COVID-19 Impact and Recovery Report: Travel-Related Measures

Updated: October 14, 2020

This document provides an evergreen assessment of the situation in Canada. It has the following sections:

1. **Travel-Related Measures**: A summary of the travel and tourism-related measures in place in each province and territory. A map outlining the current travel restrictions and self-isolation requirements is available on Destination Canada’s website: [https://ca-en-keepexploring.canada.travel/canada-nice#canadamap](https://ca-en-keepexploring.canada.travel/canada-nice#canadamap)

2. **Methodological Notes**: An explanation of the methodologies in the different sections and relevant sources.

### 1. TRAVEL-RELATED MEASURES

In addition to a federal government requirement mandating 14-day self-isolation for those who are eligible to enter Canada, individual provinces and territories have implemented measures on travel between provinces and territories. The below table outlines self-isolation requirements for domestic travellers entering into each province or territory, as well as restrictions on travel across provincial and territorial borders. Tracking these measures is challenging given the fluid nature of COVID-19. This information was collected by provincial and territorial tourism marketing authorities and relevant tourism departments and current as of October 14, 2020.

#### Travel Measures

<table>
<thead>
<tr>
<th>Traveller self-isolation required?</th>
<th>Travel restrictions?</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>British Columbia (BC)</strong></td>
<td></td>
</tr>
<tr>
<td>No self-isolation for domestic travellers entering BC</td>
<td>As of July 30, all non-resident travel to Haida Gwaii is restricted; otherwise, no travel restrictions for domestic travellers entering BC</td>
</tr>
<tr>
<td><strong>Alberta (AB)</strong></td>
<td></td>
</tr>
<tr>
<td>No self-isolation for domestic travellers entering AB</td>
<td>No travel restrictions for domestic travellers entering AB</td>
</tr>
<tr>
<td><strong>Saskatchewan (SK)</strong></td>
<td></td>
</tr>
<tr>
<td>No self-isolation for domestic travellers entering SK</td>
<td>No travel restrictions for domestic travellers entering SK</td>
</tr>
<tr>
<td><strong>Manitoba(^2) (MB)</strong></td>
<td></td>
</tr>
<tr>
<td>Residents of Western Canada and Northwestern Ontario do not need to self-isolate for 14 days when entering MB; 14-day self-isolation for all other domestic travellers entering MB, except for essential workers.</td>
<td>No travel restrictions for domestic travellers entering MB, but self-isolation required (except for residents of Western Canada and Northwestern Ontario). Beginning September 3, Manitoba will be re-implementing travel restrictions to northern Manitoba, but travellers will be permitted to travel directly to resorts, lodges and campgrounds.</td>
</tr>
<tr>
<td><strong>Ontario (ON)</strong></td>
<td></td>
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<tr>
<td>No self-isolation for domestic travellers entering ON</td>
<td>No travel restrictions for domestic travellers entering ON. Travel between regions within ON, especially from higher transmission to lower transmission areas, should only be for essential purposes</td>
</tr>
<tr>
<td><strong>Quebec(^3) (QC)</strong></td>
<td></td>
</tr>
<tr>
<td>No self-isolation for domestic travellers entering QC</td>
<td>No travel restrictions for domestic travellers entering QC. Residents of a region or territory within QC that is designated as a &quot;Red&quot; zone must avoid travelling to &quot;Green&quot;, &quot;Yellow&quot; or &quot;Orange&quot; zones and outside of Quebec, inter-regional travel is also not recommended for regions in the &quot;Orange&quot; zone, and access is not allowed to Nunavik and James Bay</td>
</tr>
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<table>
<thead>
<tr>
<th>Province/Region</th>
<th>Travel Self-isolation Required?</th>
<th>Travel Restrictions?</th>
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</thead>
<tbody>
<tr>
<td>New Brunswick&lt;sup&gt;4&lt;/sup&gt; (NB)</td>
<td>❌</td>
<td>❌</td>
</tr>
<tr>
<td>Nova Scotia&lt;sup&gt;6&lt;/sup&gt; (NS)</td>
<td>❌</td>
<td>❌</td>
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<tr>
<td>Prince Edward Island&lt;sup&gt;7, 8, 9, 10, 11&lt;/sup&gt; (PE)</td>
<td>❌</td>
<td>❌</td>
</tr>
<tr>
<td>Newfoundland &amp; Labrador&lt;sup&gt;12, 13&lt;/sup&gt; (NL)</td>
<td>❌</td>
<td>❌</td>
</tr>
<tr>
<td>Yukon&lt;sup&gt;14, 15, 16&lt;/sup&gt; (YT)</td>
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<td>❌</td>
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<tr>
<td>Northwest Territories&lt;sup&gt;17, 18&lt;/sup&gt; (NT)</td>
<td>❌</td>
<td>❌</td>
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<tr>
<td>Nunavut&lt;sup&gt;19&lt;/sup&gt; (NU)</td>
<td>❌</td>
<td>❌</td>
</tr>
</tbody>
</table>

