



COVID-19 Impact and Recovery Report: Travel-Related Measures

Updated: November 12, 2020

This document provides an evergreen assessment of the situation in Canada. It has the following sections:

- Travel-Related Measures: A summary of the travel and tourism-related measures in place in each province and territory. A map outlining the current travel restrictions and self-isolation requirements is available on Destination Canada's website: https://caen-keepexploring.canada.travel/canada-nice#canadamap
- 2. Methodological Notes: An explanation of the methodologies in the different sections and relevant sources.

1. TRAVEL-RELATED MEASURES

In addition to a federal government requirement mandating 14-day self-isolation for those who are eligible to enter Canada¹, individual provinces and territories have implemented measures on travel between provinces and territories. The below table outlines self-isolation requirements for domestic travellers entering into each province or territory, as well as restrictions on travel across provincial and territorial borders. Tracking these measures is challenging given the fluid nature of COVID-19. This information was collected by provincial and territorial tourism marketing authorities and relevant tourism departments and current as of November 12, 2020.

Travel Measures

	Traveller self-isolation required?	Travel restrictions?
British Columbia ^{2, 3} (BC)	No self-isolation for domestic travellers entering BC	All non-resident travel to Haida Gwaii is restricted; otherwise, no travel restrictions for domestic travellers entering BC. As of November 7, travel into and out of the Lower Mainland and Fraser Valley should be limited to essential travel only; this limitation does not restrict travel and flights to/from BC.
Alberta⁴ (AB)	No self-isolation for domestic travellers entering AB. Starting November 2, eligible international travellers returning to Alberta at the Calgary International Airport or Coutts land border crossing can participate in a pilot program that will allow them to quarantine for less time (approximately 48 hours) provided they test negative for COVID-19 and if they commit to following specific public health and testing measures.	No travel restrictions for domestic travellers entering AB
Saskatchewan (SK)	No self-isolation for domestic travellers entering SK	No travel restrictions for domestic travellers entering SK
Manitoba ⁵ (MB)	Residents of Western Canada and Northwestern Ontario do not need to self-isolate for 14 days when entering MB; 14-day self-isolation for all other domestic travellers entering MB, except for essential workers.	No travel restrictions for domestic travellers entering MB, but self-isolation required (except for residents of Western Canada and Northwestern Ontario). Travel to and from northern Manitoba is restricted and non-essential travel is discouraged.
Ontario ⁶ (ON)	No self-isolation for domestic travellers entering ON	No travel restrictions for domestic travellers entering ON. Travel between regions within ON, especially from higher transmission to lower transmission areas, should only be for essential purposes.
Quebec ⁷ (QC)	No self-isolation for domestic travellers entering QC	No travel restrictions for domestic travellers entering QC. Residents of a region or territory within QC that is designated as a "Red" zone must avoid travelling to "Green", "Yellow" or "Orange" zones and outside of Quebec, inter-regional travel is also not recommended for regions in the "Orange" zone, and access is not allowed to Nunavik and James Bay
New Brunswick ^{8,} ^{9, 10} (NB)	Residents of other Atlantic provinces (NS, PE, NL) do not need to self-isolate for 14 days when entering NB. 14-day self-isolation for all other domestic travellers entering NB, except for exempt essential service providers and QC residents entering for essential services. Under specific circumstances, NB residents who work outside of the Atlantic bubble may be eligible to forego self-isolation requirements or be subject to less stringent self-isolation requirements.	Travel bubble with other Atlantic provinces whereby no-self-isolation required for Atlantic Canadian residents; prohibition on all non-essential travel into NB for all other domestic travellers, except for workers and other specific exemptions such as Canadian residents owning property in NB or visiting family members, and QC residents entering for essential services or going to the Magdalen Islands
Nova Scotia ¹¹ (NS)	Residents of other Atlantic provinces (NB, PE, NL) do not need to self-isolate for 14 days when entering NS; 14-day self-isolation for all other domestic travellers entering NS, except for exempt workers from specific sectors	Travel bubble with other Atlantic provinces whereby no-self- isolation required for Atlantic Canadian residents; no travel restrictions for all other domestic travellers entering NS, but self- isolation required

Prince Edward Island^{12, 13, 14, 15, 16} (PE)

