

COVID-19 Impact and Recovery Report: Travel-Related Measures

Updated: August 11, 2020

This document provides an evergreen assessment of the situation in Canada. It has the following sections:

- Travel-Related Measures:** A summary of the travel and tourism-related measures in place in each province and territory. A map outlining the current travel restrictions and self-isolation requirements is available on Destination Canada's website: <https://caen-keepexploring.canada.travel/canada-nice#canadamap>
- Methodological Notes:** An explanation of the methodologies in the different sections and relevant sources.

1. TRAVEL-RELATED MEASURES

In addition to a federal government requirement mandating 14-day self-isolation for those who are eligible to enter Canada¹, individual provinces and territories have implemented measures on travel between provinces and territories. The below table outlines self-isolation requirements for domestic travellers entering into each province or territory, as well as restrictions on travel across provincial and territorial borders. Tracking these measures is challenging given the fluid nature of COVID-19. This information was collected by provincial and territorial tourism marketing authorities and relevant tourism departments and current as of August 11, 2020.

Travel Measures

| | Traveller self-isolation required? | Travel restrictions? |
|------------------------------------------|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| British Columbia (BC) | ● No self-isolation for domestic travellers entering BC | ● As of July 30, all non-resident travel to Haida Gwaii is restricted; otherwise, no travel restrictions for domestic travellers entering BC |
| Alberta (AB) | ● No self-isolation for domestic travellers entering AB | ● No travel restrictions for domestic travellers entering AB |
| Saskatchewan (SK) | ● No self-isolation for domestic travellers entering SK | ● No travel restrictions for domestic travellers entering SK |
| Manitoba^{2, 3} (MB) | ✗ Residents of Western Canada and Northwestern Ontario do not need to self-isolate for 14 days when entering MB; 14-day self-isolation for all other domestic travellers entering MB, except for essential workers. | ✗ No travel restrictions for domestic travellers entering MB, but self-isolation required (except for residents of Western Canada and Northwestern Ontario); highway checkpoints established to educate travellers; travel restrictions to northern communities lifted on June 26 |
| Ontario (ON) | ● No self-isolation for domestic travellers entering ON | ● No travel restrictions for domestic travellers entering ON |
| Quebec⁴ (QC) | ● No self-isolation for domestic travellers entering QC | ✗ Access is allowed to all regions in Quebec except for Nunavik and James Bay |
| New Brunswick^{5, 6} (NB) | ✗ As of July 3, residents of other Atlantic provinces (NS, PE, NL) do not need to self-isolate for 14 days when entering NB. As of August 1, visitors from three QC border regions (Avignon Municipal Regional County, Listuguj First Nation and Temiscouata Municipal Regional County) can enter NB for day trips only, without having to self-isolate. 14-day self-isolation for all other domestic travellers entering NB, except for exempt essential service providers | ✗ As of July 3, travel bubble with other Atlantic provinces whereby no-self-isolation required for Atlantic Canadian residents; prohibition on all non-essential travel into NB for all other domestic travellers, except for workers and other specific exemptions such as Canadian residents owning property in NB or visiting family members, QC residents going to the Magdalen Islands and QC residents from exempt border regions |