Legend:
- No measures in place
- Some form of measures in place
As of June 1, some Parks Canada places began a safe, gradual reopening of some outdoor areas at national parks, national historic sites and national marine conservation areas. Openings will differ across the country. Please consult the Parks Canada website for an updated list of specific Parks Canada locations with special instructions: https://www.pc.gc.ca/en/voyage-travel/securite-safety/covid-19-info#locations

Most provinces and territories have implemented a framework to guide re-opening strategies catered to their individual circumstances. Since each province and territory is starting from a different baseline to implement the re-opening of their local economy, the phases and stages are not congruent across jurisdictions. The table below outlines the current status of restrictions on tourism related sectors as of October 14, 2020. Unless noted, persons must gather and business must operate with sufficient social distancing measures in place.

### Tourism Related Measures

<table>
<thead>
<tr>
<th>Province</th>
<th>Current Phase/Stage</th>
<th>Hotels &amp; Accommodation</th>
<th>Restaurants &amp; Dining</th>
<th>Activities &amp; Attractions</th>
<th>Large Gatherings/Conferences</th>
</tr>
</thead>
<tbody>
<tr>
<td>British Columbia</td>
<td>Phase 3 of 4</td>
<td>Accommodations are open unless they have decided to close due to lack of demand/low occupancy/health concerns; maximum of 5 people may attend a daytime social gathering / event in a vacation accommodation, in addition to the occupants; visitors of the occupants cannot stay overnight</td>
<td>Restaurants, cafes, pubs and breweries can open for dine-in (with sufficient distancing measures and a maximum of 6 patrons per table); patrons who remain on premises after being served must be seated. As of September 8, liquor sales in all bars, lounges, pubs and restaurants must stop at 10pm and they must close by 11pm (unless full meal service is available). Stand-alone banquet halls are closed until further notice.</td>
<td>Most businesses and enterprises are permitted to operate (with adherence to WorkSafeBC protocols and a COVID-19 Safety Plan in place); in addition, most parks, beaches, and outdoor spaces are open. Exceptions include casinos, which remain closed, and nightclubs, which are closed until further notice. Provincial park campground reservations are open for BC residents only; preferential access to camping will be given to BC residents. It is recommended to check with the facility or tourism operator directly to confirm its status.</td>
<td>50 people maximum for outdoor or indoor gatherings; events like tradeshows, conferences, concerts and sporting events not considered until phase 4</td>
</tr>
<tr>
<td>Alberta</td>
<td>Stage 2 of 3</td>
<td>Accommodations are open unless they have decided to close due to lack of demand/low occupancy/health concerns</td>
<td>Restaurants, lounges and bars can open (with sufficient distancing and health measures in place)</td>
<td>Most businesses and enterprises are permitted to operate (with adherence to general and sector-specific guidelines). Unless an exemption has been provided, the following activities are not permitted: nightclubs, amusement parks and indoor children’s play places. Most parks and outdoor spaces are open; however, only selected campgrounds are open at National parks and comfort camping remains unavailable at provincial parks. It is recommended to check with the facility or tourism operator directly to confirm its status.</td>
<td>50 people maximum for indoor social gatherings; 200 people maximum for audience-type community outdoor events; 100 people maximum for other outdoor events and indoor seated / audience events; instrumental concerts allowed and vocal concerts for outdoor only; exhibits and tradeshows allowed with no cap on the number of people (with public health measures in place); major festivals and concerts, large conferences and events not considered until phase 3</td>
</tr>
</tbody>
</table>
| Saskatchewan        | Phase 4 2           | Accommodations are open unless they have decided to close due to lack of demand/low occupancy/health concerns. Camp-Easy sites in provincial parks are now permitted | Dine-in can open (with sufficient distancing measures) | All businesses and enterprises are permitted to operate (with adherence to sector-specific guidelines in the Re-Open Saskatchewan Plan). In addition, most parks and outdoor spaces are open. It is recommended to check with the facility or tourism operator directly to confirm its status. | 30 people maximum for outdoor or indoor gatherings; tradeshows are allowed with no 150 person limit and conferences are allowed but size must comply with current public health order. As of October 16, the maximum allowable gathering size for private gatherings in the home is 15.