Residents of other Atlantic provinces (NB, NS, NL) do not need to self-isolate for 14 days when entering PE; 14-day self-isolation for all other admitted travellers entering PE, except for exempt essential workers

Travel bubble with other Atlantic provinces whereby no-selfisolation required for Atlantic Canadian residents; prohibition on all non-essential travel into PE for all other domestic travellers with the exception of seasonal residents and their family members, entry for family connections, and QC residents going to the Magdalen Islands

Newfoundland & Labrador^{17, 18} (NL)

Residents of other Atlantic provinces (NB, NS, PE) do not need to self-isolate for 14 days when entering NL; 14-day self-isolation for all other domestic travellers entering NL, except for asymptomatic workers from specific sectors

Travel bubble with other Atlantic provinces whereby no-selfisolation required for Atlantic Canadian residents; prohibition on all travel to NL for all other domestic travellers, except for residents and workers from key sectors and other specific exemptions as approved by the NL Chief Medical Officer of Health. Canadians living outside of Atlantic Canada who own a home in NL are allowed to enter but are still required to selfisolate for 14 days.

Yukon^{19, 20, 21} (YT)

Residents of BC, NT and NU do not need to self-isolate when arriving in YT as long as they did not travel/stop over outside of these jurisdictions in the 14 days prior to arrival; proof of residence required; 14-day self-isolation for all other domestic travellers entering YT, except for critical workers; self-isolation for all other domestic travellers entering YT must occur in Whitehorse, unless visiting a family member (in which case selfisolation must occur at their residence)

No-self-isolation required for residents of YT, BC, NT and NU with proof of residency and completion of travel declaration; entry permitted for other residents of Canada following self-isolation requirements; exceptions for critical or essential service workers and those transiting to/from Alaska (24-hour limit); enforcement at land borders and airport; mandatory travel routes for transiting through YT. Several First Nations governments and communities currently have travel advisories in place. Travellers are asked to limit travel to Yukon communities (outside of Whitehorse) and travel respectfully.

14-day self-isolation for all admitted travellers entering NT except for those travelling directly from NU; must self-isolate in government designated sites in Yellowknife, Inuvik, Hay River or Fort Smith

Travel bubble with NU whereby no self-isolation required if traveling directly from NU; entry permitted for NT residents or those moving to NT coming for work or attending school, critical or essential service workers, transiting to neighbouring jurisdictions (12-hour limit), transboundary First Nations people exercising treaty rights, with few exemptions; enforcement at land borders and airport

Nunavut²⁴ (NU)

Northwest

(NT)

Territories^{22, 23}



14-day self-isolation for all admitted travellers prior to travelling to NU, except for those travelling directly from NT; must selfisolate in government designated sites in Edmonton, Winnipeg, Ottawa or Yellowknife

Travel bubble with NT and Churchill, MB whereby no self-isolation required if traveling directly from NT or Churchill; prohibition on all other travel into NU, except residents and critical workers; require written permission from the territory's Chief Public Health Officer to enter

Legend:

No measures in place

Some form of measures in place X

While some Parks Canada places remain open, others are fully or partially closed in the fall and winter seasons. Access to visitor facilities and services may be limited. Please consult the Parks Canada website for an updated list of specific Parks Canada locations with special instructions: https://www.pc.gc.ca/en/voyage-travel/securite-safety/covid-19-info#locations

Most provinces and territories have implemented a framework to guide re-opening strategies catered to their individual circumstances. Since each province and territory is starting from a different baseline to implement the re-opening of their local economy, the phases and stages are not congruent across jurisdictions. The table below outlines the current status of restrictions on tourism related sectors as of November 12, 2020. Unless noted, persons must gather and business must operate with sufficient social distancing measures in place.