| | Traveller self-isolation required? | Travel restrictions? |
|-----------------------------------------------------------------|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| Nova Scotia⁷ (NS) | ✘ As of July 3, residents of other Atlantic provinces (NB, PE, NL) do not need to self-isolate for 14 days when entering NS; 14-day self-isolation for all other domestic travellers entering NS, except for exempt workers from specific sectors | ● As of July 3, travel bubble with other Atlantic provinces whereby no-self-isolation required for Atlantic Canadian residents; no travel restrictions for all other domestic travellers entering NS, but self-isolation required |
| Prince Edward Island^{8, 9, 10, 11, 12} (PE) | ✘ As of July 3, residents of other Atlantic provinces (NB, NS, NL) do not need to self-isolate for 14 days when entering PE; 14-day self-isolation for all other admitted travellers entering PE, except for exempt essential workers | ✘ As of July 28, PEI is permitting entry for family connections; approved family members are still required to self-isolate for 14 days. As of July 3, travel bubble with other Atlantic provinces whereby no-self-isolation required for Atlantic Canadian residents; prohibition on all non-essential travel into PE for all other domestic travellers with the exception of QC residents going to the Magdalen Islands, screening at all entry points into PE |
| Newfoundland & Labrador^{13, 14} (NL) | ✘ As of July 3, residents of other Atlantic provinces (NB, NS, PE) do not need to self-isolate for 14 days when entering NL; 14-day self-isolation for all other domestic travellers entering NL, except for asymptomatic workers from specific sectors | ✘ As of July 3, travel bubble with other Atlantic provinces whereby no-self-isolation required for Atlantic Canadian residents; prohibition on all travel to NL for all other domestic travellers, except for residents and workers from key sectors and other specific exemptions as approved by the NL Chief Medical Officer of Health |
| Yukon^{15, 16} (YT) | ✘ As of July 1, residents of BC, NT and NU do not need to self-isolate when arriving in YT as long as they did not travel/stop over outside of these jurisdictions in the 14 days prior to arrival; proof of residence required; 14-day self-isolation for all other domestic travellers entering YT, except for critical workers; self-isolation for all other domestic travellers entering YT must occur in Whitehorse, unless visiting a family member (in which case self-isolation must occur at their residence) | ✘ As of July 1, no-self-isolation required for residents of YT, BC, NT and NU with proof of residency and completion of travel declaration; entry permitted for other residents of Canada following self-isolation requirements; exceptions for critical or essential service workers and those transiting to/from Alaska (24-hour limit); enforcement at land borders and airport; mandatory travel routes for transiting through YT. Travellers are asked to limit travel to Yukon communities (outside of Whitehorse) and travel respectfully. |
| Northwest Territories^{17, 18} (NT) | ✘ 14-day self-isolation for all admitted travellers entering NT except for those travelling directly from NU; must self-isolate in government designated sites in Yellowknife, Inuvik, Hay River or Fort Smith | ✘ As of June 12, travel bubble with NU whereby no self-isolation required if traveling directly from NU; entry permitted for NT residents or those moving to NT coming for work or attending school, critical or essential service workers, transiting to neighbouring jurisdictions (12-hour limit), transboundary First Nations people exercising treaty rights, with few exemptions; enforcement at land borders and airport |
| Nunavut¹⁹ (NU) | ✘ 14-day self-isolation for all admitted travellers prior to travelling to NU, except for those travelling directly from NT; must self-isolate in government designated sites in Edmonton, Winnipeg, Ottawa or Yellowknife | ✘ As of June 15, travel bubble with NT whereby no self-isolation required if traveling directly from NT; as of July 13, travel bubble with Churchill, MB whereby no self-isolation required if traveling directly from Churchill; prohibition on all other travel into NU, except residents and critical workers; require written permission from the territory's Chief Public Health Officer to enter |

Legend:

No measures in place ●

Some form of measures in place ✘

As of June 1, some Parks Canada places began a safe, gradual reopening of some outdoor areas at national parks, national historic sites and national marine conservation areas. Openings will differ across the country. Please consult the Parks Canada website for an updated list of specific Parks Canada locations with special instructions: <https://www.pc.gc.ca/en/voyage-travel/securite-safety/covid-19-info#locations>

Most provinces and territories have implemented a framework to guide re-opening strategies catered to their individual circumstances. Since each province and territory is starting from a different baseline to implement the re-opening of their local economy, the phases and stages are not congruent across jurisdictions. The table below outlines the current status of restrictions on tourism related sectors as of August 11, 2020. Unless noted, persons must gather and business must operate with sufficient social distancing measures in place.