<table>
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<tr>
<th>Current Phase/Stage</th>
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<tr>
<td>Manitoba30, 31, 32</td>
<td><strong>Phase 4 Starting July 25</strong></td>
<td>Dine-in can open (with sufficient distancing measures); bars, beverage rooms and brew pubs can open for seated service only. As of October 7 in Winnipeg, liquor service will stop between 10pm and 7am and dine-in service at licenced premises will stop between 11pm and 6am; takeout and delivery is still permitted beyond these hours; required to capture contact information of patrons; buffet-style food service is not permitted. All businesses and enterprises are permitted to operate (with adherence to health measures and sectoral guidelines). In addition, most parks and outdoor spaces are open. It is recommended to check with the facility or tourism operator directly to confirm its status.</td>
<td>50 people maximum for indoor gatherings; 100 people maximum for outdoor gatherings; stage performances and movie theatres may reopen, at a capacity of 50 per cent of the site's capacity or 500 people, whichever is lower; events like trade shows and conferences TBD. As of September 28, Winnipeg Health region has limited indoor and outdoor gatherings to a maximum of 10 people.</td>
<td></td>
</tr>
<tr>
<td>Ontario33, 34, 35, 36, 37</td>
<td><strong>Ontario is implementing a regional approach through the Reopening Our Province Framework. There are 3 Phases in total.</strong></td>
<td>Accommodations are open unless they have decided to close due to lack of demand/low occupancy/health concerns. As of October 10, modified Stage 2 restrictions were introduced in Toronto, Ottawa and Peel for a minimum of 28 days. All other regions of the province are in Stage 3 of Phase 2.</td>
<td>Stage 3: Indoor dining areas can open (with sufficient distancing measures and following public health protocols); buffet-style food service not permitted. As of September 26, restaurants, bars and other food and drink establishments (including nightclubs) cannot sell alcohol after 11pm and establishments must close by midnight except for takeout and delivery. As of October 10, modified Stage 2 (Toronto, Ottawa, and Peel): Indoor food and drink service in restaurants, bars and other food and drink establishments, including nightclubs and food court areas in malls is prohibited. Stage 3: Most businesses and enterprises are permitted to operate (with public health and workplace safety restrictions in place). In addition, most parks, outdoor and public spaces are open. However, the following activities are not currently permitted: amusement and water parks, buffet-style food services, private karaoke rooms, saunas, steam rooms, bath houses, oxygen bars and table games at casinos and gaming establishments. It is recommended to check with the facility or tourism operator directly to confirm its status.</td>
<td>Stage 3: 50 people maximum for indoor gatherings and 100 people maximum for outdoor gatherings; convention centres, meeting and event spaces are allowed to operate as long as they comply with health and safety requirements including following distancing measures and gathering limits. As of August 21, facilities can have up to 50 people in each indoor meeting room or event space within the facility. As of September 19, limits for unmonitored and private social gatherings were reduced to 10 people indoors and 25 people outdoors across the entire province. Indoor and outdoor events cannot be merged together. The new limits do not apply to events or gatherings held in staffed businesses and facilities, such as bars, restaurants, cinemas, convention centres, banquet halls, recreational sporting or performing art events. As of October 10, modified Stage 2 (Toronto, Ottawa and Peel): All social gatherings and organized public events are limited to a maximum of 10 people indoors and 25 people outdoors where physical distancing can be maintained. The two limits may not be combined for an indoor-outdoor event. These capacity limits apply to meeting and event spaces. In addition, as of October 13, conference and convention centres must close in Stage 2 areas, with limited exceptions such as locations with court related activities.</td>
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<tr>
<td>Quebec&lt;sup&gt;38, 39, 40, 41, 42, 43, 44, 45, 46&lt;/sup&gt;</td>