Tourism Related Measures

	Current Phase/Stage	Hotels & Accommodation	Restaurants & Dining	Activities & Attractions	Large Gatherings/ Conferences
British Columbia ^{25, 26, 27}	Phase 3 of 4 Starting June 24	Accommodations are open unless they have decided to close due to lack of demand/low occupancy/health concerns; maximum of 5 people may attend a daytime social gathering / event in a vacation accommodation, in addition to the occupants; visitors of the occupants cannot stay overnight	Restaurants, cafes, pubs and breweries can open for dine-in (with sufficient distancing measures and a maximum of 6 patrons per table); patrons who remain on premises after being served must be seated. Liquor sales in all bars, lounges, pubs and restaurants must stop at 10pm and they must close by 11pm (unless full meal service is available). Stand-alone banquet halls are closed until further notice.	Most businesses and enterprises are permitted to operate (with adherence to WorkSafeBC protocols and a COVID-19 Safety Plan in place). In addition, most parks, beaches, and outdoor spaces are open. Exceptions include casinos, which remain closed, and nightclubs, which are closed until further notice. Provincial park campground reservations are open for BC residents only; preferential access to camping will be given to BC residents. It is recommended to check with the facility or tourism operator directly to confirm its status.	50 people maximum for outdoor or indoor gatherings; events like tradeshows, conferences, concerts and sporting events not considered until phase 4. As of November 7, indoor and outdoor social gatherings of any size are not permitted with anyone other than those within a core bubble (core bubble includes immediate family or people in the same dwelling; for some a core bubble may include a partner, relative, friend, or co-parent who lives in a different household)
Alberta ^{28, 29, 30, 31}	Stage 2 of 3 Starting June 12	Accommodations are open unless they have decided to close due to lack of demand/low occupancy/health concerns	Restaurants, lounges and bars can open (with sufficient distancing and health measures in place) As of November 13 in the Edmonton area, the Calgary area, Fort McMurray, Grand Prairie, Lethbridge and Red Deer: Restaurants, bars, lounges and pubs must stop liquor sales by 10pm and close by 11pm.	Most businesses and enterprises are permitted to operate (with adherence to general and sector-specific guidance). Unless an exemption has been provided, the following activities are not permitted: nightclubs, amusement parks and indoor children's play places. Most parks and outdoor spaces are open; however, only selected campgrounds are open at National parks and comfort camping remains unavailable at provincial parks. It is recommended to check with the facility or tourism operator directly to confirm its status.	50 people maximum for indoor social gatherings; 200 people maximum for audience-type community outdoor events; 100 people maximum for other outdoor events and indoor seated / audience events; instrumental concerts allowed and vocal concerts for outdoor only; exhibits and tradeshows allowed with no cap on the number of people (with public health measures in place); major festivals and concerts, large conferences and events not considered until stage 3. As of November 13 in the Edmonton area, the Calgary area, Fort McMurray, Grand Prairie, Lethbridge and Red Deer: Mandatory 15 person limit on social and family gatherings (indoors and outdoors).
Saskatchewan ^{32,} 33, 34, 35, 36, 37	Phase 4.2 Starting June 29	Accommodations are open unless they have decided to close due to lack of demand/low occupancy/health concerns. Camp-Easy sites in provincial parks are now permitted	Dine-in can open (with sufficient distancing measures)	All businesses and enterprises are permitted to operate (with adherence to sector-specific guidelines in the Re-Open Saskatchewan Plan). In addition, most parks and outdoor spaces are open. It is recommended to check with the facility or tourism operator directly to confirm its status. As of October 30, all nightclubs in Saskatchewan must adhere to a maximum of 6 patrons per table, with no mingling between tables, and no karaoke and dance floors. In addition, nightclubs in Saskaton must prohibit alcohol consumption after 10pm and close to patrons at 11pm.	30 people maximum for outdoor or indoor gatherings; tradeshows are allowed with 150 person limit and conferences are allowed but size must comply with current public health order. As of November 6, the maximum allowable gathering size for private gatherings in the home is 10.
Manitoba ^{38, 39}	Beginning November 12, all regions in Manitoba are in the red (critical) response level	Accommodations are open unless they have decided to close due to lack of demand/low occupancy/health concerns	Beginning November 12, all restaurants in Manitoba are closed with the exception of take out and delivery services.	Beginning November 12, only essential services remain open in Manitoba. All casinos, museums, galleries, movie theatres and concert halls are closed.	Beginning November 12, social contacts must be reduced to your household only; all indoor and outdoor social gatherings are not permitted.