Tourism Related Measures

| | Current Phase/ Stage | Hotels & Accommodation | Restaurants & Dining | Outdoor & Recreational Activities | Indoor Attractions | Large Gatherings/ Conferences |
|---------------------------------------------------|-----------------------------------------------|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------------------------------------|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| British Columbia ^{20, 21, 22, 23} | Phase 3 of 4 Starting June 24 | Accommodations are open unless they have decided to close due to lack of demand/low occupancy/health concerns; maximum of 5 people may attend a daytime social gathering / event in a vacation accommodation, in addition to the occupants; visitors of the occupants cannot stay overnight | Dine-in can open (with sufficient distancing measures); patrons who remain on premises after being served must be seated | Recreation, sports, parks, beaches and outdoor spaces; encouraging small groups and social distancing. Provincial park campgrounds (BC residents only through summer) | Museums, art galleries and libraries | 50 people maximum for outdoor or indoor gatherings; events like tradeshows and conferences not considered until phase 4 |
| Alberta ^{24, 25} | Stage 2 of 3 Starting June 12 | Accommodations are open unless they have decided to close due to lack of demand/low occupancy/health concerns | Restaurants, lounges and bars can open (with sufficient distancing and health measures in place) | Golf, farmers markets, guided/organized activities allowed (with sufficient distancing and health measures in place), private/municipal/provincial campgrounds (provincial parks open for group camping); National Parks open for day visits and camping at selected campgrounds | Museums, art galleries, libraries, theatres, casinos, indoor recreation, fitness and sports centres and swimming pools can open with some restrictions | 50 people maximum for indoor social gatherings; 200 people maximum for audience-type community outdoor events; 100 people maximum for other outdoor events and indoor seated / audience events; instrumental concerts allowed (no vocal concerts); exhibits and tradeshows allowed with no cap on the number of people (with public health measures in place); major festivals and concerts, large conferences and events not considered until stage 3 |
| Saskatchewan ^{26, 27, 28, 29, 30} | Phase 4.2 Starting June 29 | Accommodations are open unless they have decided to close due to lack of demand/low occupancy/health concerns. Camp-Easy sites in provincial parks are now permitted | Dine-in can open (with sufficient distancing measures) | Fishing/boat launch park access for hiking/biking, golf, outfitting camps, outdoor individual recreation, camping, beaches, parks, outdoor pools, seasonal/recreational outdoor sports and activities and rodeo-related activities | Libraries, museums, galleries, theatres, indoor pools, rinks, indoor sports/activities and casinos | 30 people maximum for outdoor or indoor gatherings; tradeshows are allowed with 150 person limit and conferences are allowed but size must comply with current public health order |
| Manitoba ³¹ | Phase 4 Starting July 25 | Accommodations are open unless they have decided to close due to lack of demand/low occupancy/health concerns | Dine-in can open (with sufficient distancing measures); bars, beverage rooms and brew pubs can open for seated service only | Golf, marinas, parks, drive-in movie theatres, beaches, sports and recreational activities; camping at 100% capacity; permanent outdoor amusement parks at 50% capacity | Museums, galleries and libraries; swimming pools, bowling alleys, spas and other indoor recreation and amusement centres open with 50% occupancy; pow wows, stage performances, movie theatres and casinos open at 30% capacity | 50 people maximum for indoor gatherings; 100 people maximum for outdoor gatherings; events like tradeshows and conferences not considered before September 2020 |