<td>Quebec is implementing a regional alert system. There are 4 levels in total. The following regions are in the “Red” level: Montréal, Laval, Capitale-Nationale, Centre-du-Québec and Montréal. The following regions are in the “Orange” level but have specific territories in the “Red” level: Chaudière-Appalaches, Lanaudière, Laurentides, Outaouais, Mauricie, Gaspésie-Iles-de-la-Madeleine. The following regions are in the “Orange” level: Estrie, Bas-Saint-Laurent, Saguenay-Lac-Saint-Jean. The following regions are in the “Yellow” level: Abitibi-Témiscamingue, Côte-Nord, Nord-du-Québec, Nunavik, Terres-Cries-de-la-Baie-James.</td>
<td>Accommodations are open unless they have decided to close due to lack of demand/low occupancy/health concerns; regular vacation camps with accommodation are not permitted.</td>
<td>For “Red” regions: Dine-in at restaurants, bars, and food courts is not allowed; only delivery and takeout permitted. For “Orange” regions: Maximum of 6 patrons per table and required to capture contact information of patrons; alcohol and food sales in all bars must stop at 11pm and they must close by midnight; in addition, alcohol sales at restaurants must stop at 11pm and no alcohol can be consumed after midnight. For “Green” and “Yellow” regions: Maximum 50% capacity, maximum of 10 patrons per table and required to capture contact information of patrons; alcohol and food sales in all bars must stop at midnight and they must close by 1am.</td>
<td>For “Red” regions: Private gatherings are prohibited; activities in an organized public setting (e.g. rented halls or festival events) are prohibited; auditoriums, cinemas, theatres, libraries and museums are closed. For “Orange” regions: Private gatherings must be limited to no more than 6 people; activities in an organized public setting (e.g. rented halls or festival events) are limited to a maximum of 25 people for indoor and outdoor; 250 people maximum for certain public indoor and outdoor venues (e.g. concert halls, theatres, cinemas). For “Green” and “Yellow” regions: Private gatherings must be limited to no more than 10 people; activities in an organized public setting (e.g. rented halls or festival events) are limited to a maximum of 50 people for indoor and 250 people for outdoor; 250 people maximum for certain public indoor and outdoor venues (e.g. concert halls, theatres, cinemas).</td>
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<tr>
<td>New Brunswick&lt;sup&gt;47, 48, 49, 50&lt;/sup&gt;</td>
<td>As of October 10, Zones 1 and 5 (Moncton and Campbellton) transitioned back to the Orange level. All other regions are in the Yellow (Level 3c of 4). Starting June 19.</td>
<td>Accommodations are open unless they have decided to close due to lack of demand/low occupancy/health concerns. Dine-in can open at restaurants, brewpubs and taprooms (with sufficient distancing measures and are required to capture contact information of patrons).</td>
<td>Orange level: Casinos, amusement centres, cinemas, business and recreational facilities related to fitness, and large live performance venues are closed. Yellow level: All businesses and enterprises are permitted to operate (with adherence to WorkSafeNB guidelines and health measures related to their area of activity; all business must prepare operational plans). In addition, most parks, beaches, and outdoor spaces are open. It is recommended to check with the facility or tourism operator directly to confirm its status. Orange level: Avoid personal gatherings of more than 10 people; outdoor gatherings with physical distancing of 10 people or fewer are permitted and physical distancing required in all other settings. Yellow level: 50 people maximum for uncontrolled indoor or outdoor gatherings, unless a plan is in place to ensure Public Health guidelines can be followed and plan is approved by Worksafe NB. Trade shows and conferences are allowed and should remain at a level which allows for physical distancing (venues with indoor events with controlled entry and/or controlled seating, are required to capture contact information on persons using the facility).</td>
<td>Orange level: 50 people maximum for uncontrolled indoor or outdoor gatherings, unless a plan is in place to ensure Public Health guidelines can be followed and plan is approved by Worksafe NB. Trade shows and conferences are allowed and should remain at a level which allows for physical distancing (venues with indoor events with controlled entry and/or controlled seating, are required to capture contact information on persons using the facility).</td>
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<td><strong>Nova Scotia</strong>&lt;sup&gt;50, 52, 53&lt;/sup&gt;</td>
<td>No official re-opening plan in place</td>
<td> </td>
<td> </td>