	Current Phase/Stage	Hotels & Accommodation	Restaurants & Dining	Activities & Attractions	Large Gatherings/ Conferences
Ontario ^{40, 41}	Effective November 7, 2020, Ontario is implementing the Keeping Ontario Safe and Open Framework. The framework. The framework categorizes public health unit regions into five levels: Green - Prevent, Yellow - Protect, Orange - Restrict, Red - Control, and Lockdown, and will outline the types of public health and workplace safety measures for businesses and organizations at each level. To see which public health unit is in which level, see COVID-19 levels by region.	Accommodations are open unless they have decided to close due to operational reasons; meeting rooms and recreational facilities can open subject to the requirements in the level	Green-Prevent (Stage 3): Indoor and outdoor dining permitted; must capture contact info for patrons; no buffet style service; night clubs only permitted to operate as a restaurant or bar Yellow-Protect (Stage 3): Measures from previous level, plus: Maximum of 6 patrons per table; liquor service ends at 11pm and establishments must close at midnight (except for takeout service) Orange-Restrict (Stage 3): Measures from previous levels, plus: 50 person indoor capacity limit; maximum of 4 patrons per table; liquor service ends at 9pm and establishments must close at 10pm (except for takeout service) Red-Control (Stage 2): Measures from previous levels, plus: 10 person indoor capacity limit; outdoor dining, take out, and delivery permitted	Museums, galleries, aquariums, zoos, science centres, landmarks, historic sites, botanical gardens and similar attractions may open with some operating restrictions. Green-Prevent (Stage 3): Casinos limited to 50 people; cinemas limited to 50 people indoors, 100 outdoors, or 50 indoors per auditorium; performing arts facilities limited to 50 people indoors and 100 outdoors Yellow-Protect (Stage 3): Measures from previous level Orange-Restrict (Stage 3): Measures from previous levels, plus: Cinemas limited to 50 people per facility Red-Control (Stage 2): Measures from previous levels, plus: Casinos limited to 10 people per facility indoors or 25 outdoors; cinemas are closed, with some exceptions (e.g. drive-in); performing arts facilities are closed to spectators	Green-Prevent (Stage 3): Maximum 10 people indoors and 25 people outdoors for social gatherings; maximum 50 people indoors or 100 outdoors for organized public events and gatherings, and a limit of 50 people per room Yellow-Protect (Stage 3): Measures from previous level, plus: Establishments must close at midnight Orange-Restrict (Stage 3): Measures from previous levels, plus: Maximum of 50 people per facility and establishments must close at 10 pm Red-Control (Stage 2): Measures from previous levels, plus: Maximum of 10 people indoors and 25 outdoors for all social gatherings or organized public events and gatherings
Quebec ^{42, 43, 44, 45,} 46, 47, 48, 49	Quebec is implementing a regional alert system. There are 4 levels in total. The following regions are in the "Red" level: Montréal, Laval, Capitale-Nationale, Centre-du-Québec, Mauricie, Montrérégie, Lanaudière, Saguenay-Lac-Saint-Jean, Chaudière-Appalaches, Estrie. The following regions are in the "Orange" level but have specific territories in the "Red" level: Laurentides, Outaouais. The following regions are in the "Orange" level Bas-Saint-Laurent, Nord-du-Québec. The following regions are in the "Orange" level but have specific territories in the "Grange" level but have specific territories in the "Orange" level but have specific territories in the "Yellow" level: Gaspésie-Îles-de-la-Madeleine. The following regions are in the "Yellow" level: Gaspésie-Îles-de-la-Madeleine. The following regions are in the "Yellow" level: Abitibi-Témiscamingue, Côte-Nord, Nunavik, Terres-Cries-de-la-Baie-James.	Accommodations are open unless they have decided to close due to lack of demand/low occupancy/health concerns; regular vacation camps with accommodation are not permitted	For "Red" regions: Dine- in at restaurants, bars, and food courts is not allowed; only delivery and takeout permitted. For "Orange" regions: Maximum of 6 patrons per table and required to capture contact information of patrons; alcohol and food sales in all bars must stop at 11pm and they must close by midnight; in addition, alcohol sales at restaurants must stop at 11pm and no alcohol can be consumed after midnight. For "Green" and "Yellow" regions: Maximum 50% capacity, maximum of 10 patrons per table and required to capture contact information of patrons; alcohol and food sales in all bars must stop at midnight and they must close by 1am.	For "Red" regions: Auditoriums, cinemas, theatres, libraries, museums, nightclubs, casinos, aquariums, zoos, amusement centres, saunas, and spas are closed. Organized sports and recreational activities are suspended. Otherwise, all business are permitted to operate (with adherence to sectoral guides and health measures related to their area of activity). In addition, most parks, beaches, and outdoor spaces are open. Exceptions include karaoke activities at bars and public venues, which have been suspended. It is recommended to check with the facility or tourism operator directly to confirm its status.	For "Red" regions: Private gatherings are prohibited; activities in an organized public setting (e.g. rented halls or festival events) are prohibited; auditoriums, cinemas, theatres, libraries and museums are closed For "Orange" regions: Private gatherings must be limited to no more than 6 people; activities in an organized public setting (e.g. rented halls or festival events) are limited to a maximum of 25 people for indoor and outdoor; 250 people maximum for certain public indoor and outdoor venues (e.g. concert halls, theatres, cinemas) For "Green" and "Yellow" regions: Private gatherings must be limited to no more than 10 people; activities in an organized public setting (e.g. rented halls or festival events) are limited to a maximum of 50 people for outdoor; 250 people maximum for certain public indoor and outdoor venues (e.g. concert halls, theatres, cinemas)