| | Current Phase/ Stage | Hotels & Accommodation | Restaurants & Dining | Outdoor & Recreational Activities | Indoor Attractions | Large Gatherings/ Conferences |
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| Ontario ^{32, 33} | <p>Ontario is implementing a regional approach through the Reopening Our Province Framework. There are 3 Phases in total.</p> <p>All regions of the province are in Stage 3 of Phase 2 except for Windsor-Essex, which will enter Stage 3 on August 12.</p> | <p>Accommodations are open unless they have decided to close due to operational reasons; meeting rooms and recreational facilities can open with sufficient occupancy and distancing measures in place</p> | <p>Stage 2: Outdoor dining areas can open (with sufficient distancing measures and following public health protocols)</p> <p>Stage 3: Indoor dining areas can open (with sufficient distancing measures and following public health protocols); buffet-style food service not permitted</p> | <p>Stage 2: Golf, marinas, camping, outdoor sports facilities/fields, outdoor picnic sites, benches/shelters in parks, drive-in movie theatres, backcountry camping at provincial parks and on Crown Lands, bike and walking tours, bus and boat tours, water recreational facilities, swimming pools, beach access, outdoor-only recreational facilities, drive-in and drive-through venues for theatres, concerts, animal attractions and cultural appreciation</p> <p>Stage 3: Nearly all outdoor activities can reopen (adhering to gathering capacity limits), with the exception of amusement and water parks</p> | <p>Attractions including museums, galleries, aquariums, zoos outdoor heritage institutions (e.g., landmarks, outdoor historic sites, botanical gardens) can reopen with restrictions (e.g. timed entry, managed visitor numbers and visitor flow), tasting and tours for wineries, breweries and distilleries, swimming pools and shopping malls</p> <p>Stage 3: Nearly all indoor activities can reopen (adhering to gathering capacity limits), with the exception of private karaoke rooms, saunas/steam rooms/bath houses, table games at casinos</p> | <p>Stage 2: 10 people maximum for indoor or outdoor gatherings (with the exception of weddings/funerals which have limits of 30% capacity indoors or 50 people outdoors)</p> <p>Stage 3: 50 people maximum for indoor gatherings and 100 people maximum for outdoor gatherings; convention centres, meeting and event spaces are allowed to operate as long as they comply with health and safety requirements including following distancing measures and gathering limits, which apply to the entire facility</p> |
| Quebec ^{34, 35, 36, 37, 38} | <p>Phase 6 of 6 phases (additional phases TBD)</p> | <p>Accommodations are open unless they have decided to close due to lack of demand/low occupancy/health concerns; regular vacation camps with accommodation are not permitted</p> | <p>Dine-in can open (with sufficient distancing measures); bars can open at 50% capacity for seated service only and are required to capture contact information of patrons</p> | <p>All businesses and enterprises that were subject to prohibitions can now resume activities (with adherence to sectoral guides and health measures related to their area of activity)</p> | | <p>250 people maximum for certain public indoor and outdoor venues (e.g. performance venues, theatres, sports events, festivals); private gatherings must be limited to no more than 10 people; events like tradeshows and conferences TBD</p> |
| New Brunswick ^{39, 40} | <p>Yellow (Level 3c of 4) Starting June 19</p> | <p>Accommodations are open unless they have decided to close due to lack of demand/low occupancy/health concerns</p> | <p>Dine-in can open at restaurants, brewpubs and taprooms (with sufficient distancing measures and are required to capture contact information of patrons)</p> | <p>All businesses and enterprises that were subject to prohibitions can now resume activities (with adherence to WorkSafeNB guidelines and health measures related to their area of activity; all business must prepare operational plans)</p> | | <p>Trade shows and conferences are allowed (venues with indoor events with controlled entry and/or controlled seating, are required to capture contact information on persons using the facility)</p> |
| Nova Scotia ^{41, 42, 43} | <p>No official re-opening plan in place</p> | <p>Accommodations are open unless they have decided to close due to lack of demand/low occupancy/health concerns</p> | <p>Restaurants can open for dine-in and bars, wineries, distilleries and taprooms can open for in-seat service (with sufficient distancing measures)</p> | <p>Golf, paddling, fishing, boating, beaches, outdoor sports facilities, parks, trails and private campgrounds; provincial campgrounds (for Atlantic residents only)</p> | <p>Casinos, libraries, museums, movie theatres and pools</p> | <p>Social events and arts and culture events that are run by a recognized business or organization can have 250 people outdoors or 50% of the venue's capacity to a maximum of 200 indoors, with distancing; events like tradeshows and conferences TBD</p> |
| Prince Edward Island ^{44, 45} | <p>Phase 4 of 4 Starting June 26</p> | <p>Accommodations are open unless they have decided to close due to lack of demand/low occupancy/health concerns</p> | <p>Dine-in open, up to 50 persons with additional persons permitted on patio; no buffet style</p> | <p>Golf, camping, fishing and marinas; recreational sports permitted while adhering to gathering guidance</p> | <p>Art galleries, libraries, museums, community centres, pools, arenas, cinemas and casinos</p> | <p>50 people maximum for larger outdoor or indoor gatherings; 15 people maximum for indoor and 20 people maximum for outdoor personal gatherings; events like tradeshows and conferences TBD</p> |

