Newfoundland and Labrador, For Travellers, January 13, 2021 https://gov.nl.ca/covid19/individuals-and-households/travel-advice-2-
27 Government of British Columbia, Province-wide restrictions, January 8, 2021 https://www2.gov.bc.ca/gov/content/safety/emergency-preparedness-response-recovery/covid-19-provincial-support/restrictions
37 Government of Manitoba, Public Health Orders - Businesses Permitted to Open, November 20, 2020 https://manitoba.ca/covid19/restartmb/prs/orders/essential-business

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