	Current Phase/Stage	Hotels & Accommodation	Restaurants & Dining	Activities & Attractions	Large Gatherings/ Conferences
New Brunswick ^{50, 51, 52}	All zones are in the Yellow (Level 3c of 4)	Accommodations are open unless they have decided to close due to lack of demand/low occupancy/health concerns	Dine-in can open at restaurants, brewpubs and taprooms (with sufficient distancing measures and are required to capture contact information of patrons)	All businesses and enterprises are permitted to operate (with adherence to WorkSafeNB guidelines and health measures related to their area of activity; all business must prepare operational plans). In addition, most parks, beaches, and outdoor spaces are open. It is recommended to check with the facility or tourism operator directly to confirm its status.	50 people maximum for uncontrolled indoor or outdoor gatherings, unless a plan is in place to ensure Public Health guidelines can be followed and plan is approved by Worksafe NB. Trade shows and conferences are allowed and should remain at a level which allows for physical distancing (venues with indoor events with controlled entry and/or controlled seating, are required to capture contact information on persons using the facility)
Nova Scotia ^{53, 54,} 55	No official re- opening plan in place	Accommodations are open unless they have decided to close due to lack of demand/low occupancy/health concerns	Restaurants can open for dine-in and bars, wineries, distilleries and taprooms can open for in-seat service (with sufficient distancing measures)	All businesses and enterprises are permitted to operate (with adherence to sector associations' government-approved Workplace COVID-19 Prevention Plans). In addition, most parks, beaches, and outdoor spaces are open. It is recommended to check with the facility or tourism operator directly to confirm its status.	Social events and arts and culture events that are run by a recognized business or organization can have 250 people outdoors or 50% of the venue's capacity to a maximum of 200 indoors, with distancing; events not run by a recognized business or organization can have 50 people maximum indoors or outdoors. Conferences and tradeshows may operate following organized gathering limits. Four entertainment venues (Scotiabank Centre in Halifax, Centre 200 in Sydney, and two raceways) can host multiple groups of 250 outdoors and 200 indoors, as long as each group is separated in its own bubble at the venue.
Prince Edward Island ^{56, 57, 58, 59}	PEI launched a new colour-coded COVID-19 alert system for the province on September 29. The province also announced that it will move to the Green 'New Normal' phase on October 1	Accommodations are open unless they have decided to close due to lack of demand/low occupancy/health concerns	Dine-in can open with maximum 50 patrons indoors and additional patrons permitted on patios (with sufficient distancing measures); maximum of 20 patrons per table; no self-serve buffet; patrons must remain seated for alcohol service. Food premises may have more than 50 patrons seated indoors following multiple gatherings guidance (separated cohorts of up to 50 persons).	All businesses and enterprises are permitted to operate (with adherence to sector specific operational guidelines; business resulting in gatherings of more than 50 people must submit a COVID-19 Operational Plan and receive approval). In addition, most parks, beaches, and outdoor spaces are open. It is recommended to check with the facility or tourism operator directly to confirm its status.	Personal gatherings are limited to no more than 20 persons. Organized gatherings can have cohorts of 50 persons kept separate with no limit on the number of cohorts; gatherings over 50 people must submit an operational plan; group seating at organized gatherings of no more than 20 persons; conferences may operate following organized gathering limitations and tradeshows may be assessed on a case by case basis.
Newfoundland & Labrador ^{60, 61, 62}	Alert level 2 of 5 (moving from level 5 down to level 1) Starting June 25	Accommodations are open unless they have decided to close due to lack of demand/low occupancy/health concerns	Dine-in can open at restaurants, bars and lounges (at 50% capacity)	All businesses and enterprises are permitted to operate (with adherence to business specific requirements and public health guidance from the Department of Health and Community Services). In addition, most parks and outdoor spaces are open. It is recommended to check with the facility or tourism operator directly to confirm its status.	Gatherings of no more than 100 people are permitted provided the gathering is operated by a recognized business or organization and where physical distancing may be maintained. All other gatherings are limited to no more than 50 people provided physical distancing may be maintained. Gatherings in large venues may operate at a capacity higher than 100 where an operating plan has been approved by a Service NL Environmental Health Officer. Organizers of gatherings must keep a record of all attendees. Events like tradeshows and conferences TBD.