<td>Social events and arts and culture events that are run by a recognized business or organization can have 250 people outdoors or 50% of the venue’s capacity to a maximum of 210 indoors, with distancing; events not run by a recognized business or organization can have 50 people maximum indoors or outdoors. Conferences and tradeshows may operate following organized gathering limits.</td>
</tr>
<tr>
<td><strong>Prince Edward Island</strong>&lt;sup&gt;54, 55, 56, 58&lt;/sup&gt;</td>
<td>PEI launched a new colour-coded COVID-19 alert system for the province on September 29. The province also announced that it will move to the Green ‘New Normal’ phase on October 1</td>
<td>Accommodations are open unless they have decided to close due to lack of demand/low occupancy/health concerns</td>
<td>Restaurants can open for dine-in and bars, wineries, distilleries and taprooms can open for in-seat service (with sufficient distancing measures)</td>
<td>All businesses and enterprises are permitted to operate (with adherence to sector specific operational guidelines; business resulting in gatherings of more than 50 people must submit a COVID-19 Operational Plan and receive approval). In addition, most parks, beaches, and outdoor spaces are open. It is recommended to check with the facility or tourism operator directly to confirm its status.</td>
</tr>
<tr>
<td><strong>Newfoundland &amp; Labrador</strong>&lt;sup&gt;59, 60, 61&lt;/sup&gt;</td>
<td>PEI entered Phase 4 of 4 of Renew PEI Together on June 26</td>
<td>As of October 1, dine-in can open with maximum 50 patrons indoors and additional patrons permitted on patios (with sufficient distancing measures); maximum of 20 patrons per table; no buffet style</td>
<td>Food premises may have more than 50 patrons seated indoors following multiple gatherings guidance (separated cohorts of up to 50 persons).</td>
<td>All businesses and enterprises are permitted to operate (with adherence to sector specific operational guidelines; business resulting in gatherings of more than 50 people must submit a COVID-19 Operational Plan and receive approval). In addition, most parks, beaches, and outdoor spaces are open. It is recommended to check with the facility or tourism operator directly to confirm its status.</td>
</tr>
<tr>
<td><strong>Yukon</strong>&lt;sup&gt;62, 63, 64, 65&lt;/sup&gt;</td>
<td>Alert level 2 of 5 (moving from level 5 down to level 1) Starting June 25</td>
<td>Accommodations are open unless they have decided to close due to lack of demand/low occupancy/health concerns</td>
<td>Dine-in can open at restaurants, bars and lounges (at 50% capacity)</td>
<td>All businesses and enterprises are permitted to operate (with adherence to health measures and with completed operational plans where required). In addition, most parks and outdoor spaces are open. Territorial campgrounds and recreation sites have closed for the season. It is recommended to check with the facility or tourism operator directly to confirm its status.</td>
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<tr>
<td><strong>Northwest Territories</strong> 66, 67, 68, 69</td>
<td>Accommodations are open unless they have decided to close due to lack of demand/low occupancy/health concerns (with control/safety measures in place)</td>
<td>Dine-in can open at restaurants, bars and lounges (limited capacity with sufficient distancing measures; no more than 25 customers indoors and 50 customers outdoors)</td>
<td>All businesses and enterprises are permitted to operate (with adherence to health measures and following sectoral guidelines). In addition, most parks and outdoor spaces are open. All territorial campgrounds closed by September 30. It is recommended to check with the facility or tourism operator directly to confirm its status.</td>
<td>25 people maximum for indoor gatherings; 50 people maximum for outdoor activities and public events; events like tradeshows and conferences TBD</td>
</tr>
<tr>
<td><strong>Nunavut</strong> 70, 71, 72</td>
<td>Every two weeks after June 1, the Chief Public health Officer will decide which measures can be eased, maintained or if additional restrictions are needed</td>
<td>Accommodations are open unless they have decided to close due to lack of demand/low occupancy/health concerns</td>
<td>As of October 5, dine-in can open with regular hours at 75% capacity (with sufficient distancing measures); maximum of 6 patrons per table</td>
<td>As of October 5, maximum of 15 people for indoor gatherings and 100 people for outdoor gatherings; museums, libraries, and galleries can have a maximum 25 persons or 50% of the rated capacity of the room; limits for conference facilities and rental meeting spaces has been set at 100 people or 75% of capacity for the facility, whichever is less.</td>
</tr>
</tbody>
</table>
2. METHODOLOGICAL NOTES