| | Current Phase/ Stage | Hotels & Accommodation | Restaurants & Dining | Outdoor & Recreational Activities | Indoor Attractions | Large Gatherings/ Conferences |
|------------------------------------------------------|------------------------------------------------------------------------------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| Newfoundland & Labrador ^{46, 47} | Alert level 2 of 5 (moving from level 5 down to level 1) Starting June 25) | Accommodations are open unless they have decided to close due to lack of demand/low occupancy/health concerns | Dine-in can open at restaurants, bars and lounges (at 50% capacity) | Recreational hunting & angling, golf, parks, beaches, picnic areas, campsites, outdoor pools and provincial parks; outdoor individual recreation; medium-risk outdoor recreational activities (e.g., sports); outdoor recreation program offerings for groups of 20 people or less | Arenas, indoor pools, theatres, indoor entertainment (e.g. theatres) and performance spaces can open at reduced capacity; provincial historic sites, museums and visitor information centres open | 50 people maximum for outdoor gatherings; events like tradeshow and conferences TBD |
| Yukon ^{48, 49, 50, 51} | Phase 3 of 4 Starting August 1 | Accommodations are open unless they have decided to close due to lack of demand/low occupancy/health concerns (with enhanced cleaning and public health measures) | Restaurants can open at full capacity for dine-in (with sufficient distancing measures and approved operational plan); bars can open at 50% capacity (with distancing measures and approved operational plan) | All businesses and enterprises are open unless they have decided to close due to lack of demand (with adherence to health measures and with completed operational plans where required) | | 10 people maximum for indoor gatherings; 50 people maximum for outdoor gatherings; events like tradeshow and conferences TBD |
| Northwest Territories ^{52, 53, 54} | Phase 2 of 4 Starting June 12 | Accommodations are open unless they have decided to close due to lack of demand/low occupancy/health concerns (with control/safety measures in place) | Dine-in can open at restaurants, bars and lounges (limited capacity with sufficient distancing measures; no more than 25 customers indoors and 50 customers outdoors) | Golf, beaches, boat launches, gardens, farmers markets, outdoor theatres, territorial parks and campgrounds are open for overnight use with strict measures; tourism operators can open with strict measures | Museums, art galleries and movie theatres can open but with strict measures (no more than 25 persons indoors) | 25 people maximum for indoor gatherings; 50 people maximum for outdoor activities and public events; events like tradeshow and conferences TBD |
| Nunavut ^{55, 56} | Every two weeks after June 1, the Chief Public health Officer will decide which measures can be eased, maintained or if additional restrictions are needed | Accommodations are open unless they have decided to close due to lack of demand/low occupancy/health concerns | Dine-in can open with regular hours (at 50% capacity and with sufficient distancing measures) | All municipal parks and day-use areas of territorial parks and territorial park reserves are open; territorial parks will be allowed to reopen for outdoor activities only, all park buildings will remain closed | Galleries, museums and libraries are open for individual viewing and browsing; group sessions still prohibited; theatres and pools; retail outlets are permitted to open with safety measures in place | 10 people maximum for indoor gatherings; 50 people maximum for outdoor gatherings; limits for conference facilities and rental meeting spaces has been set at 50 people or 50% of capacity for the facility, whichever is less |

2. METHODOLOGICAL NOTES

I. Travel-Related Measures: In conjunction with provincial and territorial partners, Destination Canada has sourced information directly from provincial and territorial government websites; additional insights are provided by provincial and territorial partners where relevant or where information from official sources is incomplete. The intention for this section is to provide the latest available information as of the date of the report. Given the evolving nature of these measures and phased opening strategies, readers are encouraged to seek information from official government sources for the most current information.

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