	Current Phase/Stage	Hotels & Accommodation	Restaurants & Dining	Activities & Attractions	Large Gatherings/ Conferences
Yukon ^{63, 64, 65, 66}	Phase 3 of 4 Starting August 1	Accommodations are open unless they have decided to close due to lack of demand/low occupancy/health concerns (with enhanced cleaning and public health measures)	Restaurants can open at full capacity for dine-in (with sufficient distancing measures and approved operational plan); bars can open at 50% capacity (with distancing measures and approved operational plan)	All businesses and enterprises are permitted to operate (with adherence to health measures and with completed operational plans where required). In addition, most parks and outdoor spaces are open. Territorial campgrounds and recreation sites have closed for the season. It is recommended to check with the facility or tourism operator directly to confirm its status.	10 people maximum for indoor social gatherings; 50 people maximum for outdoor social gatherings. Organized seated events permitted in a rental facility or venue with an operational plan; indoor events 50 people or fewer; outdoor events 100 people or fewer with physical distancing; conferences and tradeshows may operate following organized gathering limits and an approved operational plan.
Northwest Territories ^{67, 68, 69}	Phase 2 of 4 Starting June 12	Accommodations are open unless they have decided to close due to lack of demand/low occupancy/health concerns (with control/safety measures in place)	Dine-in can open at restaurants, bars and lounges (limited capacity with sufficient distancing measures; no more than 25 customers indoors and 50 customers outdoors)	All businesses and enterprises are permitted to operate (with adherence to health measures and following sectoral guidelines). In addition, most parks and outdoor spaces are open. All territorial campgrounds closed by September 30. It is recommended to check with the facility or tourism operator directly to confirm its status.	25 people maximum for indoor gatherings; 50 people maximum for outdoor activities and public events; events like tradeshows and conferences TBD
Nunavut ^{70, 71}	Every two weeks after June 1, the Chief Public health Officer will decide which measures can be eased, maintained or if additional restrictions are needed	Accommodations are open unless they have decided to close due to lack of demand/low occupancy/health concerns	Dine-in can open with regular hours at 75% capacity (with sufficient distancing measures); maximum of 6 patrons per table	All businesses and enterprises are permitted to operate (with adherence to health measures and following sectoral guidelines). In addition, most parks and outdoor spaces are open. It is recommended to check with the facility or tourism operator directly to confirm its status.	Maximum of 15 people for indoor gatherings and 100 people for outdoor gatherings; museums, libraries, and galleries can have a maximum 25 persons or 50% of the rated capacity of the room; limits for conference facilities and rental meeting spaces has been set at 100 people or 75% of capacity for the facility, whichever is less

2. METHODOLOGICAL NOTES

I. Travel-Related Measures: In conjunction with provincial and territorial partners, Destination Canada has sourced information directly from provincial and territorial government websites; additional insights are provided by provincial and territorial partners where relevant or where information from official sources is incomplete. The intention for this section is to provide the latest available information as of the date of the report. Given the evolving nature of these measures and phased opening strategies, readers are encouraged to seek information from official government sources for the most current information.

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