I. Travel-Related Measures: In conjunction with provincial and territorial partners, Destination Canada has sourced information directly from provincial and territorial government websites; additional insights are provided by provincial and territorial partners where relevant or where information from official sources is incomplete. The intention for this section is to provide the latest available information as of the date of the report. Given the evolving nature of these measures and phased opening strategies, readers are encouraged to seek information from official government sources for the most current information.

Sources:

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29 Government of Saskatchewan, Banquets and Conference Facilities Guidelines, October 13, 2020

30 Government of Manitoba, Restoring Services: Phase 4, October 14, 2020
https://www.gov.mb.ca/covid19/reopening/phase-four.html

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https://www.gov.mb.ca/covid19/protection/soe.html

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https://www2.gnb.ca/content/gnb/en/corporate/promo/covid19/recovery.html

33 Government of New Brunswick, Winnipeg Regional Health Authority, October 14, 2020
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35 Government of Ontario, What can open in Stage 3, October 9, 2020
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36 Government of Ontario, Ontario Expands Indoor Capacity for Meeting and Event Facilities, August 21, 2020

37 Government of Ontario, Implementing Additional Public Health and Testing Measures to Keep People Safe, October 2, 2020

38 Government of Quebec, Progressive regional alert and intervention system (COVID-19), September 18, 2020

39 Government of Quebec, Map of COVID-19 alert levels by region, October 14, 2020

40 Government of Quebec, Level 4—Maximum Alert (red), October 9, 2020

41 Government of Quebec, Level 3—Alert (orange), October 9, 2020

42 Government of Quebec, Level 2—Early Warning (yellow), October 9, 2020

43 Government of Quebec, Level 1—Vigilance (green), October 9, 2020

44 Government of Quebec, Gatherings during the COVID-19 pandemic, October 1, 2020

45 Government of Quebec, Reopening and maintaining economic activities (COVID-19), October 14, 2020

46 CTV News, It’s official: Karaoke banned in Quebec bars and public venues; private karaoke ‘strongly discouraged’, September 11, 2020

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49 Government of New Brunswick, Renewed and revised Mandatory Order COVID-19, October 1, 2020
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https://novascotia.ca/coronavirus/restrictions-and-guidance/

52 Government of Nova Scotia, Workplace COVID-19 prevention plans, October 14, 2020
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57 Government of Prince Edward Island, Food Premises Guidance, September 30, 2020